



# Campus Of Wickliffe

Week of October 5<sup>th</sup> - 9<sup>th</sup>



| LUNCH                                                                                | MONDAY                                                                                       | TUESDAY                                                                                     | WEDNESDAY                                                                                                                                | THURSDAY                                                                                     | FRIDAY                                                                                         |
|--------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|
| <b>Fusion</b>                                                                        | Pepperoni or Cheese<br>Bosco Breadsticks w/<br>Marinara Sauce<br>Green Beans<br>Fruit & Milk | Loaded Beef Nachos<br>Street Corn Salsa<br>Black Beans<br>L/T/O/Pico/Cheese<br>Fruit & Milk | <b>BYO Egg WickMuffin</b><br>English Muffin or Bagel<br>Egg Patty, Cheese,<br>Bacon or Sausage Patty<br>Hashbrown Potato<br>Fruit & Milk | Orange Chicken<br>Vegetable Fried Rice<br>Steamed Broccoli<br>Fortune Cookie<br>Fruit & Milk | Chicken Bacon Ranch<br>Wrap<br>Regular or Spicy<br>L/T/O<br>Baked French Fries<br>Fruit & Milk |
| <b>Grill</b>                                                                         | Cheeseburger<br>Hamburger                                                                    | Breaded Chicken<br>Spicy Chicken                                                            | Cheeseburger<br>Hamburger                                                                                                                | Breaded Chicken<br>Spicy Chicken                                                             | Cheeseburger<br>Hamburger                                                                      |
| <b>Pizza</b>                                                                         | Cheese<br>Pepperoni                                                                          | Cheese<br>Pepperoni                                                                         | Cheese<br>Pepperoni                                                                                                                      | Cheese<br>Pepperoni                                                                          | Cheese<br>Pepperoni                                                                            |
| <b>Grab-n-Go</b>                                                                     | Variety of Salads<br>Variety of Deli<br>Sandwiches<br>Fresh Fruits & Veg                     | Variety of Salads<br>Variety of Deli<br>Sandwiches<br>Fresh Fruits & Veg                    | Variety of Salads<br>Variety of Deli<br>Sandwiches<br>Fresh Fruits & Veg                                                                 | Variety of Salads<br>Variety of Deli<br>Sandwiches<br>Fresh Fruits & Veg                     | Variety of Salads<br>Variety of Deli<br>Sandwiches<br>Fresh Fruits & Veg                       |
| Variety of Fruit, 1% White and Chocolate Milk Available Daily at Breakfast and Lunch |                                                                                              |                                                                                             |                                                                                                                                          |                                                                                              |                                                                                                |

| BREAKFAST                                                    | MONDAY                                                                                        | TUESDAY                                                                   | WEDNESDAY                                                                                              | THURSDAY                                                                                                                | FRIDAY                                                                                      |
|--------------------------------------------------------------|-----------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|
| Lower School<br>7:30am-7:45am<br>Upper School<br>8:00-8:25am | Cinnamon Toast<br>Crunch Cheese Bar<br>Or<br>Glazed Donut<br>Variety of Fruit<br>Milk & Juice | Apple Frudel<br>Or<br>Lemon Bread<br><br>Variety of Fruit<br>Milk & Juice | Mini Cinnamon Rolls<br>Or<br>Banana Chocolate<br>Chunk Oatmeal Bar<br>Variety of Fruit<br>Milk & Juice | Strawberry Cream<br>Cheese Mini-Bagels<br>Or<br>Cinnamon Toast<br>Crunch Cereal Bar<br>Variety of Fruit<br>Milk & Juice | Bagel Breakfast<br>Sandwich<br>Or<br>Cinnamon Pop-Tarts<br>Variety of Fruit<br>Milk & Juice |

## MAKE IT A MEAL!

A meal includes grain, protein, fruit, vegetable and milk. Be sure to take at least three components of a meal (including ½ cup of fruit or vegetable) to receive our meal pricing!

The WCSD must follow USDA federal lunch and breakfast guidelines. Students who refuse a fruit and/or vegetable will be charged extra, even if they are eligible for a free meal.

W3

|           | GRADE RANGE                                       |
|-----------|---------------------------------------------------|
| BREAKFAST | \$2.50<br>Lower: 7:30-7:45a<br>Upper: 8:00a-8:25a |
| LUNCH     | Lower-\$3.85<br>Upper-\$4.00                      |
| MILK      | \$.75                                             |

Questions or special requests regarding food sensitivities?

Contact us! We're happy to work together to support your student!

## WE'RE HERE TO SERVE YOU!

**Stacy Daedelow**

Resident Director

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Email: stacy.daedelow@wickliffecsd.org

