

October 2026

Long Hill Public Schools

LUNCH MENU

Our menus are aligned with the USDA's
"Healthier US School Challenge."

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Mistersfoodservice@yahoo.com		1 Nachos Seasoned Beef Cheese/Salsa	2 Chicken Lo-Mein Broccoli
5 Tacos Seasoned Beef Shredded Cheese Shredded Lettuce	6 Chicken Tenders Mashed Potatoes	7 Pizza Carrots	8 Mozzarella Sticks Marinara Sauce Potato Pancakes
12 NO SCHOOL	13 Pasta & Meat Sauce String Beans	14 Pizza Salad	15 Chicken Sandwich Broccoli
19 Tacos Seasoned Beef Shredded Cheese Salsa	20 Chicken Mac & Cheese Broccoli	21 Pizza Carrots	16 Breakfast For Lunch French Toast Sticks Turkey Sausage
26 Pizza Quesadilla Marinara	27 Chicken & Waffles Plantains	28 Pizza Salad	22 Breakfast For Lunch Pancakes Turkey Sausage
			23 Hot Dog Baked Beans
			30 Jamaican Beef Patty Plantains

Menu Subject to Change

Offered Daily w/ Lunch:

Fresh Fruit or Fruit Cup

Pre-K/K is offered Low Fat & Fat Free milk

Grades 1-8 can also get lowfat Chocolate

Offered Daily:

GF Salad w/Chicken
Caesar W/Chicken
Yogurt Bag
Yogurt Parfait
Bagel Bag
Hot Dog

Chicken Wings
Halal Nuggets
Cheeseburger
(V) Spring Rolls
Veggie Burger
Grilled Cheese

GF Grilled Chicken & Rice

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