

Hospitals with Inpatient Behavioral Health Services

Franciscan Behavioral Health (Dyer)

- 800-783-776 219-865-2141
- www.franciscanhealth.org

Franciscan Behavioral Health (Michigan City)

- 219-878-8380
- www.franciscanhealth.org

Franciscan Behavioral Health (Lafayette)

- 765-423-6300
- www.franciscanhealth.org

Community Healthcare System – St. Catherine Hospital (East Chicago)

- 219-392-1700
- www.comhs.org

Methodist Hospital – Northlake (Gary)

- 219-886-4000
- www.methodisthospitals.org

Beacon Health System – Memorial Hospital (South Bend)

- 574-647-1000
- www.beaconhealthsystem.org

Michiana Behavioral Health

- 800-795-6252
- <https://michianabehavioralhealth.com/>

- If immediate crisis assistance is needed, call **911** or go to the nearest hospital emergency room.

- Call **211** to reach the NWI Community Resource Directory for help finding local Counseling Services and Support Groups, as well as additional services, resources, and providers.



For more information about the NWI Suicide Prevention Council or our Suicide Prevention Programs, please contact Mariaelena Trejo at:
219-757-1849
Mariaelena.Trejo@geminus.care



GEMINUS

NWISPC
NORTHWEST INDIANA
SUICIDE PREVENTION COUNCIL



Community Resources & National Hotlines

Community Mental Health Centers

Edgewater Health (Lake County)

- 844-433-4392
- www.edgewaterhealth.org

Porter Starke Services (Porter and Starke Counties)

- 219-531-3500
- www.porterstarke.org

Regional Health Systems - Mental Health Center (Lake County)

- 219-769-4005
- www.regionalmentalhealth.org

Swanson Center (LaPorte County)

- 219-879-4621 or 855-325-6934
- www.swansoncenter.org

Valley Oaks (Newton and Jasper Counties)

- 866-682-5539
- www.valleyoaks.org

Crisis Centers

Regional Health Systems - Merrillville Care Center

- 219-769-4005
- <https://www.rhs.care/>

Crisis Center, Inc

- 219-938-7070
- <https://crisiscentersb.org/>

Edgewater's Rapid Access Center

- 219-240-8615
- www.edgewaterhealth.org

National Resources

National Suicide Prevention Lifeline: Provides 24/7 free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

- 988 <https://988lifeline.org>

Crisis Text Line: Free, 24/7 support for those in crisis. Texters are connected with a Crisis Counselor to bring texters from a hot moment to cool and calm through active listening and collaborative problem solving.

- Text HOME to 741741 www.crisistextline.org

The Trevor Project: Provides free crisis intervention and suicide prevention for LGBTQ youth.

- 866-488-7383 www.trevorproject.org

Veterans Crisis Line: Through a confidential toll-free hotline, online chat, or text, connects Veterans in crisis and their families and friends to Department of VA responders.

- 988 and press 1 www.veteranscrisisline.net
- Text a message to 838255

Trans Lifeline: A peer support service run by trans people, for trans and questioning callers.

- 877-565-8860 www.translifeline.org

American Foundation Suicide Prevention (AFSP): Dedicated to understanding and preventing suicide through research, education and advocacy, and to reaching out to people with mental disorders and those impacted by suicide.

- www.afsp.org www.afsp.org/chapter/afsp-indiana/ (Indiana Chapter)

JED Foundation: Works nationally to reduce the rate of suicide and the prevalence of emotional distress among college and university students.

- 800-273-8255 www.jedfoundation.org
- Text "START" to 741-741

Suicide Prevention Lifeline – Loss Survivors: If you have lost a loved one to suicide, you are not alone. There are resources available to help survivors of suicide loss cope.

- www.suicidepreventionlifeline.org/help-yourself/loss-survivors

After A Suicide: Linking people who are grieving after a death by suicide to an online directory of resources and information to help them cope with their loss.

- www.personalgriefcoach.net