

OCTOBER BREAKFAST MENU

5 Cinnamon Mini Cinnis OR Teriyaki Chicken Rice Bowl Mandarin Orange Cup	6 Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	7 Cinnamon Swirl Breakfast Sandwich OR Teriyaki Chicken Rice Bowl Banana	8 Strawberry Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	9 Plain Bagel Strawberry Cream Cheese Grape Jelly OR Teriyaki Chicken Rice Bowl Apple Mango Bar
12 Cinnamon Mini Cinnis OR Teriyaki Chicken Rice Bowl Mandarin Orange Cup	13 Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	14 St. Paul Croissant Breakfast Sandwich OR Teriyaki Chicken Rice Bowl Banana	15 NO SCHOOL 	16 NO SCHOOL 
19 Cinnamon Mini Cinnis OR Teriyaki Chicken Rice Bowl Mandarin Orange Cup	20 Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	21 Cinnamon Swirl Breakfast Sandwich OR Teriyaki Chicken Rice Bowl Banana	22 Banana Chocolate Chip Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	23 Plain Bagel Strawberry Cream Cheese Grape Jelly OR Teriyaki Chicken Rice Bowl Apple Mango Bar
26 Cinnamon Mini Cinnis OR Teriyaki Chicken Rice Bowl Mandarin Orange Cup	27 Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	28 St. Paul Croissant Breakfast Sandwich OR Teriyaki Chicken Rice Bowl Banana	29 Celebration Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	30 NO SCHOOL 

DAILY CHOICES

- Assorted Cereals
- Yogurt
- String Cheese
- Juice
- Milk

SPECIAL FEATURES

- Cool Tropics Slushies
(100% Juice) (Monday & Friday)
- Whole Grain Super Stick
(Monday, Wednesday, Friday)



- For nutrient & allergen information, visit SchoolCafe.com/SPPS.
- Menu subject to change.
- This institution is an equal opportunity provider.

OCTOBER LUNCH MENU

5 Cheeseburger Sliders or Veggie Burger Soybutter Sandwich French Fries Apple	6 Nacho Day Seasoned Beef Cheese Sauce Tortilla Chips Lettuce Salsa Soybutter Sandwich Refried Beans Strawberries	7 Italian Dunker Marinara Sauce Soybutter Sandwich Corn Apple Slices	8 Crispy Chicken Sandwich or Veggie Burger Soybutter Sandwich French Fries Banana	9 Lemon Chicken or Tofu White Rice Grilled Cheese or Soybutter Sandwich Broccoli Applesauce Cup
National School Lunch Week October 12 - 16, 2026				
12 Penne Pasta with Meat Sauce Garlic Toast Soybutter Sandwich Cucumber Slices Apple Slices	13 Chicken Burrito Bowl Cilantro Lime Rice Lettuce Salsa Soybutter Sandwich Charro Beans Strawberries	14 Big Daddy's™ Cheese Pizza Soybutter Sandwich Corn Cucumber Slices Apple Slices	15 No School 	16 No School 
19 Cheeseburger or Veggie Burger Soybutter Sandwich French Fries Apple	20 Walking Tacos Fritos® Seasoned Beef Shredded Cheese Lettuce Salsa Soybutter Sandwich Refried Beans Strawberries	21 Pizza Crunchers with Marinara Sauce Soybutter Sandwich Corn Cucumber Slices Apple Slices	22 Brunch for Lunch Pancake with Syrup Chicken Sausages Soybutter Sandwich Hash Brown Banana	23 Chicken Finger Basket Galaxy Sauce Soybutter Sandwich French Fries Applesauce Cup
26 Beef Sambusas Yellow Rice Basbaas Sauce Soybutter Sandwich Cucumbers Apple Slices	27 Tacos Seasoned Beef Shredded Cheese Lettuce Salsa Hard Shell Corn Tortillas Soybutter Sandwich Refried Beans Strawberries	28 Big Daddy's™ Cheese Pizza Soybutter Sandwich Cucumbers Corn Apple Slices	29 MN Thursday Beef Sloppy Joe's Sandwich Soybutter Sandwich Local Roasted Potatoes Apple	30 No School 