

OCTOBER BREAKFAST MENU

5 Cinnamon Mini Cinnis OR Teriyaki Chicken Rice Bowl Mandarin Orange Cup	6 Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	7 Cinnamon Swirl Breakfast Sandwich OR Teriyaki Chicken Rice Bowl Banana	8 Strawberry Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	9 Plain Bagel Strawberry Cream Cheese Grape Jelly OR Teriyaki Chicken Rice Bowl Apple Mango Bar
12 Cinnamon Mini Cinnis OR Teriyaki Chicken Rice Bowl Mandarin Orange Cup	13 Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	14 St. Paul Croissant Breakfast Sandwich OR Teriyaki Chicken Rice Bowl Banana	15 NO SCHOOL 	16 NO SCHOOL 
19 Cinnamon Mini Cinnis OR Teriyaki Chicken Rice Bowl Mandarin Orange Cup	20 Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	21 Cinnamon Swirl Breakfast Sandwich OR Teriyaki Chicken Rice Bowl Banana	22 Banana Chocolate Chip Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	23 Plain Bagel Strawberry Cream Cheese Grape Jelly OR Teriyaki Chicken Rice Bowl Apple Mango Bar
26 Cinnamon Mini Cinnis OR Teriyaki Chicken Rice Bowl Mandarin Orange Cup	27 Chocolate Chocolate Chip Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	28 St. Paul Croissant Breakfast Sandwich OR Teriyaki Chicken Rice Bowl Banana	29 Celebration Muffin OR Teriyaki Chicken Noodle Bowl Apple Slices	30 Strawberry Boli OR Teriyaki Chicken Rice Bowl Apple Mango Bar

DAILY CHOICES

- Assorted Cereals
- Juice
- Milk

- For nutrient & allergen information, visit SchoolCafe.com/SPPS.
- Menu subject to change.
- This institution is an equal opportunity provider.

OCTOBER LUNCH MENU

5 Cheeseburger Sliders or Veggie Burger Soybutter Sandwich French Fries	6 Nacho Day Seasoned Beef Cheese Sauce Tortilla Chips Soybutter Sandwich Refried Beans	7 Italian Dunker Marinara Sauce Soybutter Sandwich Corn	8 Crispy or Hot & Spicy Chicken Sandwich or Veggie Burger Soybutter Sandwich French Fries	9 Lemon Chicken or Tofu White Rice Soybutter Sandwich Broccoli
National School Lunch Week October 12 - 16, 2026				
12 Penne Pasta with Meat Sauce or Marinara Sauce Garlic Toast Soybutter Sandwich Apple Crunch Day (local apple)	13 Chicken Burrito Bowl Cilantro Lime Rice Charro Beans Shredded Cheese Soybutter Sandwich	14 Big Daddy's™ Cheese or Turkey Pepperoni Pizza Soybutter Sandwich Corn	15 No School 	16 No School 
19 Cheeseburger or Veggie Burger Soybutter Sandwich French Fries	20 Walking Tacos Fritos® Chicken Tinga Shredded Cheese Soybutter Sandwich Refried Beans	21 Italian Dunkers with Marinara Sauce Soybutter Sandwich Corn	22 Brunch for Lunch Pancakes with Syrup Chicken Sausages Soybutter Sandwich Hash Browns	23 General Tso's Chicken or Tofu Noodle Bowl with Stir Fry Vegetables Egg Roll Soybutter Sandwich
26 Beef or Lentil Sambusas Yellow Rice Soybutter Sandwich	27 Make Your Own Beef Taco Seasoned Beef Shredded Cheese Tortilla Shell Soybutter Sandwich Refried Beans	28 Big Daddy's™ Cheese or Turkey Sausage Pizza Soybutter Sandwich Corn	29 MN Thursday Local Beef Sloppy Joe's Sandwich (Beef from Rancher's Legacy) Soybutter Sandwich Roasted Potatoes	30 Lemon Pepper Chicken Wings or Plant Based Tenders Mac & Cheese Corn Muffin Soybutter Sandwich