Colorado Local Wellness Policy Triennial Assessment and Report

In accordance with the U.S. Department of Agriculture's Final Rule: Local School Wellness Policy Implementation, all sponsors participating in the National School Lunch or School Breakfast Program must complete an assessment of their local wellness policy (LWP), at minimum, once every three years. The following report will act as an assessment of the district's LWP.

This report fulfills that requirement by evaluating:

1. How the language in your LWP compares to the model LWP
2. Compliance with the LWP
3. Progress toward meeting your LWP goals

Triennial Assessment Instructions:

Step 1. Recruit key partners and schedule a meeting to complete this LWP Triennial Assessment and Report.

Step 2. Access your current Local Wellness Policy (often coded as ADF - School Wellness). Review the current LWP goals and content and complete Section 2.

Step 3. Assess implementation of the LWP goals at each of your district's school(s). See Section 3 for more information.

Step 4. Document LWP strengths and areas of improvement for policy content and policy implementation. See Section 4 for more information.

Step 5. Post the results to the public. The LWP Triennial Assessment Report must be made available to the public by posting it to the district webpage.

NOTE: Compliance is assessed during the CDE School Nutrition Administrative Review. Additional guidance may be found on CDE School Nutrition Wellness Resource Website or in the Colorado Local Wellness Policy Toolkit.

This institution is an equal opportunity provider.

District Name: Adams County School District 14

Local Wellness Policy Triennial Assessment Report

Date Completed: 6/23/26 **Completed By**: Kasja Larson

Section 1: LWP Review and Stakeholder Involvement

Background: The LWP must be reviewed and updated on a periodic basis, as determined by the district, and the district must notify and involve key school partners. This Triennial Assessment Report must be completed at least every three years.

Instructions: Please check the appropriate key school partner boxes below to indicate who participated in completing this Triennial Assessment and Report. Other school staff and teachers are welcome to participate.

■ School Administrators	■ School Food Service Staff	☐ PE Teachers	☐ Parents/ Caregivers
☐ School Board Members	■ School Health Professionals	☐ Students	☐ General Public / Other

Section 2: Model Policy Comparison

Background: A required component of the triennial assessment is to compare your LWP to a model LWP. The comparison identifies if federally required content is included in the policy as well as policy strengths and areas for improvement.

Instructions: Access your current ***Local Wellness Policy (often coded as ADF - School Wellness)*** and use the rating scale below to indicate if your policy meets the required components. Make notes on anything you would change or consider.

NOTE: Some of the detailed LWP content below may be included in a Local Wellness Policy Regulation or Exhibit (often coded as ADF-R or ADF-E).

Rating Scale:

2 = Includes **all** required language

1 = Includes **some** of the required language

0 = Includes **none** of the required language

Rating	Required Components	Notes
2	The policy identifies one or more school district and/or school officials who have the authority and responsibility for ensuring that each school complies with the policy.	Director of Nutrition
1	The policy includes language inviting parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrators, and the general public to participate in the development, implementation, and review and update of the LWP.	Invitation to participate in DWC
2	The policy includes language describing the methods for informing the public (including parents, students, and others in the community) about the LWP and updates this information on an annual basis.	
1	The policy includes language that outlines the triennial assessment. At least once every three years, the following is measured and made available to the public: ● The extent to which schools comply with the LWP ● The extent to which the LWP compares to model local school wellness policies ● The progress made in attaining the goals of the LWP	Speaks about yearly review, not triennial
	The policy includes nutrition standards for all foods and beverages sold on the school campus during the school day that are consistent with Federal regulations for school meals and the Smart Snacks in School nutrition standards.	2 - Rating

	The policy includes standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties or classroom snacks brought by parents).	2 - Rating
	The policy includes specific goals for nutrition education and promotion activities.	1 - Rating
	The policy includes requirements for marketing and advertising of only those foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus during the school day.	0 - Rating - Work to present update to BOE SY 26-27
	The policy includes specific goals for physical activity opportunities.	2 - Rating
	The policy includes specific goals for other school-based activities that promote student wellness.	2 - Rating

Section 3: Policy Assessment

Background: It is required to document and assess school-level compliance with the LWP.

Instructions: Indicate the column that best suits the degree of compliance, on average, when considering implementation of the local wellness policy at each of your school(s) for each wellness policy component.

- This must include *each school* operating in the National School Lunch or Breakfast Program.
- If you are a medium to large school district, it is recommended to have each school complete a school-level health policy and practice assessment, such as WellSAT or Smart Source to assess implementation. Attach the district level report to meet policy assessment requirements.

Required Policy Component	Fully in Place	Partially in Place	Not in Place
Nutrition Education		X	
Nutrition Promotion	X		
Nutrition Guidelines for all food and beverages available but not sold on school grounds (classroom celebrations, rewards, etc.)		X	
Nutrition Guidelines for all food and beverages sold on school grounds (fundraisers, ala carte, school stores, vending machines, etc.)	X		
Physical Activity	X		
Other school-based activities (as defined in your policy)	X		

Section 4: Policy Assessment Report

Background: It is required to include a description of the progress made in attaining goals of the LWP.

Instructions: Provide a short narrative below that describes the results of Section 2, Model Wellness Policy Comparison, and Section 3, Policy Assessment. Consider including a description of wellness efforts at the school level, a description of progress achieved, activities implemented and plans for updating the LWP and/or future wellness policy implementation.

Local Wellness Policy Strengths

Adams 14's LWP brings awareness to the need for nutritious foods not only in the Child Nutrition Programs, but also for other events (during and outside of school day). Encouragement to schedule recess before meal service and strict requirements for scheduled physical activity at school. Increasing opportunities for physical activities outside of school through intra and inter mural sports and clubs. Focus on whole child wellness (social emotional and physical).

Areas for Local Wellness Policy Improvement

Need to adopt language regarding food/beverage marketing on campuses by presenting to the BOE. Also make is easier for parent and students to participate in wellness activities and committees.

Description of Local Wellness Policy Implementation

Adams 14 has an active District Wellness Committee consisting of administrators, teachers, health care professionals, human resources, and parents. The DWC supports and offers site-based and districtwide wellness activities throughout the year. Districtwide activities include flu vaccination clinics, annual health fair, and district initiatives (ex. book club). Site-based activities include gratitude boards, walking clubs, hydration challenges, and much more.

This institution is an equal opportunity provider.