



Menu



Monday October 5, 2026		Café Service Hours
Alarm Clock Breakfast	Classic Breakfast: Cage Free Eggs, Home Fries, Bacon	7:30 - 10:00 11:00 - 1:00 2:30 - 3:30
Global Adventure	Teriyaki Steak Bites, Jasime Rice, Seasonal Stir Fried Vegetables	Today's Grab and Go Special Monday: Mixed Green Salad, Bacon, Chicken, Tomato, Red Onion, Feta, Cranberries, Sherry Vin Tuesday: Chopped Salad, Mixed Greens, Chicken, Shaved Brussels, Shaved Radish, Cucumber, Sherry Vin Wednesday: Mixed Green Tri tip Salad, Red Onion, Blue Cheese, Cherry Tomatoes, Red Wine Vinegarette Thursday: Ancient Grain Salad, Farro, Mixed Greens, Radish, Chicken, Apple, Cranberries, Apple Cider Dressing Friday: Chopped Italian Salad, Salami, Mixed Greens, Kalamata Olives, Pepperoncini, Mozzarella
Kitchen Table	BBQ Chicken Thighs, Ukon Gold Mashed Potatoes, Roasted Seasonal Vegetable Medly	
Panini	BLAT, Bacon, Lettuce, Tomato, Avocado, Sourdough Bread, Aioli	
Tuesday October 6, 2026		
Alarm Clock Breakfast	Lemon Ricotta Pancakes, Mixed Berry Compote	 Sip into the season with the warm, cozy flavors of spiced cider Hot Spiced Apple Cider Caramel Apple Cider Cranberry Orange Cider Cinnamon Apple Muffin
Kitchen Table	Pulled Pork, Mac Salad, Jasmine Rice, Coleslaw	
Taste of Italy	Chicken Puttanesca, Penne Pasta, Steamed Seasonal Vegetables	
Panini	BBQ Pulled Chicken, Tomato, Cheddar Cheese, Lettuce	
Wednesday October 7, 2026		
Alarm Clock Breakfast	Breakfast Sandwich, Ham, Cage Free Eggs, Cheddar Cheese	 In the Know Epicurean Group is a Food Service Management Company headquartered on the West Coast. We are one of the first food service companies to be certified as a Green Business, recognized for community environmental responsibility, resource conservation, and pollution prevention. We have ranked as one of the Food Management Top 50 Companies for 10 consecutive years.
Taste of India	Butter Chicken, Basmati Rice, Naan, Roasted Seasonal Vegetables	
Kitchen Table	Beef Steak, Chimichurri, Green Beans, Patatas Bravas	
Panini	Grilled Caprese Sandwich, Thick Cut Bread, Mozzarella, Tomato, Basil Aioli	
Thursday October 8, 2026		
Alarm Clock Breakfast	Biscuits and Sausage Gravy (pork)	 GREEN CALIFORNIA GREEN BUSINESS NETWORK EPICUREAN GROUP fresh, honest, local.
Kitchen Table	Penne Alfredo, Roasted Seasonal Vegetables, Garlic Bread	
Izakaya	Chicken Fried Rice, Peas, Carrots, Ginger, Garlic, Scallions	
Panini	Fried Chicken Sandwich, Lettuce, Pickels, Tomato, Mayo	
Friday October 9, 2026		
Alarm Clock Breakfast	Denver Scramble, Cage Free Eggs, Red Onion, Ham, Cheddar Cheese	
Kitchen Table	Rosemary Roasted Chicken, Cheesy Risotto, Roasted Seasonal Vegetables	
Platillos Latinos	Nacho Friday, Grilled Steak, Cheese Sauce, Corn Chips, Pico de Gallo	
Panini	Pressed Salami and Cheese Sandwich	
Epicurean Group at St. Francis Catholic High School		
Your Executive Chef:	Isaiah Cortright	
Café/Catering Manager:	Evelyn Barela (916) 737-5062	



In the Know

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