

Weymouth Township School LUNCH MENU October 2026

EAT SMART BE SMART



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Salad of the Week: (Garden Salad w/Yogurt) Served with a Dinner Roll

Buffalo Chicken Dip
with Tortilla Chips

FEATURED VEGGIES
Sweet Peas
Fresh Cucumber Slices

Soft Beef
Tacos

Yogurt Craveable

FEATURED VEGGIES
Corn
Grape Tomatoes

Hot Dog
on a Roll

FEATURED VEGGIES
Baked Beans
Celery & Carrots Sticks

Grilled Cheese
Sandwich

Nacho Craveable

FEATURED VEGGIES
Mixed Veggie
Fresh Broccoli

Stuffed Crust
Pizza

Cheeseburger

FEATURED VEGGIES
Veggie Patch
Side Salad

Salad of the Week : (Asian Sesame Chicken Salad) Served with a Dinner Roll

No
School

Chicken & Cheese
Quesadilla

Yogurt Craveable

FEATURED VEGGIES
Seasoned Black Beans
Grape Tomatoes

Asian Sesame Chicken
over Rice

FEATURED VEGGIES
Roasted Broccoli
Celery & Carrots Sticks

Pancake, Sausage, Egg &
Cheese Breakfast Sandwich

Nacho Craveable

FEATURED VEGGIES
Oven Fries
Fresh Broccoli

Pizza
Crunchers

Cheeseburger

FEATURED VEGGIES
Veggie Patch
Side Salad

Salad of the Week : (Chicken Caesar Salad) Served with a Dinner Roll ^s

Chicken Parm.
with Pasta

FEATURED VEGGIES
Green Beans
Fresh Cucumber Slices

Fiesta Mac & Cheese
with Tortilla Chips

Yogurt Craveable

FEATURED VEGGIES
Corn
Grape Tomatoes

Cowboy
Burger

FEATURED VEGGIES
Onion Rings
Celery & Carrots Sticks

Italian Toaster
Sandwich

Nacho Craveable

FEATURED VEGGIES
Roasted Chick Peas
Fresh Broccoli

French Bread
Pizza

Cheeseburger

FEATURED VEGGIES
Veggie Patch
Side Salad

Salad of the Week : (Chef's Salad) Served with a Dinner Roll

Chicken Patty
on a Bun
Homestyle or Spicy

FEATURED VEGGIES
Oven Fries
Fresh Cucumber Slices

Walking Taco
with Pretzel Stick

Yogurt Craveable

FEATURED VEGGIES
Seasoned Black Beans
Grape Tomatoes

Chicken Alfredo Pasta
with a Breadstick

FEATURED VEGGIES
Roasted Broccoli
Celery & Carrots Sticks

Bacon
Cheeseburger

Nacho Craveable

FEATURED VEGGIES
Baked Beans
Fresh Broccoli

Cheesy
Pizza

Cheeseburger

FEATURED VEGGIES
Veggie Patch
Side Salad

Salad of the Week : (Buffalo Chicken Salad) Served with a Dinner Roll

MAKE IT A MEAL!

Choose at least **3** of **5** meal components for the school lunch price:

Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a lunch.

Available Daily

Uncrustable Meal with Cheese Stick and Goldfish

Fruit Selection

[Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice]

Students may choose two ½ cup servings.

Milk Selection

[1% white, FF white, chocolate, and strawberry]

Rachel Adams
Food Service Director
(609) 476-2412 ext. 5
wey@nsfm.com

Lunch Prices

Student \$3.70
Adult \$4.70

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

NUTRI-SERVE
FOOD MANAGEMENT, INC. by Metz