



Middle School Comprehensive Education Curriculum

SCOPE & SEQUENCE

Includes a list of the lessons to be taught in order by grade based on the Health Education Standards

6th Grade

Growth, Development, and Sexual Health and Responsibility

1. Media's Influence on sexuality

- G-6.3.1 Demonstrate the ability to access appropriate resources for dealing with child abuse, sexual assault, and domestic violence.
- G-6. 7.2 Describe appropriate steps a person should take if he or she becomes the victim of sexual harassment.
- **LESSON:**
 - Defining Healthy Relationships

2. Puberty and Endocrine

- G-6.1.2 Describe how the endocrine system affects growth and development.
- G-6.7.1 Identify coping strategies to address the physical, emotional, and social changes that occur during adolescence.
- **LESSON:**
 - What's going on with my body
 - Puberty Articles opener, then Hormone Olympic activity

3. Reproductive structures

- G-6.1.3 Identify the structures and functions of the male and female reproductive systems.
- G-6.1.4 Identify reproductive problems found in males and females.
- **LESSON:**
 - Reproductive structures - Structures Labeling Sheet - Define sterility and dysmenorrhea

4. Abstinence and define STI & HIV (Making a good decision)

- G-6.1.5 Explain why abstinence is the most effective means of protecting reproductive health.
- G-6.1.6 Define the terms "sexually transmitted diseases/infections (STDs/STIs) and "human immunodeficiency virus" (HIV).
- G-6.5.1 Identify steps in a decision-making process that promotes abstinence and avoids risk behaviors.
- **LESSON:**
 - Abstinence
 - STD/STI
 - Use decision-making process for abstinence scenarios (pornography, sexting, etc.); parent interview homework for next day. Decision-Making Model
 - Communicating to a trusted adult- class discussion about parent interviews, and discuss other trusted adults-Talking to A Trusted Adult

5. Family Relationships (Communicating to a trusted adult)

- G-6.1.1 Explain how family roles, rules, and responsibilities change over time.
- G-6.2.1 Describe the influence of families and peers on a person's body image.
- G-6.4.1 Demonstrate effective verbal and nonverbal communication skills to promote healthy parent, family, and peer relationships.
- G-6.4.2 Demonstrate ways to communicate with parents, family members, or other trustworthy adults (for example, doctors and nurses) about sexual health and responsibility.
- LESSONS:
 - Communication with Parents

7th Grade

Growth, Development, and Sexual Health and Responsibility

1. Anatomy

- G-7.2.1 Explain ways that culture and the media influence family and peer attitudes toward sexuality.
- G-7.2.2 Discuss the influence of others on an individual's views and behaviors regarding his or her own sexuality, including physical appearance.
- G-7.1.1 Explain the structures and functions of the male and female reproductive systems.
- G-7.1.4 Identify reproductive problems found in males and females.
- LESSON:
 - Structures Labeling Sheet (Same as 6th grade Structures Lesson)
 - 7th Grade Reproductive Health - PowerPoint

2. Pregnancy, Childbirth and Contraception

- G-7.1.3 Describe the scientific processes of fertilization, pregnancy, fetal development, and childbirth.
- G-7.1.8 Explain effective methods for the prevention of unintended pregnancy.
- LESSON:
 - How we get pregnant - Book lesson on scientific processes of fertilization
 - Prenatal Development PP - pregnancy, fetal development, and childbirth
 - Closing Video: From Conception to Birth

3. STIs/ STDs prevention (SEPARATE MALE & FEMALE)

- G-7.1.5 Describe signs and symptoms of STIs/STDs, HIV, and AIDS.
- G-7.1.6 Identify effective treatments for STIs/STDs, HIV, and AIDS.
- G-7.1.7 Explain effective methods for the prevention of STIs/STDs and HIV.
- G-7.3.1 Demonstrate the ability to access valid information and resources related to reproductive health and STIs/STDs.
- LESSON:

- STI/STD - Research Project
 - Group Activity- Using Chromebooks, each group researches an STI/STD
 - Groups share or present findings
 - Abstinence overview

4. Abstinence and Refusal Skills

- G-7.1.2 Describe the advantages of abstinence.
- G-7.4.1 Demonstrate communication and refusal skills to promote abstinence and to avoid risk behaviors.
- G-7.5.1 Apply a decision-making process to promote abstinence and to avoid risk behaviors.
- **LESSON:**
 - Coercion - What is it? Interactive Lesson PP
 - Coercion Lesson: 7th Grade - COERCION PowerPoint
 - Discuss Abstinence and apply coercion concepts
 - In the same groups, use the decision model to create refusal skits

5. Dating Violence & Finding resources (assessment)

- G-7.7.1 Discuss strategies for dealing with harmful behaviors in relationships, including dating violence.
- G-7.1.9 Define the terms "dating violence," "sexual harassment," and "sexual abuse."
- G-7.3.2 Locate valid information and resources related to dating violence, sexual harassment, and sexual abuse.
- **LESSONS:**
 - Sexual Abuse - printed

8th Grade

Growth, Development, and Sexual Health and Responsibility

1. Influence of family (family interview assignment)

- G-8.1.1 Explain how roles, rules, and responsibilities of the members in a family change over time (for example, parental responsibilities regarding a teenager as opposed to an infant).
- G-8.4.1 Discuss effective verbal and nonverbal communication skills for healthy parent, family, and peer relationships.
- G-8.4.3 Compare and contrast ways to communicate with parents, family members, and other trustworthy adults (for example, health care providers, school nurses, guidance counselors) about reproductive health and responsible behaviors.
- **LESSON: Family Interview**
 - Prior to lesson - Send home Interview Sheet
 - Use Interactive Venn Diagram on Chromebook
 - Discuss findings as a class, including trustworthy adults concept

2. Influence of media (8th grade media lesson)

- G-8.2.1 Explain ways that culture and the media influence families and relationships.
- G-8.2.2 Explain ways that the media influences an individual's body image.
- G-8.2.3 Discuss the influence of family, peers, culture, and the media on personal decisions about sexuality and behavior.
- **LESSON:**
 - Media Influence on Self Concept and Decision Making - Small & Large group discussions based on a series of videos - Erin's Law Curriculum
 - Body Image and the Media Lesson

3. Reproductive System: Compare and contrast

- G-8.1.2 Compare and contrast the structures and functions of the male and female reproductive systems.
- G-8.1.3 Discuss health issues that are specifically related to the reproductive systems.
- G-8.1.8 Describe the signs and symptoms of pregnancy.
- G-8.1.5 Describe signs and symptoms of STIs/STDs, HIV, and AIDS.
- G-8.1.6 Describe effective treatments for STIs/STDs, HIV, and AIDS.
- G-8.3.1 Evaluate the availability of valid information and community resources related to reproductive health and STIs/STDs.
- **LESSON:**
 - Review - Structures Labeling Sheet - Define sterility and dysmenorrhea
 - Pregnancy- Early Symptoms PowerPoint & Symptom match worksheet - Internet Source
 - Group Activity - Using Chromebooks, each group researches a subject - either compare/contrast or an STI/STD

4. Contraception & Dating Violence

- G-8.1.4 Discuss the advantages of abstinence.
- G-8.1.7 Explain effective methods for the prevention of STIs/STDs, HIV, and unintended pregnancy.
- G-8.1.9 Discuss South Carolina laws relating to the sexual conduct of minors, including criminal sexual conduct.
- G-8.3.2 Access valid information and resources related to dating violence, sexual harassment, and sexual abuse.
- G-8.7.1 Develop strategies for dealing with harmful behaviors, including dating violence, in his or her relationships.
- G-8.7.2 Discuss the appropriate steps a person should take if he or she becomes the victim of dating violence, sexual harassment, or assault.
- **LESSON:**
 - Birth Control Basics
 - Bad Romance Background Reading
 - Bad Romance Lesson - Understanding Dating Violence

5. What's your why?

- G-8.4.2 Utilize communication and refusal skills to promote sexual abstinence and to avoid risk behaviors.
- G-8.5.1 Apply a decision-making process to promote abstinence and to avoid risk behaviors, including the use of the Internet.
- G-8.6.1 Set a personal goal to protect him- or herself from STIs/STDs, HIV, and AIDS.
- G-8.6.2 Set a personal goal to prevent pregnancy.
- **LESSONS:**
 - Think-Pair-Share - reasons to protect yourself project
 - Use the Decision-Making Model to create a list of reasons that you personally would choose to protect yourself from sexual harm
 - Using those reasons, set one or two personal goals related to our reasons
 - With Partner: Discuss your reasons and goals and combine them.
 - With Your Group: Create a Google Slide that PROMOTES your ideas
 - AS A CLASS: Print the slides and create a "Quilt" to display in gym