

Daily Lunch Options:
Seasonal Fruit, Juice, Lunch Box
Companion, Pizza, Uncrustables
Assorted 1% & Skim Milk
Featuring: **Farm Fresh Jalapeno Popper Pizza**

OCTOBER 2026

TUSCALOOSA COUNTY SCHOOL SYSTEM

TUSCALOOSA COUNTY HIGH

Additional items may be added to the menu. Please check w/ your local schools for additional choices.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



5

Mini French Toast

Country Fried Steak W/ Gravy & Roll
French Bread Pizza
Mashed Potatoes W/ Gravy
Green Peas

12

NO SCHOOL

MENUS SUBJECT TO CHANGE



19

Waffles W/ Sausage Links

Wings & Things W/ Warm Roll
Fiesta Pull Apart W/ Marinara
Sidewinders
Pinto Beans

26

Sausage Biscuit

Teriyaki Chicken & Broccoli Bowl
Empanada
Herb Butter Carrots
Broccoli

6

Apple or Cherry Strudel

Crispy Chicken Sandwich
Cheesy Frito Pie
Green Beans
Waffle Fries

13

NO SCHOOL

20

Chicken & Cheese Breakfast Taco

Beefy Chili-Mac W/ Roll
Corn dog
Broccoli
Potato Wedges

27

Breakfast Pizza

Slow Simmered Spaghetti W/ Garlic Knot
Grilled Chicken Sandwich
Italian Green Beans
Sidewinders

7

Sausage Biscuit

Cheese Sticks W/ Marinara
Mini Corn dogs
Potato Wedges

AG FARM Steamed Squash

14

Iced Cinnamon Roll

Jambalaya W/ Hushpuppies
Cheesy Nachos W/ Salsa
AG FARM Roasted Okra
Sweet Potato Fries

21

Donut W/ Seasonal Fruit

Chicken Tender Basket
Cheese Quesadilla W/ Salsa
Carrots
Crinkle Cut Fries

28

Iced Cinnamon Roll

Carnival Dog
Chicken & Cheese Quesadilla
Corn
Parsley Baby Potatoes

1

Choice of Mini Bagels

Chicken Nuggets W/ Warm Roll
Cheese Bites W/ Marinara
Green Peas
Sweet Potato Fries

8

Dutch Waffle W/ Sausage Links

Pizza Crunchers W/ Marinara
Meatloaf W/ Cornbread
Pinto Beans
Parmesan Roasted Broccoli

15

Breakfast Pizza

Herb Roasted Chicken W/ Cornbread
Beef Steak Nuggets W/ Warm Roll
Black Eyed Peas
Turnip Greens

22

Pancakes W/ Sausage Links

Crispy Chicken Sandwich
Philly Cheese Steak Sandwich
Green Beans
Waffle Fries

29

Fruity Waffle W/ Yogurt

Lasagna Roll W/ Garlic Knot
Crispy Chicken Sandwich
Marinated Green Beans
Lemon Roasted Carrots

2

Sausage Biscuit

Buffalo Chicken Pizza
Taco Salad
Refried Beans
Fiesta Corn

9

Cinnamon Soft Bar

Teriyaki Chicken W/ Fried Rice
Stuffed Crust Pizza
Stir Fry Vegetables
Glazed Carrots

16

Sausage Biscuit

Buffalo Chicken Dip W/ Chips
Hot Dog
Waffle Fries
Carrots & Broccoli

23

FARM FRESH Bama Bowl

Hamburger
Choice of Pizza
Sweet Potato Fries
Green Peas
Chocolate Chip Cookie

30

Sausage Biscuit

BBQ Chicken Baker
Choice of Pizza
Baked Beans
Corn Salad