

October 2026-Hayes Elementary Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 Main: Beef Patty on Bun Honey Roasted Carrots Assorted Fruit & Veg Alt: Yogurt, Cheese stick	29 Main: Pepper Jack Enchiladas Mexican Beans Assorted Fruit & Veg Alt: Yogurt, Cheese stick	30 Main: Chicken Drumstick Cheddar Muffin Coleslaw Assorted Fruit & Veg Alt: Yogurt, Cheese stick	1 Main: Mac & Cheese Chicken Nuggets Roasted Broccoli Assorted Fruit & Veg Alt: Yogurt, Cheese stick	2 Main: Corn Dogs Potato Wedges Baby Carrots Assorted Fruit & Veg Alt: Yogurt, Cheese stick
5 Main: Beef Sambusa Tumeric Rice Honey Roasted Carrots Assorted Fruit & Veg Alt: Deli Sandwich	6 Main: Walking Beef Taco Nacho Chips, Mexican Beans, Lettuce, Tomato Assorted Fruit & Veg Alt: Deli Sandwich	7 Main: Cheese Omelette Waffle, Roasted Cauliflower Hot Spiced Apples Assorted Fruit & Veg Alt: Deli Sandwich	8 Main: Chicken Parmesan Penne Pasta Roasted Broccoli Assorted Fruit & Veg Alt: Deli Sandwich	9 Main: Cooks Choice Steamed Corn Assorted Fruit & Veg Alt: Deli Sandwich
12 Main: Orange Chicken, Rice Garlic Green Beans Assorted Fruit & Veg Alt: Yogurt Parfait	13 Main: Pizza Roasted Broccoli Assorted Fruit & Veg Alt: Yogurt Parfait	14 No School	15 No School	16 No School
19 Main: Chicken Patty on Bun Parmesan Roasted Potatoes Assorted Fruit & Veg Alt: Deli Sandwich	20 Main: Mini Quesadilla Mexican Beans Assorted Fruit & Veg Alt: Deli Sandwich	21 Main: Turkey Chili Cheddar Goldfish Honey Roasted Carrots Assorted Fruit & Veg Alt: Deli Sandwich	22 Main: Pizza Crunchers Parmesan Roasted Broccoli Assorted Fruit & Veg Alt: Deli Sandwich	23 Main: Beef Curry Rice Cucumber Salad Assorted Fruit & Veg Alt: Deli Sandwich
26 Main: Lemon Chicken, Rice Roasted Edamame Assorted Fruit & Veg Alt: Turkey & Cheese Stick	27 Main: Kick N Chicken Mashed Potatoes & Gravy, Corn Assorted Fruit & Veg Alt: Turkey & Cheese Stick	28 Main: Beef Tamale Fiesta Black Beans Carrots Assorted Fruit & Veg Alt: Turkey & Cheese Stick	29 Main: Homemade Cheesy Bread w/Marinara Sauce Roasted Broccoli Assorted Fruit & Veg Alt: Turkey & Cheese Stick	30 Main: Pretzel Beef Dog Roasted Sweet Potatoes Assorted Fruit & Veg Alt: Turkey & Cheese Stick

This institution is an equal opportunity provider. Due to supply chain issues, menu is subject to change based on availability. Please see online interactive menu for most up to date menu information. Limited quantities of alternate options are available.