

MONDAY 10/05/26	TUESDAY 10/06/26	WEDNESDAY 10/07/26	THURSDAY 10/08/26	FRIDAY 10/09/26
Oven Roasted Chicken Nuggets Chicken Nuggets (2 oz.) WG Elbow Pasta w/cheese (1/2 cup) Broccoli Floret (3/4 cup) Fruits Cocktail (1/2 cup) 1% White Milk or Fat Free White Milk (8 oz.) Alt: Fish Sticks (2 oz.)	Sloppy Joe Ground Beef (2 oz.) WG Hamburger Bun (1 ea.) Sliced Carrots (3/4 cup) Pineapple Tibbets (1/2 cup) 1% White Milk or Assorted Fat Free Flavored Milk (8 oz.) Alt: Veggie Burger Crumble (2 oz.) *SALAD BAR*	Stew Chicken Cut-Up Chicken (2 oz.) WG Elbow Pasta w/cheese (1 cup) Green Peas (3/4 cup) Fruits Cocktail (1/2 cup) 1% White Milk or Assorted Fat Free Flavored Milk (8 oz.) Alt: Stew Fish Fillet (2 oz.)	Louisiana Dirty Rice (6 oz.) Ground Beef (2 oz.) WG Brown Rice (1/2 cup) Stewed Red Kidney Beans (1/2 cups) Sliced Carrots (1/4 cup) Pineapple Tibbets (1/2 cup) 1% White Milk or Assorted Fat Free Flavored Milk (8 oz.) Alt: Veggie Burger Dirty Rice (6 oz.) *SALAD BAR*	Fish Meals Fish Sticks (2 oz.) WG Hamburger bun (1ea.) Peas & Carrots (3/4 cup) Fruits Cocktail (1/2 cup) 1% White Milk or Assorted Fat Free Flavored Milk (8 oz.) Alt: Veggie Burger (2 oz.) Condiments: Ketchup
10/12/26	10/13/26	10/14/26	10/15/26	10/16/26
HOLIDAY VI-PR Friendship Day	Spaghetti Meal Ground Beef (2 oz.) WG Spaghetti (1/2 cup) WG Garlic Slice Bread (1 oz.) Mixed Vegetables (3/4 cup) Pineapple Tibbets (1/2 cup) 1% White Milk or Assorted Fat Free Flavored Milk (8 oz.) Alt: Veggie Burger Meat Sauce (2 oz.) *SALAD BAR*	Arroz Con Pollo Cut-Up Chicken (2 oz.) WG Brown Rice (1 cup) Stewed Red Kidney Beans (1/2 cups) Broccoli Floret (1/2 cup) Fruits Cocktail (1/2 cup) 1% White Milk or Assorted Fat Free Flavored Milk (8 oz.) Alt: Fish Fillet (2 oz.)	Sub Sandwich Meatball (2 oz.) WG Hotdog Bun (1 ea.) Green Peas (1/2 cup) Sliced Carrots (1/2 cup) Fruits Cocktail (1/2 cup) 1% White Milk or Assorted Fat Free Flavored Milk (8 oz.) Alt: Veggie Burger (2 oz.) *SALAD BAR*	STX AFT Teach Conference No School
10/19/26	10/20/26	10/21/26	10/22/26	10/23/26
Oven Roasted Chicken Nuggets Chicken Nuggets (2 oz.) WG Elbow Pasta w/cheese (1/2 cup) Green Peas (3/4 cup) Pineapple Tibbets (1/2 cup) 1% White Milk or Fat Free White Milk (8 oz.) Alt: Fish Sticks (2 oz.)	Sloppy Joe Ground Beef (2 oz.) WG Hamburger Bun (1 ea.) Sliced Carrots (3/4 cup) Fruits Cocktail (1/2 cup) 1% White Milk or Assorted Fat Free Flavored Milk (8 oz.) Alt: Veggie Burger Crumble (2 oz.) *SALAD BAR*	Stew Chicken Cut-Up Chicken (2 oz.) WG Elbow Pasta w/cheese (1 cup) Broccoli Floret (3/4 cup) Pineapple Tibbets (1/2 cup) 1% White Milk or Assorted Fat Free Flavored Milk (8 oz.) Alt: Stew Fish Fillet (2 oz.)	Louisiana Dirty Rice (6 oz.) Ground Beef (2 oz.) WG Brown Rice (1/2 cup) Stewed Red Kidney Beans (1/2 cup) Sliced Carrots (1/4 cup) Fruits Cocktail (1/2 cup) 1% White Milk or Assorted Fat Free Flavored Milk (8 oz.) Alt: Veggie Burger Dirty Rice (6 oz.) *SALAD BAR*	Fish Meals Fish Sticks (2 oz.) WG Hamburger bun (1ea.) Mix Vegetables (3/4 cup) Pineapple Tibbets (1/2 cup) 1% White Milk or Assorted Fat Free Flavored Milk (8 oz.) Alt: Veggie Burger (2 oz.) Condiments: Ketchup
10/26/26	10/27/26	10/28/26	10/29/26	10/30/26
Open House/Parental Conference No School	Spaghetti Meal Ground Beef (2 oz.) WG Spaghetti (1/2 cup) WG Garlic Slice Bread (1 oz.) Green Peas (3/4 cup) Fruits Cocktail (1/2 cup) 1% White Milk or Assorted Fat Free Flavored Milk (8 oz.) Alt: Veggie Burger Meat Sauce (2 oz.) *SALAD BAR*	Baked Chicken Cut-Up Chicken (2 oz.) WG Brown Rice (1 cup) Stewed Red Kidney Beans (1/2 cups) Seasoned Carrots (3/4 cup) Pineapple Tibbets (1/2 cup) 1% White Milk or Assorted Fat Free Flavored Milk (8 oz.) Alt: Fish Fillet (2 oz.)	Ground Beef Casserole (6 oz.) Ground Beef (2 oz.) WG Elbow Pasta w/ Cheese (1/2 cup) Mixed Vegetables (3/4 cup) Fruits Cocktail (1/2 cup) 1% White Milk or Fat Free White Milk (8 oz.) Alt: Veggie Burger Casserole (6 oz.) *SALAD BAR*	Sub Sandwich Meatball (2 oz.) WG Hotdog Bun (1 ea.) Broccoli Floret (3/4 cup) Pineapple Tibbets (1/2 cup) 1% White Milk or Assorted Fat Free Flavored Milk (8 oz.) Alt: Veggie Burger Crumble (2 oz.)