



Walktober

Walktober is a monthlong event that promotes walking, healthy habits and pedestrian safety. Join us in celebrating the benefits of walking and making physical activity part of your daily routine. We are encouraging all Maryland residents to join in the celebration of Walktober.

Program Kickoff

WEDNESDAY, OCT. 7 AT NOON

Theme: Wear Maryland Colors for Walk Maryland Day

- Solomons Town Center
- CalvertHealth
- County Administration Building
- Hallowing Point Park
- Ward Farm Park
- North Beach Boardwalk

WEEK TWO: OCT. 12-16

Theme: Wear pink to support breast cancer awareness

WEEK THREE: OCT. 19-23

Theme: Wear red, white and blue

WEEK 4: OCT. 26-30

Theme: Red Ribbon Week, Wear Halloween Costumes

DAILY WALK LOCATIONS:

Mondays	Solomons Town Center, noon and 5 p.m.
Tuesdays	CalvertHealth, noon and 5 p.m.
Wednesdays	County Administration Building, noon only Hallowing Point Park, noon and 5 p.m.
Thursdays	Ward Farm Park, noon and 5 p.m.
Fridays	North Beach Boardwalk, 5 p.m. only

Natural Resources Events

WALKTOBER HIKE

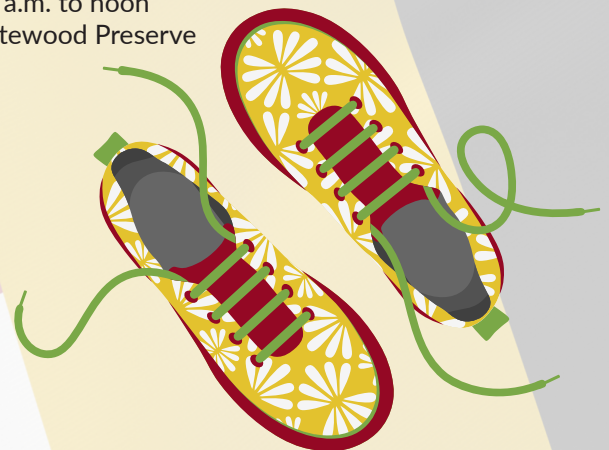
Saturday, Oct. 3
10 a.m. to noon
Flag Ponds Nature Park

WARD FARM HISTORY HIKE

Saturday, Oct. 10
11 a.m. to 1 p.m.
Ward Farm Park

TRAILS AND TALES BOOK CLUB

Saturday, Oct. 31
10 a.m. to noon
Gatewood Preserve



Calvert County services are accessible to individuals with disabilities. To request accommodations please contact us at adacoordinator@calvertcountymd.gov or 410-535-1600, ext. 8803. Individuals who are hearing and speech impaired may contact Maryland Relay at 800-735-2258.

NOTE: These events/activities are not sponsored by the Calvert County Board of Education, Calvert County Public Schools, or any individual school. We provide equal opportunities to outside agencies to distribute materials that offer opportunities to students and/or their parents/guardians, but that permission should not be considered a recommendation or endorsement by the school district.