



EHS OCTOBER 2026

This institution is an equal opportunity provider, employer, and lender.

Menu subject to change.

A new Free & Reduced Meal Application must be submitted each year online @ www.payschoolscentral.com or download their Mobile App . Online Payments can also be made through the PaySchool Central Mobile App.

Monday

Tuesday

Wednesday

Thursday

Friday



Chicken Tenders 20
W/Sweet Roll 31
Spicy Chicken Sandwich 40
Pepperoni Pizza 34
Cheesy Mashed Potatoes 17
Fresh Carrots 6
Diced Pears 16

5

Walking Taco, Meat 5,
Doritos 20, Cheesy Breadstick 12,
Lettuce & Cheese 3
Chicken Tender Wrap
W/Lettuce & Cheese 43
4 Cheese Pizza 34
Black Beans 20 & Fresh Veggies
100% Juice

6

French Toast Sticks 57
W/Sausage Links 0
BBQ Chicken Pizza 27
Potato Bites 19
Bulldog Bake 25
Strawberry Cup 22

7

Nachos, Meat 5, Cheese 3,
Tortilla Chips 29
Tenderloin Sandwich 37
Buffalo Chicken Pizza 33
Refried Beans 31
Fresh Carrots 6
Diced Peaches 14

1

Macaroni & Cheese 32
Soft Pretzel Twist 30
Cheeseburger Sandwich 26
French Bread Cheese Pizza 29
W/Marinara 2
Green Beans 4
Fresh Veggies
Applesauce 15

8

Spicy Chicken Tenders 23
W/Sweet Roll 31
Cheeseburger Sandwich 26
French Bread Cheese
Pizza 29 W/Marinara 2
Broccoli & Cheese 7
Fresh Carrots 6
Flavored Craisins 27

2

No School
Teacher In-Service Day

9



Soft Beef Taco 37
W/Lettuce & Cheese 1 &
Salsa Sun Chips 19
Spicy Chicken Sandwich 40
Pepperoni Pizza 34
Refried Beans 31
Fresh Carrots 6
Mixed Fruit 15

12

Chicken 15 & Waffle 15
4 Cheese Pizza 34
Hash Brown Patties 20
Fresh Carrots 6
100% Juice

13

Sweet & Sour Chicken 22
W/Fried Rice 27 & Sweet Roll 31
BBQ Chicken Pizza 27
Steamed Broccoli 5
Fresh Veggies
Mandarin Oranges 20

14

Salisbury Steak 1
W/Warm Biscuit 25
Tenderloin Sandwich 37
Buffalo Chicken Pizza 33
Mashed Potatoes 17
Brown Gravy 2
Fresh Carrots 6
Applesauce 15

15

Mozzarella Cheese Sticks 32
Marinara Sauce 4 &
Choc. Chip Muffin 28
Cheeseburger Sandwich 26
French Bread Cheese
Pizza 29 W/Marinara 2
Green Beans 4
Fresh Veggies & Diced Peaches 14

16

Mini Corn Dogs 44 &
Chocolate Chip Cookie 18
Spicy Chicken Sandwich 40
Pepperoni Pizza 34
Baked Beans 26
Fresh Carrots 6
Diced Pears 16

19

Pepperoni Calzone 26
W/Marinara 2
Chicken Tender Wrap
W/Lettuce & Cheese 43
4 Cheese Pizza 34
Green Beans 4
Fresh Carrots 6
100% Juice

20

French Toast Sticks 57
W/Egg & Cheese Omelet 1
BBQ Chicken Pizza 27
Potato Bites 19
Fresh Carrots 6
Strawberry Cup 22

21

Fiesta Bowl, Taco Meat 5, Rice
21, Queso Cheese 1 & Chips 29
Buffalo Chicken Pizza 33
Seasoned Corn 28
Fresh Veggie
Applesauce 15

22

Chicken Drumstick 11 &
Macaroni & Cheese 23
Cheeseburger Sandwich 26
French Bread Cheese
Pizza 29 W/Marinara 2
Steamed Broccoli 5
Fresh Veggie
Pineapple 16

23

BBQ Pork Sandwich 41
Spicy Chicken Sandwich 40
Pepperoni Pizza 34
Seasoned Fries 20
Fresh Carrots 6
Frozen Slushie Cup 22

26

Rotini & Meat Sauce 24
W/Garlic Breadstick 26
Chicken Tender Wrap
W/Lettuce & Cheese 43
4 Cheese Pizza 34
Salad 3 /Ranch Dip 2
Fresh Veggies
Applesauce 15

27

Bulldog Bowl
Popcorn Chicken 15
W/Warm Biscuit 25
BBQ Chicken Pizza 27
Mashed Potatoes 17 & Gravy 3
Corn 16
Mixed Fruit 15

28

Spicy Chicken Tenders 23
W/Sweet Roll 31
Cheeseburger Sandwich 26
French Bread Cheese
Pizza 29 W/Marinara 2
Broccoli & Cheese 7
Fresh Carrots 6
Diced Peaches 14

29

IT'S NOT A TRICK IT'S A TREAT
THERE IS NO SCHOOL TODAY!

30



Meal Cost: Lunch: Paid \$2.85 Reduced & Free to those who qualify-- No Charge

Charge Policy: A student may charge a meal when necessary, any unpaid charges will be applied to student fees.

Fresh Salad Offered Daily: Popcorn Chicken 15, Romaine Lettuce & Cheese 5, Shredded Carrots 2, Tomatoes 2, Green Peas 2, Chick Peas 3, Doritos 20, fruit & milk. **Dressings:** French 11, Honey Mustard 8 Italian 5, Ranch 10

Carb Counts: Milk- Chocolate 24, White 13 **Condiments:** BBQ 5, Butter 0, Hot Sauce 0, Jelly 6, Ketchup 2, Mayo 2, Mustard 0, Ranch Dip 2, S&S Sauce 11, Sour Cream 1, Soy Sauce 0, Syrup 30, Syrup SF 4, Taco Sauce 1.

Fruits: Apple Slices 7, Applesauce 15/Flavored 17, Banana 27, Blueberries (10) W/Topping 12 Grapes 18, Orange 21/Slices 11, Peaches 14, Pears 16, Pineapple 16, Slushie 22, Strawberries Fresh 6/Frozen Cup 22 **Juice:** Apple/Fruit Punch 14, Grape 18, OJ 12

Veggies: Broccoli 5, Carrots 6, Celery 2, Cucumbers 2, Tomatoes 4