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SHARK BITES

OCTOBER 2026

WHERE EVERY STUDENT EXCELS

Mrs. Terry's October Message:

Greetings, Schoeffner Shark Families,

Happy October! Our students are growing, learning, and making new memories, and we have many opportunities to come together this month.

Parent/Teacher Conferences will be held October 22–23. Students will be dismissed at **11:55 a.m. on both days**. Conferences are an opportunity to celebrate your child's strengths and discuss their next steps. Scheduling details will be sent home soon; please respond promptly to arrange a convenient time.

Our **Quarter 1 award ceremonies** will take place on October 22 for fourth grade at 9:00 a.m. and third grade at 10:15 a.m. Fifth grade will be recognized on October 23 at 9:00 a.m. Invitations will be sent home to families of students receiving awards.

Students enjoyed our first round of interest clubs, exploring arts and crafts, games, puzzles, acts of kindness, chess, Lego building, and more. Thank you to **Valero St. Charles Refinery** for supporting our clubs and for sponsoring our **Fun with Finley & Friends** event. We are grateful for the opportunities they have helped provide for our students and families. Thank you also to **Bayou Electrical** for donating Alligator Festival ride vouchers for our Top 10 Student of the Year candidates!

Passion First is our October Mindset focus. Students will explore their gifts, interests, values, and dreams as they discover what matters most to them. We will encourage them to try new things, pursue what they enjoy, and keep going when something feels challenging. When students recognize their strengths and put their hearts into what they do, they can make a difference in their own lives and in the lives of others.

We will celebrate **Red Ribbon Week, October 26–30**, with themed dress days and activities centered on making healthy, drug-free choices. This year's theme is *"Make A Difference. Be A Hero. Stay Drug Free.™"* Please check the flyer for dress day details and information about the Commercial Contest.

Our PTO will host **Trunk or Treat on Friday, October 30**, for ESE and NSE students. Watch for a PTO flyer with details about participating or donating candy. Students may also wear a costume to school on **Friday, October 30**. Costumes must allow students to sit comfortably and safely at their desks and on the bus.

Thank you for helping make Schoeffner a place where every Shark feels valued, connected, and ready to grow. I look forward to seeing you at this month's events!



RED RIBBON WEEK 2026 "Make A Difference. Be A Hero. Stay Drug Free.™"

Monday, October 26th

Dress down: "Heroes Wear Red." Students may wear a red shirt with uniform pants to kick off Red Ribbon Week.

Tuesday, October 27th

Dress down: "Let Your Strengths Shine" - Students may wear a bright colored shirt with uniform bottoms.

Wednesday, October 28th

Dress down: "Follow your Dreams, Don't do Drugs" - Students may wear pajamas (Shoulders must be covered and bottoms must be school appropriate length. No onesies allowed.) Students may not wear slippers to school.

Thursday, October 29th

Dress down: Dress as a superhero or an everyday hero who inspires you. Heroes make healthy choices and help others! Please leave masks, props, and toy accessories at home.

Friday, October 30th

Dress down: "ESE Students Say "BOO" to Drugs" - Students may wear a Halloween shirt or costume to school. The teacher will hold costume accessories if they become a distraction to the learning environment. No inflatable costumes, masks, or full-faced makeup are allowed. Shoulders and stomachs must be covered. Costume length shall be no shorter than two inches above the knee.



oooooooooooooooo

Congratulations

ESE 2026-2027

Student of the Year

Karlee Gonzales

oooooooooooooooo



**Top 10 (left to right): Blake Vasseur • Karlee Conzales
Julia Frey • Kennedy Naquin • Brennan Elfer
Kendall Lambert • Andrew McDonald • Daxton Jones
Alexandra Robinson • Dylan Harris**

ESE
EVERY STUDENT EXCELS

STUDENT of the Year



You
belong
here

Celebrating academic excellence,
leadership & citizenship

GROWING LEADERS. CELEBRATING OUR SHARKS.

THE PATH TO STUDENT OF THE YEAR

01

GPA & ELIGIBILITY

Maintain a cumulative
GPA of 3.1 or higher
in both 3rd and 4th grade.



02

APPLICATION PORTFOLIO

Share academic
accomplishments, leadership,
activities, citizenship, and
community service.



03

TOP 25 WRITING SESSION

Complete an on-site writing
response that demonstrates
thoughtful ideas and clear
communication.



04

TOP 10 INTERVIEWS

The highest-scoring
applicants advance to
an interview with the
selection committee.



05

DISTRICT REPRESENTATION

The selected ESE Student of the Year
represents our school at the district level.



Congratulation to ESE SOY 26-27

Karlee Gonzales



PARENTS OF 3RD & 4TH GRADERS:
START GROWING NOW!

Encourage strong grades, school involvement, leadership, and
community service. Every opportunity to help others and contribute
to our school community helps your child grow!

Together We Bloom

Helping Children Embrace Change

Supporting children through transitions, adjustments, and unexpected pivots



Change can be scary. Different can feel scary, and adjusting can be uncomfortable, but change is also a necessary part of life.

This is something we have to continue reiterating to this beautiful generation, our children and our students. Sometimes it feels like things change every five seconds! However, we cannot allow every change or pivot to negatively impact our lives or create increased anxiety. Instead, we have to learn how to adjust and embrace change because sometimes change can be a beautiful thing.

1. Model healthy adjustment.

Pay attention to your own anxiety when changes arise. Be mindful of your body language, but most importantly, be mindful of what you say. Children hear and see more than we sometimes realize, and the adults in their lives are their greatest role models. How you respond to change can help shape how they respond to it.

2. Help them process their feelings and shift their mindset.

When changes occur, give your child space to acknowledge and process how they feel. Then, help them shift their thinking toward something more positive or manageable. You might say, "Yes, this is different, but let us look at the bright side," or "Let us think about something good that could come from this change." We do not have to dismiss their feelings to help them see another perspective.

3. Pay attention to how they are responding.

As your child goes through transitions or changes, pay attention to their emotional and behavioral responses. Sometimes additional support may be needed. When that happens, collaborate with the professionals supporting your child. Embrace the strategies and recommendations provided, and most importantly, be consistent with implementing them.

4. Do not change a strategy simply because your child is having a hard time.

Adjustment is a process. It takes time, work, patience, and consistency from everyone involved. A difficult response does not always mean the strategy is not working. Sometimes it simply means your child is still adjusting. Give the process time while continuing to monitor what your child needs.

We often hear the saying, "Children are resilient." And they are. Resilience means they have the ability to adapt, recover, and continue moving forward. However, it still takes a village to support that adaptation through changes and transitions.

You embracing change may help your child more than you think.

Resilience does not happen in isolation. It grows when the village supports, encourages, and models what healthy adjustment looks like.

Dr. Mlyokla Carter, Ed.D., LPC-S, NCC
Mental Health Professional at Ethel Schoeffner Elementary



GENERAL MUSIC & CHOIR



In third grade, we are preparing for choir and band decisions for next year. To do that, we are learning note names for the treble clef. This clef is used by elementary vocal students, and higher range instruments - think flute or trumpet. We are also learning how to count rhythms that students will be using for both choir and band opportunities next year. We are learning to sing some songs to develop matching pitch and develop good tone. Further activities this fall will incorporate boomwhackers and bells as we explore some works by major composers. For October, we are emphasizing "Spooky" or minor key works.

In fourth and fifth grade, we have been working on "America." This song is used for LA-ACDA and Parish Honor Choirs. We learned some very good skills in this piece like the use of a fifth in the melody, how to keep repeated notes from going flat and how to avoid breathing in the middle of words like Mountainside, because it doesn't make sense. We use Standard Notation most of the time, but we are starting a piece that is in Latin, and has neumes instead of our usual staff. Latin is very vowel friendly, so beautiful sounds are coming!

We had auditions very early in September for the Louisiana branch of the American Choir Director's Association. Saige Easley will be representing Ethel Schoeffner for this elite group. I am very proud of her work. We have been preparing for the St. Charles Parish Honor Choir auditions on October 3rd. Our last opportunity for an Honor Choir will be November 7th, for the Louisiana Music Educator's District VII Honor Choir. In December, our Choir will be presenting a concert (along with the band) on December 15th. Come join us for some great holiday music!

Musically Yours,
Cheryl Mahler



September Students of the Month

Mosiah Civil ~ Amiya Smith ~ Claire Nelson ~ Memphis Montalbano
Heaven Duran ~ Braelyn Crusto ~ Olivia Dibenedetto ~ Cullen Glass
Levi Remondet ~ Evelyn Harris ~ Romeo Araga ~ Braelyn Maury
Samuel Heard ~ Jessa Peltier ~ Jax Grayson ~ Gracelynn Faust
Daniel Ordonez ~ Julia Frey ~ Logan Hughes ~ Dylan Harris

Sick Child...Send to School or Keep Home?

Go to school – If your child has any of the following symptoms, he/she should be okay to go to school:

- Vague complaints of aches, pains, or fatigue
- Single episode of diarrhea or vomiting without any other symptoms
- Ear infection without fever- your child does not need to be excluded, but should seek medical treatment.

*****Please keep home if fever or pain that interferes with regular daily activities is present*****

Stay at home – If your child has any of the following symptoms, please keep your child home:

- Sniffles, runny nose and/or a cough – unless has a diagnosis of asthma or seasonal allergies.
- Fever – temperature of 101 degrees Fahrenheit or higher. Remember that a child must be fever free (without the use of fever-reducing medication) for 24 hours before returning to school.
- Eyes – with thick mucus or pus draining from the eye or pink eye. With pink eye you may see a white or yellow discharge, matted eyelids after sleep, eye pain and/or redness. Your child must receive 24 hours of antibiotics and/or doctor approval before returning to school.
- Sore Throat – with fever and/or swollen glands in the neck. Your child may return to school after 24 hours of antibiotic with strep throat or when otherwise directed by your child's medical provider.
- Vomiting - two (2) or more times within the past 24 hours.
- Diarrhea - three (3) or more watery stools in a 24-hour period, especially if the child acts or looks ill.
- Rash - with fever or itching. Heat rashes and allergic reactions are not contagious.
- Lice, Scabies - children may not return to school until they have been treated and are free of live (moving) lice. Child must be checked by School Nurse upon arrival back to school after being treated at home.

If your child shows any of the above symptoms at school, it will be necessary to pick him/her up from school.

Please do not hesitate to call or email me with any questions or concerns.

Your School Nurse, Abbie LeRouge, RN, BSN

alerouge@wearescpss.org





St. Charles Parish Public Schools

School Preparedness / Preventing Spread of Infection

Everyday actions help keep students healthy by minimizing the spread of infections in school settings. Infections spread in schools because of shared objects, close contact with others, students playing closely together, lack of cleaning and disinfection routines and supplies, and lack of proper ventilation. Having these strategies in place can help prevent the spread of common childhood illnesses (e.g., gastroenteritis, colds, influenza) and maximize school participation. Core prevention strategies are essential practices recommended for everyone. They provide a foundation of protection for you and your loved ones:

- Stay up to date with recommended immunizations. Talk to your doctor or trusted healthcare provider about what may be recommended for you and your family.
- Practice good hygiene like washing your hands regularly and cleaning commonly touched surfaces.
- Take steps for cleaner air as possible in places where people live and work.
- When sick with a respiratory illness:
 - o Use precautions to prevent spread. Stay home and away from others.
 - o Seek health care promptly for treatment if you have risk factors for severe illness; treatment may help lower your risk of severe illness.

When children or staff do become ill, schools can implement strategies to help slow the spread of infectious diseases including:

Staying home when sick

If someone has the following symptoms, they should stay home because their illness could affect their ability to participate in school and there is concern that they might spread an infection to staff and students.

- o Fever, including a fever with a new rash.
- o Vomiting more than twice in the preceding 24 hours.
- o Diarrhea that causes 'accidents', is bloody, or results in greater than two bowel movements above what the child normally experiences in a 24-hour period.
- o Skin sores that are draining fluid on an uncovered part of the body and are unable to be covered with a bandage.
- o Respiratory virus symptoms that are worsening or not improving and not better explained by another cause such as seasonal allergies.

Knowing when to return to school

For the general symptoms described in the stay at home when sick section of this guidance, policies can allow return to the school setting when:

- o The child has not had a fever (and is not using fever-reducing medicine) for at least 24 hours.
- o Fever with a new rash has been evaluated by a healthcare provider and fever has resolved.
- o Uncovered skin sores are crusting, and the child is under treatment from a provider.
- o Vomiting has resolved overnight and the child can hold down food / liquids in the morning.
- o Diarrhea has improved; the child is no longer having accidents or is having bowel movements no more than two above normal per 24-hour period for the child. A healthcare provider prior to return should evaluate bloody diarrhea.
- o Respiratory virus symptoms are getting better overall for at least 24 hours. Students and staff returning after a respiratory illness can consider additional actions to reduce spread.

Many common childhood illnesses can be managed at home. If a healthcare provider has not advised your child on when to return to school, be sure to follow the return to school guidance above.

Reminder on Medical Provider guidance and Reporting Absence(s)

- Students will adhere to Policy/Procedure 6.3-Student Attendance.
- COVID related absences would be coded as a medical note or parent note.
- Do not report to the School Nurse for guidance, the student's parent should refer to their Medical Provider.
- Provide a Medical note to the School Office Specialist.

Helpful Resources

- <https://ldh.la.gov/subhome/16>
- <https://www.cdc.gov/orr/school-preparedness/infection-prevention/index.html>



Catherine Hare Schexnayder
Enrichment Technology Digital Wellness
cschexnayder@wearescpss.org

In class I have been teaching lessons from Common Sense Media. The Digital Literacy & Well-Being curriculum is used for building students' digital literacy skills. The curriculum covers the digital challenges students face every day as well as the offline skills they need to manage them. The curriculum is designed for grades K-12, with more than 165 updated lessons that reflect what students are actually encountering today. Students will learn to demonstrate appropriate, responsible behavior when using technology. The norms of behavior regarding technology use. The ability to navigate digital environments in a way that's safe and responsible, and to actively and respectfully engage in these spaces.

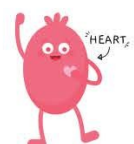
The six lessons include:

Healthy Habits / Privacy and Safety / Digital Footprint Identity / Relationships
Communication / Cyberbullying Online Harms / Information Media Literacy

In September we focused on **"Healthy Tech Habits"**. The focus was on healthy technology routines that should help students start the year with balance, focus, and intentional device use. In the upcoming week we will focus on Privacy and Safety and Our Digital Footprint & Identity.

Privacy And Safety Staying safe online is a lot like staying safe in the real world. This lesson focuses on teaching students about the kinds of information they should keep to themselves when they use the internet -- just as they would with a stranger in person. They should keep information like their full name, address, phone number, age, where they go to school, and any other personally identifiable information to themselves, as sharing this information could lead to online risks; it's best to only share this information with trusted sources when absolutely necessary.

Our Digital Footprint & Identity. A digital footprint, sometimes called a digital shadow or an electronic footprint, refers to the trail of data you leave when using the internet. A Digital Footprint includes websites you visit, emails you send, and information you submit online. It can be used to track a person's online activities and devices. It can affect your online reputation for a long time. Digital footprints aren't just a personal matter. Our online activity directly impacts our own digital footprint by creating a trail of data about our actions, like searches, posts, likes, and purchases, which can be accessed by others, while also influencing the digital footprints of those we interact with through comments, shares, and tags, potentially shaping how we are perceived online as well; essentially, every online interaction leaves a digital trace that can affect both our own and others' online reputation.



MATH TECH TIPS

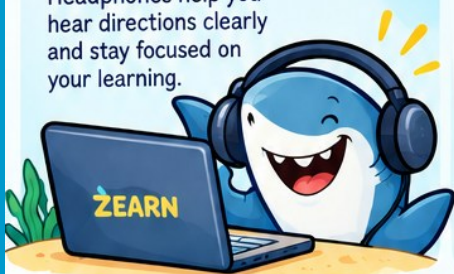
Dive into Success with
EUREKA MATH² and **ZEARN**

SAME
MATH.
BRIGHTER
FUTURES!

Our school uses Eureka Math Squared in the classroom and Zearn online to help you build strong math skills. Follow these tech tips to make the most of your learning time!

1 USE HEADPHONES

Headphones help you hear directions clearly and stay focused on your learning.



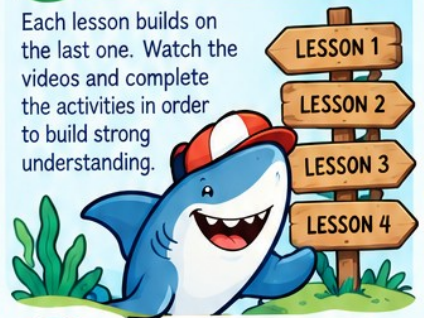
2 USE SCRATCH PAPER

Even though Zearn is online, you will still need to show your thinking. Use scratch paper to work out problems, write numbers, and solve step by step.



3 DON'T SKIP AHEAD

Each lesson builds on the last one. Watch the videos and complete the activities in order to build strong understanding.



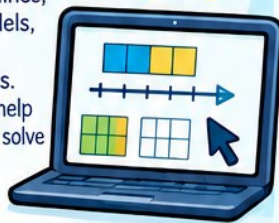
4 TAKE YOUR TIME

Read each question carefully, think about your answer, and check your work before you submit.



5 USE TOOLS WHEN NEEDED

Zearn has helpful tools like number lines, fraction models, charts, and drawing tools. Use them to help you think and solve problems!



6 ASK FOR HELP

If you are stuck, try a few strategies and then ask your teacher. You can also rewatch the video or use the hint button in Zearn.



7 FIND A QUIET SPACE

Choose a spot where you can focus without distractions. A quiet workspace helps you do your best!



8 DO YOUR BEST

Mistakes help you learn! Keep a positive mindset, try again, and be proud of your effort. Every lesson helps you grow your math brain!



9 COMPLETE 3 LESSONS PER WEEK

Try to complete 3 Zearn lessons each week. Short, focused practice time helps you retain what you learn and build confidence!



Amira's Practice Tips

Four habits that help you get the most out of practice with Amira.



Read Smoothly

Read in a clear, natural voice. Go at a pace that feels comfortable. If the line moves ahead or behind, keep reading.

Let's read the word:

colonists



Your turn

Practice with Amira

Amira may pause to help you practice or ask a question. It does not always mean you made a mistake.



Follow Directions

Listen carefully so you know how to respond. Amira may ask you to answer by clicking, speaking, or typing.

Great work!



Read to the End

When you see "Great Work" it means the story is finished and Amira can share your hard work with your teacher.



Presentación de la lección →

Consejos de Amira para practicar

Cuatro hábitos que te ayudarán a aprovechar al máximo la práctica con Amira.



Lee con fluidez

Lee con una voz clara y natural. Hazlo a un ritmo que te resulte cómodo. Si la línea se adelanta o se atrasa, sigue leyendo.

¡Dato curioso!

cierta



Es tu turno

Practica con Amira

Amira puede hacer una pausa para ayudarte a practicar o hacerte una pregunta. Eso no siempre significa que cometiste un error.

¿Cuál es la fuerza que actúa cuando un lápiz se te cae de la mano?

impulso

gravedad

fuerza de contacto

Sigue las instrucciones

Escucha con atención para saber cómo responder. Amira puede pedirte que respondas haciendo clic, hablando o escribiendo.

¡Buen trabajo!



Lee hasta el final

Cuando veas «¡Buen trabajo!», significa que terminaste la historia y que Amira puede compartir tu esfuerzo con tu maestro o maestra.

My Weekly Amira Tracker

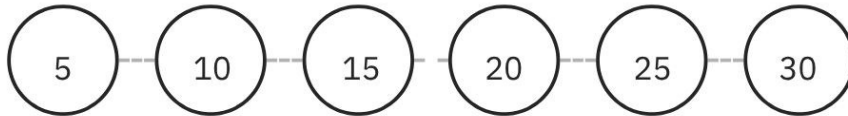


Each week, color the next stone for every 5 minutes you spend learning with Amira. When you reach your goal, color in the trophy.

Name: _____ Month: _____ My weekly goal: _____

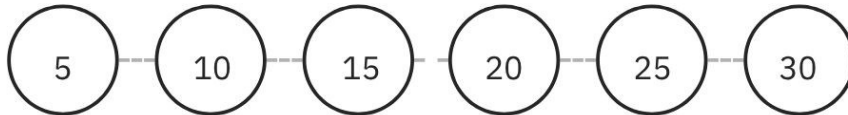
Week 1

DATE S _____



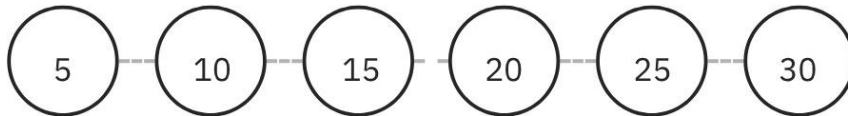
Week 2

DATE S _____



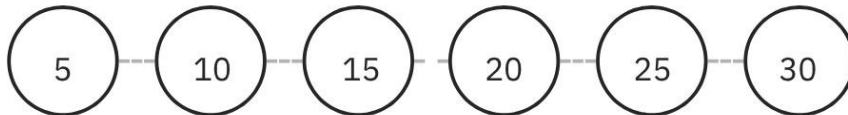
Week 3

DATE S _____



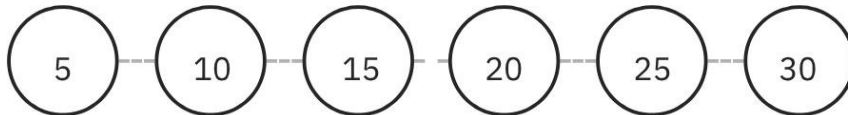
Week 4

DATE S _____



Week 5

DATE S _____





My Weekly Amira Tracker

Set a weekly reading goal with Amira. Color one star for each story, activity, or set number of minutes you read, and then the trophy if you meet your goal.

Name: _____ My weekly goal: _____

I AM TRACKING



Stories



Activities



— Minutes

Week 1

DATE _____



Week 2

DATE _____



Week 3

DATE _____



Week 4

DATE _____





NAME _____

CLASS _____

Track your progress by checking off a box for each lesson completed. Complete 3 lessons this week to stay on track!





ZEARN END★ZONE CHALLENGE

NAME _____

CLASS _____



WEEK ONE



WEEK TWO



WEEK THREE



WEEK FOUR



ETHEL SCHOEFFNER ELEMENTARY 4-H

Club



2026-2027

Meeting Schedule

4th - 5th graders:

~~Wednesday~~	~~September 23~~
Wednesday	October 28
Wednesday	November 18
Wednesday	December 16
Wednesday	January 27
Wednesday	February 24
Wednesday	March 24
Wednesday	April 28 **By invitation only

*Members will be notified of any date changes.

3rd graders:

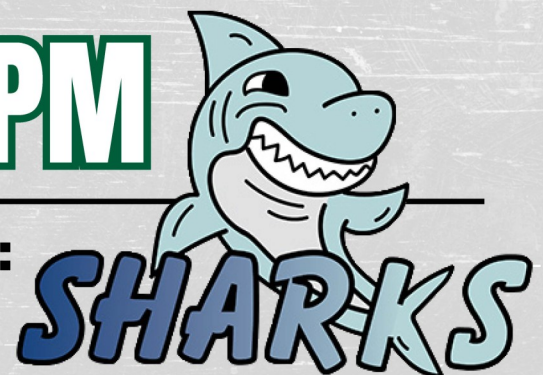
3rd Grade Cloverbud Meetings will be held on Club Days during the school day. Listen to announcements and instructions from 4-H Leaders for more information.

MEETING TIME:

3:05 PM - 4:15 PM

ETHEL SCHOEFFNER 4-H LEADERS:

MRS. MATHERNE, MRS. KELLER, AND
MRS. PERRET



October 2026



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 United Way Battle for the Paddle	2 Hats Off to United Way students may wear a hat to school September Student of the Month 8:15 - 4th & 5th 11:05 - 3rd 2 guests per student	3 October 2nd is SCHOOL CUSTODIAN APPRECIATION DAY
4	5	6 Pep Squad Practice 3:00-4:30 PM	7 School Picture Retakes	8	9 End of 1st Quarter	10
11	12 Fall Break NO SCHOOL	13 Fall Break NO SCHOOL	14	15	16 Pink Links Dress Down	17
18	19	20 4th Grade Brass Band Rehearsal 3:00-3:50 PM Pep Squad Practice 3:00-4:30 PM	21	22 Quarterly Awards 4th - 9:00 AM 3rd - 10:15 AM Early Dismissal 11:55 AM Conferences 12:30-6:00 PM	23 Quarterly Awards 5th - 9:00 AM Early Dismissal 11:55 AM Conferences 12:30-3:00 PM	24
25 Red Ribbon Week October 26 - October 30	26 Heroes wear Red Students may wear a red shirt with school uniform bottoms	27 Let Your Strengths Shine Students may wear school appropriate bright colored shirts with school uniform bottoms 4th Grade Percussion Rehearsal 3:00-3:50 PM Pep Squad Practice 3:00-4:30 PM	28 Follow Your Dreams, Don't Do Drugs Students may wear pajamas. Students may not wear slippers to school. (shoulders must be covered & bottoms must be school appropriate length) 4th Meeting 4th & 5th Grade Only 3:00-4:15 PM	29 Heroes Make Healthy Choices Dress as a superhero or an everyday hero who inspires you NO masks, props or toys please	30 ESE Students Say "BOO" to Drugs Students may wear a Halloween shirt or costume to school. No inflatable costumes, masks, or full-faced makeup are allowed.	31 HAPPY HALLOWEEN

October 2026 Elementary Menus St. Charles Parish Public Schools

This institution is an equal opportunity provider.
Menus are subject to change.

Monday
Sunbutter Sandwich
Tuesday
Charley Box
Wednesday
Deli Sandwich
Thursday
Entrée Salad
Friday
Sunbutter Sandwich

AVAILABLE DAILY

POPULAR WINTER SQUASH VARIETIES



**Every complete meal we serve comes with
your choice of low fat or nonfat milk!**

Thursday, October 1	Friday, October 2
Breakfast Sausage Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice	Breakfast Waffle Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice
Lunch Pork Chop Macaroni & Cheese Broccoli Florets Carrots Pineapple Tidbits	Lunch Chicken Sandwich Tater Tots Baked Beans Lettuce/Tomato/Pickle Orange Wedges

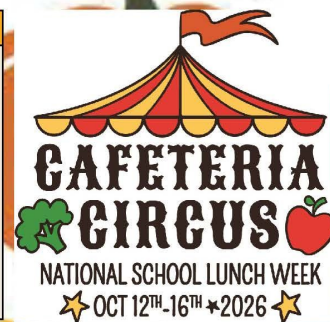
BENEFITS OF PUMPKIN



- NUTRIENT-RICH**
High in vitamins (A, C, E)
- HIGH IN ANTIOXIDANTS**
Protect cells from damage
- BOOSTS IMMUNITY**
Help the body fight infections
- AIDS WEIGHT LOSS**
Low in calories high in fiber
- PROMOTES EYE HEALTH**
Supports vision
- HEART HEALTHY**
Help lower risk of heart disease

Monday, October 5	Tuesday, October 6	Weds, October 7	Thursday, October 8	Friday, October 9
Breakfast Breakfast Pizza Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice	Breakfast Chicken Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice	Breakfast Cinnamon Roll Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice	Breakfast Sausage Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice	Breakfast Muffin w/Cheese Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice
Lunch Chicken Tenders Waffles Green Beans Steamed Carrots Sliced Peaches	Lunch Orange Chicken Fried Rice Edamame Beans Asian Salad Mandarin Oranges	Lunch Turkey & Sausage Gumbo Steamed Rice Potato Salad, Crackers Cucumber/Tomato Salad Banana	Lunch Meatsauce w/ Spaghetti Broccoli Florets Italian Salad Garlic Bread Pineapple Tidbits	Lunch Mini Corn Dogs Crinkle Cut Fries Carrots & Celery w/Ranch Orange Wedges Cookie

Monday, October 12	Tuesday, October 13	Weds, October 14	Thursday, October 15	Friday, October 16
FALL BREAK MONDAY OCTOBER 12TH & TUESDAY OCTOBER 13TH No School WE WILL SEE YOU BACK ON WEDNESDAY OCTOBER 14TH!		Breakfast French Toast Sticks Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice Lunch Carnival Chili w/Cheese Carrots, Fritos Steamed Corn Pear Halves Animal Crackers	Breakfast Sausage Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice Lunch Juggling Fish Nuggets Macaroni & Cheese Green Beans Cucumber & Tomato Salad Banana	Breakfast Donut Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice Lunch Big Top Burgers Tater Tots Lettuce/Tomato/Pickle Baked Beans Orange Wedges



Monday, October 19	Tuesday, October 20	Weds, October 21	Thursday, October 22	Friday, October 23
Breakfast Grits w/Sausage Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice	Breakfast Chicken Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice	Breakfast Cinnamon Roll Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice	Breakfast Sausage Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice	Breakfast Parfait Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice
Lunch Red Beans & Rice Mustard Greens Steamed Carrots Cornbread Peaches	Lunch Taco's w/Cheese Steamed Corn Refried Beans Taco Salad Cup, Salsa Banana	Lunch Chicken Alfredo Broccoli Florets, Dinner Roll Cucumber/Tomato Salad Apple Wedges Jello w/Topping	EARLY DISMISSAL Lunch Bosco Sticks Marinara Sauce Cup Green Beans Pineapple Tidbits	EARLY DISMISSAL Lunch Chicken Sandwich Tater Tots Lettuce/Tomato/Pickle Orange Wedges

National School Lunch Week (NSLW) celebrates the school nutrition professionals who serve nutritious, delicious meals that help millions of students learn, grow, and thrive.

It's a time for schools, families, and communities to recognize the important role school meals play in supporting student health, well-being, and academic success.

Every school day, more than 95,000 schools and institutions serve lunch to over 30 million students nationwide.

Monday, October 26	Tuesday, October 27	Weds, October 28	Thursday, October 29	Friday, October 30
Breakfast Pancakes Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice	Breakfast Chicken Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice	Breakfast French Toast Sticks Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice	Breakfast Sausage Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice	Breakfast Waffle Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice
Lunch Totchos Green Beans Cornbread Applesauce	Lunch Roasted Chicken Loaded Mashed Potatoes Baked Beans Apple Wedges	Lunch Veggie Soup Grilled Cheese Sandwich Garden Salad Banana Brownie	Lunch Turkey Stew w/Rice Candied Yams Steamed Cabbage TANGERINES	Lunch Pizza Marinara Sauce Steamed Corn Orange Wedges

