

**ERHS –
Junior Year
Class of 2028**



ERHS Juniors % 2028

In this presentation, you can learn more about the

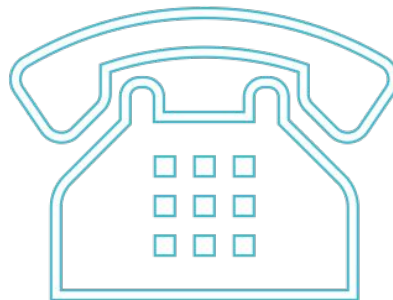
- Counseling department and their role
- SAT and ACT registration information
- Letters of recommendation
- Scholarships and financial aid
- Reminders about upcoming events.

Juniors, this is an important year as you continue working toward graduation. Stay focused, explore your options, and take advantage of opportunities to prepare for your future. We are proud of how far you've come and are here to support you every step of the way!

ERHS Counseling Department

-Curriculum & Counseling Team-

- **Natalie Foley, Curriculum AP** foley_natalie@asdk12.org (907)742-2711
- **Tina Spano, Registrar** spano_christina@asdk12.org (907)742-2708
- **Cari Witte, Counselor**
9th & Foreign Exchange witte_cari@asdk12.org (907)742-2704
- **Stephanie Rawlings, Counselor**
10th - 12th, last names A-C & P-Z rawlings_stephanie@asdk12.org (907)742-2712
- **Gina Wall, Counselor**
10th - 12th, last names D-O wall_gina@asdk12.org (907)742-2709



YOUR ERHS COUNSELORS ARE HERE FOR YOU!



ACADEMICS

Need help improving your grades?

- ✓ Stay on track to graduate
- ✓ Set goals for your future
- ✓ Get study tips and support



PERSONAL SUPPORT

Feeling stressed or having challenges?

- ✓ Talk about what's on your mind
- ✓ Find healthy ways to cope
- ✓ Get connected to extra support if you need it



PLANNING FOR THE FUTURE

Not sure what's next after high school?

- ✓ Explore colleges, careers, and more
- ✓ Get help with applications and financial aid
- ✓ Create a plan that fits you

Credit Tracker Example

Eagle River High School Credit Tracker

Write the grade earned for each class in its corresponding box. Each box is worth .5 (semester) credit.

English – 4 credits required

Eng I	Eng II	Eng III (or AP)	Eng IV (or AP/Eng elective)
A			
A			

Math – 3 credits required

Algebra	Math Elective	Math Elective
A		
A		

Science – 3 credits required

Physical Sci	Life Sci	Sci Elective
A		
A		

Social Studies – 4 credits required

AK/Soc Elective	World Hist	US Hist.	US Gov/Econ
A			
A			

PE – 1.5 credits required

*Each season of a school sport gives a .25 PE Waiver. Two PE waivers are needed to check off one .5 credit box. If PE waivers are used, the same number of boxes will need to be added in the elective rows. PE waivers do not grant credit, but rather waive the PE requirement.

--	--	--

Elective – 7 credits required

If you take more than the required credits for Eng, math, sci, soc, or PE, add those credits to the elective boxes.

A	A					
A	A					

22.5 total credits are required for graduation



[Click here for
ERHS Credit Tracker Form
\(look under Tools & Forms\)](#)

ASD Grad Requirements

GRADUATION REQUIREMENTS

Students must complete 22.5 credits to receive a high school diploma.

- English Language Arts (ELA)** 4 credits
Four years of ELA are required: English I and II, and English III and IV or their equivalents
- Social Studies** 4 credits
World History, U.S. History, one semester of Alaska Studies, one semester of Economics, one semester of United States Government, one semester of a Social Studies elective. Students may waive the .5 credit social studies requirement by completion of Level III of a world language (ASL, Chinese, French, German, Japanese, Latin, Russian, or Spanish); immersion students may waive the .5 social studies requirement by completion of any one high school immersion course in the required immersion continuum.
- Mathematics** 3 credits
Six semesters of Mathematics electives. In order to satisfy the algebra requirements, students must complete one of the following options: Algebra I, semester 1 and 2; **or** Survey of Algebra I and 2; **or** Credit-by-Choice Challenge by Examination.
- Sciences** 3 credits
Three years (six semesters) of science credit are required. Two semesters must be life science. Two semesters must be physical science.
- Physical Education/Health Education** 1.5 credits
Three semesters of physical/health education are required. A wide variety of courses are offered at each school. Elective credit must be earned to replace a Physical Education/Health Education requirement that is waived.
 - A) Students may obtain a waiver of .25 of the physical education graduation requirement for each full season of ASAA-sanctioned sports participation within the Anchorage School District.
 - B) Students may also waive comparable physical education requirements through Credit By Choice, correspondence, or college coursework in Physical Education/Health.
 - C) A maximum of 1.0 waiver of the physical education requirement is available upon successful completion of 2 years (four semesters) of JROTC.
- Electives** 7 credits
Fourteen semester courses have not been specified so as to provide students an opportunity to pursue individual educational goals. Electives may include additional courses in Language Arts, Social Studies, Mathematics, Science, Technology, Fine Arts, World Languages, Physical Education and Career Technology.

Total 22.5 credits

- A student may be considered for graduation when he or she has acquired a minimum of 22.5 credits after grade 8 in required and elective subjects.
- Seniors entering the ASD for the first time may graduate by meeting requirements of their previous school when the ASD requirements create hardship.

-Transcript-

- You can view your unofficial transcript through Q/Parent/StudentConnect.
- An official transcript may be needed for personal use, scholarship applications, or to be sent to colleges or other institutions.

This link is for requesting an official transcript:

<https://anchorageak.scriborder.com/>

Transcripts must be requested online!

ASVAB & Practice SAT/ACT



- ASVAB at ERHS will be Friday, 10/30 and Friday, 2/26
 - Starts at 9:00am with interpretation immediately after.
 - Students should plan to be here for about 3 hours.
 - Sign up form for the ASVAB is in the Curriculum Office, or see Mrs. Witte in A225.
- Frontier Tutoring will offer FREE VIRTUAL practice SAT and ACT tests:
 - Practice ACT - 10/10, 11/21, 12/5, 1/16
 - Practice SAT - 10/10, 10/24, 10/31, 11/14, 11/28, 12/12, 1/23
 - Sign up at the [Frontier Tutoring Website](#).



- PSAT - Saturday Oct. 11th @ 8am.
\$30 payment through ParentConnect
Then complete the [PSAT Google Form](#).
- SAT/ACT – Juniors are encouraged to take these tests during the spring of 11th grade.
- Be sure to enter ERHS's code **(020368)** when you sign up for the SAT/ACT. This allows your scores to be sent to the school district. (Required for APS)
- SAT/ACT fee waivers are available to students who qualify for free/reduced lunch. Please contact your counselor for more information.

2026 - 2027

SAT TEST DATES: www.collegeboard.org

ACT TEST DATES: www.act.org

Remember to enter ERHS's code **020368** when you register for the SAT or ACT!

Alaska College & Career Fair



College and Career Fair

Wednesday, 10/14/2026
Alaska Airlines Center

Connect with colleges, universities, training and apprenticeship programs, U.S. military, and employers.

For more info visit the [UAA website](#)

[Permission Form](#)

Thinking ahead ...

- AKCIS - Great place to check out options for college, careers, and scholarships
 - ◆ ERHS Student Username - **eagleriver**
Password - **4Student**
- Students can set up their own profile after the initial login
- Start creating a list of schools/programs you may want to apply to
 - ◆ Consider location, size, cost, intended field of study
 - ◆ If you are not able to visit prospective schools in person, check out the many virtual tours available online!
- There are many ways to pay for college/postsecondary training
 - ◆ Scholarships, work study, grants, loans, employment, military



Class of 2024 & Beyond

ALASKA PERFORMANCE SCHOLARSHIP CHECKLIST



To receive the APS and other forms of financial aid, students must complete the FAFSA (Free Application for Federal Student Aid) by **June 30th** of each year. Visit studentaid.gov

REQUIRED CURRICULUM

Contact your counselor for information about APS courses. Approved courses may also be available through resources such as the University of Alaska or others. Eligibility is determined based upon courses with a letter grade reflected on your official high school transcript.

Choose from option A, B, or C (curriculum options apply for all APS award levels)

Curriculum Option A

Science	1	
2		
3	substitution	
4	substitution	
Math	1	
2		
3		
4	substitution	
Language Arts	1	
2		
3		
4	substitution	
Social Studies	1	
2		
3	substitution	
4	substitution	

Curriculum Option B

Science	1	
2		
3	substitution	
Math	1	
2		
3	substitution	
Language Arts	1	
2		
3		
4	substitution	
Social Studies	1	
2		
3		
4	substitution	
Other	2	

FROM THE SAME SUBJECT: World Language, Alaska Native Language, Fine Arts, Cultural Heritage, or CTE (1 year of which includes 2 semesters of sequentially more rigorous content within a career cluster)

Curriculum Option C

Science	1	
2		
3	substitution	
Math	1	
2		
3	substitution	
Language Arts	1	
2		
3		
4	substitution	
Social Studies	1	
2		
3		
4	substitution	
Other	2	

FROM ANY SUBJECTS: World Language, Alaska Native Language, Fine Arts, or Cultural Heritage

NOTE:

Highlighted sections above reflect additional course substitutions within each Curriculum Option. For example, in Curriculum Option A, two (2) Science credits may be substituted with 2 credits/years of rigorous additional non-standard Science course(s).

REQUIRED GPA TEST SCORE

Maximum Award

GPA

-OR-

Test Score

LEVEL 1

UP TO \$7,000 PER YR

☐ 3.5 OR GREATER

-OR-

☐ ACT..... 25

☐ SAT..... 1210

☐ WorkKeys.. 18

PLATINUM (no score below 6)

LEVEL 2

UP TO \$5,250 PER YR

☐ 3.0 OR GREATER

-OR-

☐ ACT..... 23

☐ SAT..... 1130

☐ WorkKeys.. 15

GOLD (no score below 5)

LEVEL 3

UP TO \$3,500 PER YR

☐ 2.5 OR GREATER

-OR-

☐ ACT..... 21

☐ SAT..... 1060

☐ WorkKeys.. 12

SILVER (no score below 4)

NOTE:

Receive a qualifying score from one of the following tests: ACT, SAT, or WorkKeys

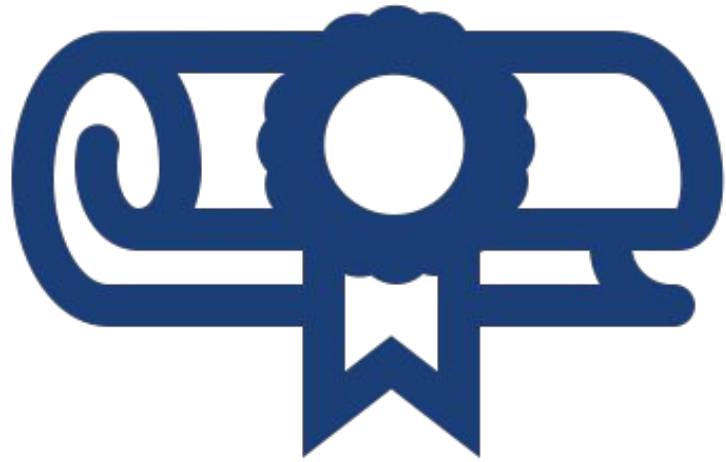
ALASKA PERFORMANCE SCHOLARSHIP

- Up to \$28,000!
- Great Plan A or B
- Available for 8 years after graduation
- No competition - you only need to complete eligibility requirements and the FAFSA to earn the scholarship
- Qualify by completing required classes and earning a high enough GPA or test score
- Can be used at universities and many technical and training programs in Alaska ([see list here!](#))
- More information can be found [here](#)



Questions? Visit aps.alaska.gov

ACPE APS Checklist | 800-441-2962 | rev. 8/2024



-Scholarships and Other Helpful Information-

- ★ www.collegeboard.org
- ★ www.fastweb.com
- ★ www.scholarships.com
- ★ www.collegenet.com
- ★ <https://studentaid.gov>
- ★ <https://www.wiche.edu/tuition-savings/wue/>
- ★ www.frontiertutoring.com



- If you are planning to play a division I or II college sport, please make sure you have completed the requirements of the [NCAA Clearinghouse](#).
- Contact your counselor, if you have any questions and/or concerns.

Division I
Academic
Requirements

Division II
Academic
Requirements

Initial
Eligibility
Brochure

Registration
Checklist

Guide for the
College-Bound
Athlete

DI & DII
Course
Planning
Worksheets

11th Grade Checklist



- ☐ Take challenging classes and check grades often on Student Connect/Canvas
- ☐ Review Transcript (check and review with parents)
- ☐ Alaska Performance Scholarship (APS) review/checklist
- ☐ AKCIS www.akcis.org - Career Interest Inventory, school sort, financial aid sort
- ☐ Consider doing practice SAT and ACT with Frontier Tutoring - FREE!
- ☐ Listen to announcements and/or check them on the school website daily
- ☐ NCAA Clearinghouse (if planning to participate in Div. 1 or Div. 2 college sports)
- ☐ Get involved! (sports, clubs, volunteer, leadership opportunities)
- ☐ Attend college visits at ERHS (see Curriculum Office for dates and schools)
- ☐ Research potential postsecondary training options (college, military, apprenticeships, etc.)
- ☐ If you are interested in a military academy, now is the time to start researching and planning
- ☐ Apply to Summer Programs and/or Summer School if needed
- ☐ If you have any Ds or Fs on your transcript, consider credit recovery
- ☐ Get a job and begin saving money for college/tech school

-Reminders-



Check the ERHS [Daily Announcements](#) often!



Join % 2028 on the SportsYou app for school reminders about events, activities, and sports: **Class Code** **ZMJUKXPV**



To be eligible for sports/activities, you must be enrolled in and pass at least 5 classes per semester, with a 2.0 GPA.



1st Quarter ends Oct. 16th.
Parent/Teacher conference day is Oct. 29th.
Make sure your grades are where you want them to be!



Counselors will visit your classes in the spring semester to take your course requests for next school year.



Local Contacts

University of Alaska
Anchorage

University of Alaska
Southeast

University of Alaska
Fairbanks

Northern Industrial
Training

Alaska Pacific
University

Alaska Vocational
Technical Center
(AVTEC)

Alaska Commission on
Postsecondary Ed

Alaska Career College

Charter College

Alaska Laborers
Training School

Recruiters:

Army National Guard - SSG Michael Rodriguez,
michael.g.rodriguez1.mil@army.mil

Navy - GSM1 Emily Newman, emily.l.newman.mil@us.navy.mil

Army - SSG Paul Coronado, paul.r.coronado.mil@army.mil

Other Useful Resources

Admissions
Timeline for
11th/12th grade

Quick Guide to
Financial Aid

Evaluating
Financial Aid
Award Letters

Financial Aid
Tips

Scholarship
Application Tips

More
Scholarship
Application Tips

Choosing a
College Tips

College Essay
Tips

More Web
Resources