Freshman & Sophomore Parents

2026/2027









Course Selection

All students will select classes for next school year, this December.

Once the official course selection form is submitted in December, the course options listed are final. Courses are yearlong and cannot be changed once the schedule is made. Exceptions are made for course misplacement, which is determined by teachers or the district office.



Course Selection

PRACTICE SHEET 2024-2025

☐ SPED ☐ ELD ☐ AG/SCI ☐ PAM ☐ AVID ☐ IB

10th Grade Course Selections

Student Last Name: _____

Student First Name: _____

Phone Number: _____

SCAN ME

PLEASE PRINT CLEARLY AND CAREFULLY COURSE TITLES AND COURSE NUMBERS.
TEACHER RECOMMENDATION SIGNATURE NEEDED FOR ALL
IB/ADVANCED/ENHANCED, MATH, SCIENCE, MODERN LANGUAGE, YEARBOOK & COMPETITIVE PE COURSES/PERSONAL FITNESS
(REVIEW COURSE CATALOG FOR COURSES THAT REQUIRE AN APPLICATION OR TEACHER SIGNATURES)

SUBJECT	COURSE TITLE	COURSE #	TEACHER SIGNATURE *IF REQUIRED*
English			
Social Science/World Hist.			
Math			
Science 1st Choice *(a chemistry or a physics)*			
Science 2nd Choice *(a physics or a chemistry)*			
PE or Elective			
Elective			
Elective Alternate			
Elective Alternate			
0 Period or 7th Period Elective **(OPTIONAL)**			

- Be sure to list *Elective Alternates*! If you do not list *Elective Alternates* your counselor will choose for you, which you WILL NOT be able to change.
- Any student who is classified as an English [illegible] assigned to a designated ELD course, taking place of one top elective.
- Please [illegible] form with student signature, parent signature, and all required teacher signatures to the [illegible]gh Counselors.

I have reviewed the course selections listed above.
I UNDERSTAND THAT WHEN MY STUDENT'S SCHEDULE IS FINALIZED, IT WILL NOT BE CHANGED.

_____ _____ _____ _____
Signature Date Parent Signature Date

10th Grade Course Options

SCAN ME

English
1133 English 10 ◊ ±
1120 Adv. English 10 ◊ ±
1145 Ag/Science Adv. English 10 ◊ ±
8224 English Skills ●
8286 English 9/10 MM ●
1203 Beginning ELD ▣

English Electives
6061 Speech & Debate ◊ ±
0208 Newcomer ELD ▣
0206 ELD 10 ▣

World History
7103 World History CP ◊ ±
7111 Adv. World History ◊ ±
7107 Ag/Sci Adv. World History ◊ ±
8228 History Skills ●
8295 World History MM ●
7135 World History ELL ◊ ± ▣

Mathematics
8225 Math Skills ●
8297 Math MM ●
2067 Algebra Readiness ELL ▣
8292 Algebra Readiness MM ●
2052 Algebra 1 ◊ ±
2070 Algebra 1 ELL ◊ ± ▣
8298 Algebra 1 MM ●
2103 Geometry ◊ ±
2106 Geometry ELL ◊ ± ▣
2093 Algebra 2 ◊ ±
2100 Adv. Algebra 2 ◊ ±
2131 Pre-Calculus ◊ ±
2133 AP Calculus AB ◊ ±
2136 AP Calculus BC ◊ ±
2020 AP Statistics ◊ ±
4558 Intro Computer Science ◊
3317 AP Computer Science ◊ ±

Science
8226 Science Skills ●
8288 Biology MM ●
3266 Chemistry ◊ ±
8311 Chemistry MM ●
3294 ENH Chemistry ◊ ±
3374 ENH Chemistry, Acad ◊ ±
3188 Chemistry, Ag ◊ ±
3330 Physics ◊ ±
8312 Physics MM ●
3331 Physics ELL ◊ ± ▣
3311 ENH Physics ◊ ±
3191 Physics, Ag ◊ ±

Science Electives
3203 Human Physiology ◊ ±
3200 Lab Research in Biotechnology ◊

Physical Education
9101 Advanced PE
9420 Weight Training
9400 Comp Weight Training
9102 Personal Fitness
9402 Adv. Comp PE

Visual & Performing Arts
TBD Graphic Design ◊no
6003 Art & Design ◊
6008 Advanced Art ◊
6090 Concert Band ◊
6073 Marching Band
6093 Symphonic Band ◊
6103 Orchestra ◊
6113 Jazz Ensemble ◊
6143 Concert Choir ◊
6123 Choral Company ◊
6144 Madrigals
6100 Piano Keyboard ◊
6095 Advanced Piano ◊
6099 Piano Accompanist
6042 Drama 1 ◊
6053 Advanced Drama ◊
6035 Film Studies
3067 Technical Theater

◊ A-G Approved Courses
± NCAA Approved Courses
▣ English Language Development Courses
● Special Education Courses

Modern Language
4013 French 1 ◊ ±
4123 French 2 ◊ ±
4233 French IB HL1 ◊ ±
4033 Spanish 1 ◊ ±
4153 Spanish 2 ◊ ±
4273 Spanish HL1 ◊ ±
4103 Spanish 1 Spanish Speakers ◊ ±
4053 Spanish 2 Spanish Speakers ◊ ±

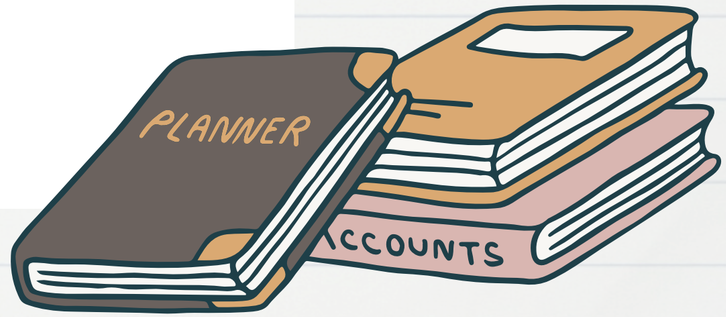
Agriculture
5331 Small Animals & Horses ◊
5313 Shop Skills 1◊
5314 Shop Skills 2 ◊
5103 Wood 1 ◊
3521 Floral Design Art History ◊

Industrial Tech
5043 Auto Mechanics

Home Economics
5501 Consumer Home Economics ◊
5450 Child Development ◊
5505 Culinary Arts
5504 Adv Culinary Arts

Non Departmental
1363 Journalism ◊
8460 Student Government & Leadership ◊
6031 Yearbook Design ◊
2720 Maker Space ◊
0102 Academic Decathlon
0215 AVID 10 ◊
5311 Saturday Scholars Seminar
8308 Academic Support ●





Sophomore Subject Requirements

Courses

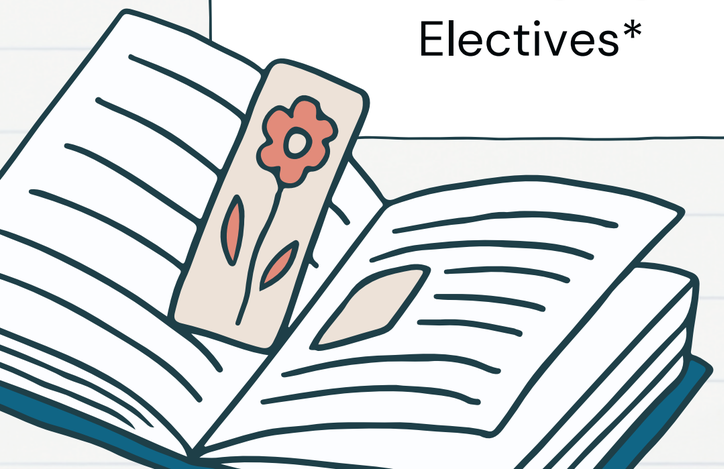
English
World History
Chemistry or Physics
Math
PE/Language
Electives*

Programs

AVID 10 if in AVID program
PAM - VAPA
Ag/Sci - Sophomore Project (extra class)

Necessity

MUST PASS WITH A ‘C’ OR BETTER FOR UC/CSU ELIGIBILITY



Junior Subject Requirements

Courses

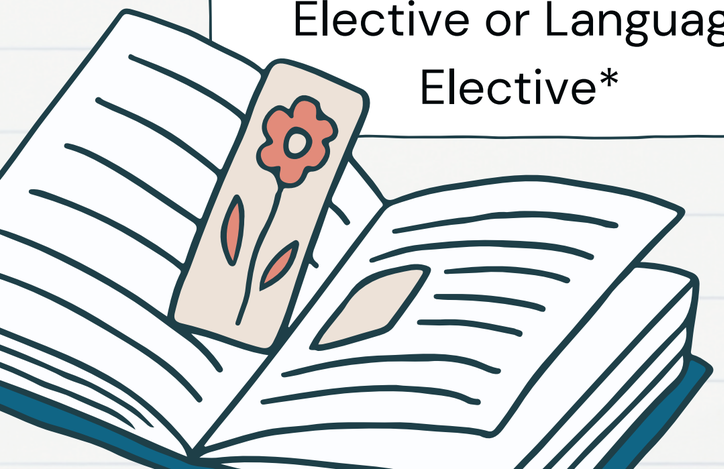
English
U.S. History
Chemistry, Physics, or any other Science
Elective or PE
Elective or Language Elective*

Programs

AVID 11 if in AVID program
PAM - VAPA
Ag/Sci -Junior Project (extra class)
IB students should take IB/Adv/Enh courses

Necessity

MUST PASS WITH A ‘C’ OR BETTER FOR UC/CSU ELIGIBILITY



More Course Options

Juniors have more course options than in their first two years. Don't forget to keep in mind college entrance requirements and NCAA requirements (if interested). Here are some examples:

IB English, IB History, IB Electives
Theory of Knowledge
2hr Auto Tech and 2hr Fire Service
Welding
2hr Careers in Education
Human Physiology and Vet Science





N

C

A

A



Initial-Eligibility Standards

If you want to compete in NCAA sports, you need to register with the NCAA Eligibility Center at eligibilitycenter.org. Plan to register before your freshman year of high school. For more information on registration, visit on.ncaa.com/RegChecklist.

Academic Requirements

Division I and II schools require you to meet academic standards. To be eligible to practice, compete and receive an athletics scholarship in your first year of full-time enrollment, you must meet the following requirements:

Division I

1. Earn 16 NCAA-approved core-course credits in the following areas:

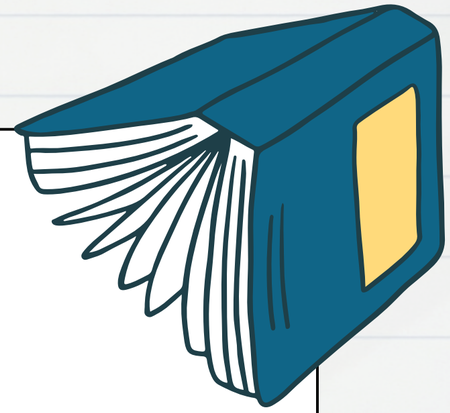
ENGLISH	MATH (Algebra I or higher)	SCIENCE (Including one year of lab, if offered)	EXTRA (English, math or science)	SOCIAL SCIENCE	OTHER Any area listed to the left or courses listed in additional discipline (world language, comparative religion or philosophy)
4 years	3 years	2 years	1 year	2 years	4 years

Division II

1. Earn 16 NCAA-approved core-course credits in the following areas:

ENGLISH	MATH (Algebra I or higher)	SCIENCE (Including one year of lab, if offered)	EXTRA (English, math or science)	SOCIAL SCIENCE	OTHER Any area listed to the left or courses listed in additional discipline (world language, comparative religion or philosophy)
3 years	2 years	2 years	3 years	2 years	4 years

9th Grade Curriculum



CaliforniaColleges.Edu

Resource used in TUSD for 6th-12th graders. Students work on academic planning, career planning, college planning and can learn about financial aid.

Academic Planning

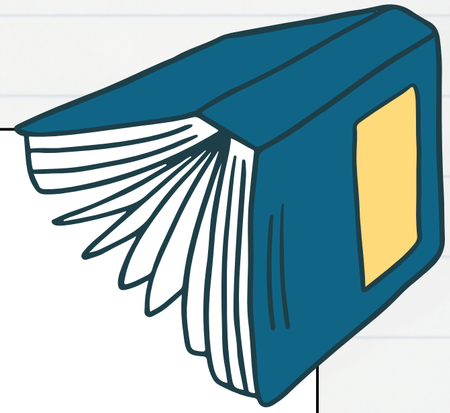
Freshman will use this website for: Academic Planning - selecting classes that meet graduation and college goals.

Practice

Freshman will also take time to practice filling out their course selection form for their 10th grade classes.



10th Grade Curriculum



CaliforniaColleges.Edu

Resource used in TUSD for 6th-12th graders. Students work on academic planning, career planning, college planning and can learn about financial aid.

Career Interest

Sophomores will use this website for: Career Interest Profiler. This allows students to explore careers that best match their personality types and interests.

Research

Sophomores will also take time to research careers and required education.



Credit Recovery

program name	cost	Format	Location	
~~Edgenuity~~	~~FREE~~	~~Online @ School~~	~~THS~~	A-G
Silicon Valley HS	$125/class	Online	AT HOME	A-G
BYU Independent Study HS	VARIES	Online	AT HOME	A-G
UC SCOUT	VARIES	Online	AT HOME	A-G
TUSD Summer School	FREE	Online @ School	TUSD - TBD	A-G
~~Tracy Adult School~~	~~FREE~~	~~In Person~~	~~TAS/AT HOME~~	

Reach out to your counselor if you need to work on your grad plan!

Summer Acceleration Program

Accelerate learning for select students based on placement criteria so more students can access higher-level courses by the end of high school & expand access to electives for students who do not have room in their schedule to take elective courses of interest.

Course offerings and roles:

Algebra 1*	Accelerate learning of students who meet enter and exit criteria to qualify for Geometry.
Geometry*	Accelerate learning of students who meet enter and exit criteria to qualify for Algebra 2.
Pre-Calculus*	Accelerate learning of students who meet enter and exit criteria to qualify for AP Calculus.
Enhanced Chemistry**	Accelerate learning of students who meet enter and exit criteria to qualify for IB Chemistry, IB Biology, AP Chemistry, or AP Biology.
Bridge to Algebra 2	Supplemental support to improve preparedness for success in Algebra 2.
Spanish 2	Accelerate learning of students who meet enter and exit criteria to qualify for Spanish 3 or IB Spanish.
Human Rights & Contemporary Society	Expand access to electives.

***Students are required to move on to the next appropriate level class in the fall of the next school year.**

Dual Enrollment

Dual Enrollment allows high school students in Tracy Unified School District to take approved college courses while enrolled in high school. Students earn college credit and high school credit at the same time.

9 FRESHMAN

- HIST 2B (World History)
- HIST C1001 (**HIST 17A)(US History)
- COMM C1000 (Elective)
- PSYCH C1000 (Elective)
- ART 3 (Visual Art/Performing Art)
- Foreign Language Courses

10 SOPHOMORE

- HIST C1001 (**HIST 17A)(US History)
- POLS C1000* (Government)
- ENGL C1000 (**ENGL 1A) (English 11)
- ECON C2002* (**ECON 5) (Economics)
- COMM C1000 (Elective)
- PSYCH C1000 (Elective)
- ART 3 (Visual Art/Performing Art)
- Foreign Language Courses

- *Advisories: ENGL C1000 or ENGL C1000E with a grade of "C" or better.*
  - HIST C1001
  - POLS C1000
  - ECON 2002 *(Prerequisites: Successful completion of Beginning Algebra or appropriate placement as determined by the college's multiple measures assessment process.)*
- *Prerequisites: ESL 59 Advanced College Reading/Writing for Multilingual Students II, cumulative high school GPA 2.6 or higher, or qualifying placement.*
  - ENGL C1000

11 JUNIOR

- ENGL C1002 (**ENGL 1B) (English 12)
- POLS C1000* (Government)
- ECON C2002* (**ECON 5) (Economics)
- COMM C1000 (Elective)
- PSYCH C1000 (Elective)
- ART 3 (Visual Art/Performing Art)
- Foreign Language Courses

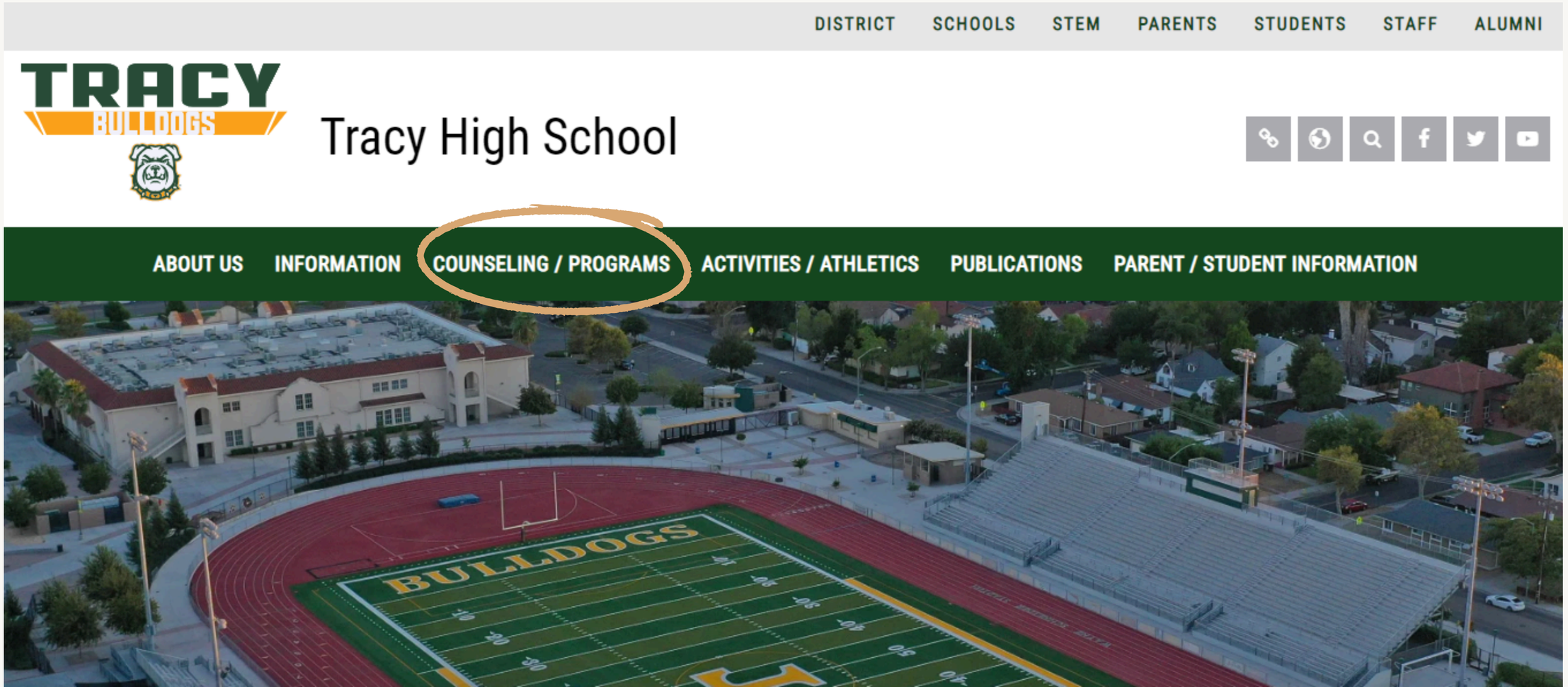
- *Prerequisites: ENGL C1000 Academic Reading and Writing or ENGL C1000E Academic Reading and Writing with a grade of "C" or better.*
  - ENGL C1002
- Prerequisites: ESL 59 Advanced College Reading/Writing for Multilingual Students II, cumulative high school GPA 2.6 or higher, or qualifying placement.
  - ENGL C1000
- *Advisories: ENGL C1000 or ENGL C1000E with a grade of "C" or better.*
  - POLS C1000
  - ECON 2002 *(Prerequisites: Successful completion of Beginning Algebra or appropriate placement as determined by the college's multiple measures assessment process.)*

12 SENIOR

- COMM C1000 (Elective)
- PSYCH C1000 (Elective)
- ART 3 (Visual Art/Performing Art)
- Foreign Language Courses

THS Website

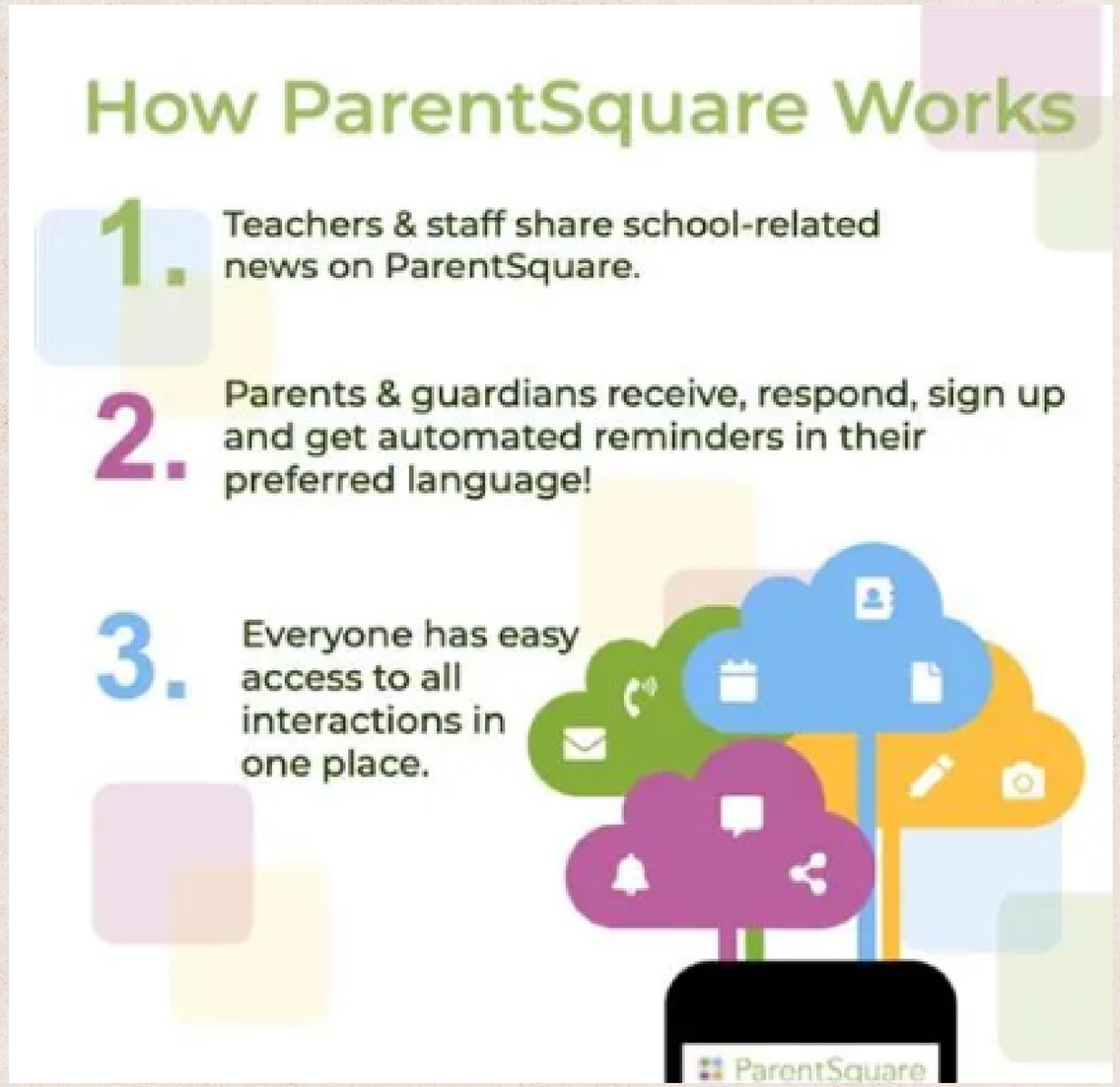
A reminder on where to find the course catalog, make counselor appointments and find learning lab/tutoring information.





Parent Square





Learning Labs

	AM	PM	
MON	**Math** Lunetta (A110) 7:30-8:30		
TUE	**ELA** Zamora (A218) 8:00-8:30 **Math** Lunetta (A110) 7:30-8:30	**Spanish** Vargas Cortes (D102) 3:50-4:20 **Math** Piuser (A111) 3:50-4:20	**Social Studies** Woodward (D102) 3:50-4:20 **Social Studies** Gonzalez (A209) 3:50-4:50
WED	**Math** Lunetta (A110) 7:30-8:30	**ELA** Zamora (A218) 4:00-4:30	**Math** Piuser (A111) 3:50-4:20
THU	**ELA** Zamora (A218) 8:00-8:30 **Math** Lunetta (A110) 7:30-8:30	**Math** Piuser (A111) 3:50-4:20	
FRI	**Math** Lunetta (A110) 7:30-8:30		





Final Exams



Held in December and May.
A culmination of material learned throughout the semester.

Day 1 - Periods 1 & 2
Day 2 - Periods 3 & 4
Day 3 - Periods 5 & 6
(all minimum days!)

TRACY HIGH
COLLEGE & CAREER FAIR

Tuesday
September 29, 2026
3.45 PM - 5.15 PM
Main Gym

ABC NorCal
Adrian's Beauty College (Tracy)
Air Conditioning Trade Association
California Army National Guard
California Conservation Corps
California Northstate University
Cal-Trade Welding School of Modesto
Caltrans
Carrington College
City of Tracy
CodeStack Academy
CSU East Bay
CSU Sacramento
CSU San Francisco
Dominican University of California
Jessup University
Kaiser Permanente KP LAUNCH
Las Positas College
Lawrence Livermore National Laboratory
Paul Mitchell the school (Modesto)
San Francisco Film School
San Joaquin Delta College
San Joaquin Valley College
Skyview Aviation, LLC
South San Joaquin County Fire Authority
Tesla
The Lamp College
UC Merced
UC Santa Cruz
University of the Pacific
US Air Force Reserve
US Army
US Coast Guard Recruiter
US Marine Corps
US Navy



Thank You

