



Onteora Central School District

October 2026

Breakfast is an important part of the day! Please encourage your children to Eat Breakfast every day at School or at home.				Thursday1	Friday2
				Yogurt and Granola with Fruit, Juice and/or Milk	Bagel and Cream Cheese with Fruit, Juice and/or Milk
Monday5	Tuesday6	Wednesday7	Thursday8	Friday9	
Breakfast Stick with Fruit, Juice and/or Milk	Blueberry Muffin with Fruit, Juice and/or Milk	Waffles with Fruit, Juice and/or Milk	Strawberry Cream Cheese Filled Mini Bagels with Fruit, Juice and/or Milk	Cereal with choice of Second Cereal or Sunflower Seeds with Fruit, Juice and/or Milk	
Monday12	Tuesday13	Wednesday14	Thursday15	Friday16	
 School Closed	Breakfast Bagel with Fruit, Juice and/or Milk	Pancakes with Fruit, Juice and/or Milk	Egg Patty on a Biscuit with Canadian Bacon or Cheese with Fruit, Juice and/or Milk	Mini Cinnis Pull-A-Parts with Fruit, Juice and/or Milk	
Monday19	Tuesday20	Wednesday21	Thursday22	Friday23	
Breakfast Scramble with Fruit, Juice and/or Milk	Cereal with choice of Second Cereal or Sunflower Seeds with Fruit, Juice and/or Milk	School Closed Conference Day 	Mini Cinnis Pull-A-Parts with Fruit, Juice and/or Milk	Bagel and Cream Cheese with Fruit, Juice and/or Milk	
Monday26	Tuesday27	Wednesday28	29	Friday30	
Breakfast Stick with Fruit, Juice and/or Milk	Strawberry Cream Cheese Filled Mini Bagels with Fruit, Juice and/or Milk	Waffles with Fruit, Juice and/or Milk	Yogurt and Granola with Fruit, Juice and/or Milk	Apple Cinnamon Muffin with Fruit, Juice and/or Milk	

Offered Daily:

LOCAL 1% and Skim **Milk**

Fresh Fruit and 100% Juice

For a la carte items and second portions: We accept cash, checks made payable to **Onteora CSD Food Service** or payment may be applied on-line through the parent portal.

This organization is an equal opportunity provider and employer.
Menu subject to change without notice.

