

Health Opt-Out Form
John F. Kennedy High School and
Mount Angel Middle School
Grades 6-12



Mt. Angel School District provides comprehensive, standards-based health education for students in grades K–12 using The Great Body Shop (K–8) and Glencoe Health (9–12). Some units include topics that families may wish to review, including child sexual abuse prevention, human growth and development, communicable diseases, sexuality education, and gender identity. Additional information about grade-level units and topics is available on the District's Health K–12 Curriculum webpage. To review the materials in person, please call the District Office at 503-845-2345 to schedule an appointment.

Parents/guardians may request that their student be excused from specific health education instruction. **You only need to return this form if you would like to opt your student out of one or more of the areas listed below.** When instruction in the selected area(s) occurs, your student will be provided with an alternative educational activity.

STUDENT INFORMATION

Student Name: _____ **Grade:** _____

School: ☐ Mt. Angel Middle School ☐ JFK High School

OPT-OUT REQUEST: Please select all that apply.

☐ I am requesting that my student **not participate** in instruction related to the following:

- ☐ Building Healthy Relationships
- ☐ Mental and Emotional Health
- ☐ Conflict Resolution and Violence Prevention
- ☐ The Life Cycle (Reproduction)
- ☐ Human Growth and Development
- ☐ Communicable Diseases
- ☐ Human Sexuality

☐ **Other specific topic/lesson/unit:** _____

☐ I would like someone from the school district to contact me and discuss my concerns.

PARENT/GUARDIAN SIGNATURE

Parent/Guardian Name: _____

Signature: _____ **Date:** _____

Please return this completed form to your student's school.