

Please see the Site Supervisor to request a specific allergen free menu

October Bag Supper



Vegetarian
 Vegan

Whole Grain

2026

Monday					Tuesday					Wednesday					Thursday					Friday				
5					6					7					1					2				
→					Chicken Caesar Salad					Un crustables					FALL BREAK →									
12					13					14					8					9				
Turkey Sandwich					Chicken Caesar Salad					Un crustables					Fruit Parfait w/ WG Granola					Chef Salad w/ WG Option				
19					20					21					22					23				
Turkey Sandwich					Chicken Caesar Salad					Un crustables					Fruit Parfait w/ WG Granola					Chef Salad w/ WG Option				
26					27					28					29					30				
Turkey Sandwich					Chicken Caesar Salad					Un crustables					Fruit Parfait w/ WG Granola					Chef Salad w/ WG Option				

W1

W2

W3

Assorted Condiments: (optional, vary daily) Mustard, Mayonnaise, Ketchup, Tapatio.
Milk: 1% Low-fat White Milk, and Non-fat Chocolate Milk.
All milk is locally sourced and rBST hormone free.
Milk is **NOT required with Meals**

All meals include the following components: Grain, Meat/Meat Alternative, Fruit, Vegetable, and Milk. Students must select 3 out of the 5 components offered, with one component being a fruit or vegetable.
*WG=whole grain (may consist of chips, crackers, a roll, or a pretzel)
This institution is an equal opportunity provider.

Sides offered daily:
M: Baby Carrots and Fruit Bowl
T: Broccoli w/ Ranch and Fruit Bowl
W: Celery Sticks and Fruit Bowl
Th: Seasoned Beans and Fruit Bowl
F: Baby Carrots and Fruit Bowl