

October Lunch

2026

Monday

Tuesday

Wednesday

Thursday

Friday



FALL BREAK

1

2

5

6

7

8

9

Domino's Pizza (Pepperoni or Cheese)

Cheeseburger w/ Fries

Bean Tamale

Wings w/WG Option

Fruit & Yogurt Parfait w/WG Granola

Falafel Bistro Box

Domino's Pizza (Pepperoni or Cheese)

Spicy Chicken Sandwich on WG Bun

Bean Tamale

Chicken Teriyaki Rice Bowl

Bean, Cheese, & Rice Burrito

Taco Salad w/Chips

Spicy Chicken Sandwich

Chicken Caesar Salad w/ WG Option

California Burrito

Bean Tamale

Domino's Pizza (Pepperoni or Cheese)

Chicken Alfredo Bowl

Fruit & Yogurt Parfait w/WG Granola

Pretzel Dipper Box

Buffalo Wings w/WG Option

Cheeseburger w/Fries

Turkey and Cheese Sandwich

Tofu Fried Rice

Domino's Pizza (Pepperoni or Cheese)

Pork Adobo

Grilled Cheese Sandwich

Burrito Rice Bowl

Bosco Sticks w/Marinara

Garlic Parm Chicken Pasta

Carnitas Burrito

Taco Salad w/ Chips

Breaded Chicken Plate

Birria Pupusa

Fruit & Yogurt Parfait w/WG Granola

Tofu Banh Mi

Domino's Pizza (Pepperoni or Cheese)

Cheeseburger w/ Fries

Chef Salad w/ WG Option

Fiesta Burrito

Korean Wings w/WG Option

Chicken Caesar Salad w/ WG Option

Grilled Cheese Sandwich

Falafel Rice Bowl

Domino's Pizza (Pepperoni or Cheese)

Lemon Chicken Rice Bowl

Philly Cheesesteak

Tofu Teriyaki Rice Bowl

Spicy Chicken Sandwich

Buffalo Chicken Cheesy Toast

Bean, Cheese, & Rice Burrito

Bean Tamale

Pasta Bolognese

Chicken Caesar Salad w/ WG Option

Pork Torta

Falafel Wrap

Domino's Pizza (Pepperoni or Cheese)

Spicy Chicken Sandwich

Buffalo Smack n'cheese

Taco Salad w/ Chips

Chipotle Wings w/WG Option

Cheesy Toast w/ Marinara

Beef Bulgogi

Falafel Bistro Box

Domino's Pizza (Pepperoni or Cheese)

Chicken Fried Rice

Sub Sandwich

Tofu Fried Rice

Cheeseburger w/Fries

Pork Carnitas Burrito

Fruit & Yogurt Parfait w/WG Granola

Tofu Banh Mi

Assorted Condiments: (optional, vary daily) Mustard, Mayonnaise, Ketchup, Tapatio.
Milk: 1% Low-fat White Milk, and Non-fat Chocolate Milk.
All milk is locally sourced and rBST hormone free.
Milk is **NOT required with Meals**

All meals include the following components: Grain, Meat/Meat Alternative, Fruit, Vegetable, and Milk. Students must select 3 out of the 5 components offered, with one component being a fruit or vegetable.
*WG=whole grain (may consist of chips, crackers, a roll, or a pretzel)

This institution is an equal opportunity provider.

Daily Vegetables (does not include LTO):

M: Hummus & Baby Carrots
T: Spicy Lime Cucumbers & Side Salad
W: Celery Sticks & Baby Carrots
Th: Spicy Cucumbers & Cheesy Broccoli
F: Mexican Street Corn & Spicy Carrots

Daily Fruit:

Fresh Fruit Bowl & Assorted Fruit Cups