

Please see the Site Supervisor to request a specific allergen free menu

 Vegetarian
 Vegan

 Whole Grain

October Breakfast

2026



Monday					Tuesday				
Wednesday					Thursday				
Friday									
									
5					6				
7					8				
9					10				
11					12				
13					14				
15					16				
17					18				
19					20				
21					22				
23					24				
25					26				
27					28				
29					30				

Assorted Condiments: (optional, vary daily) Mustard, Mayonnaise, Ketchup, Tapatio.
Milk: 1% Low-fat White Milk, and Non-fat Chocolate Milk.
All milk is locally sourced and rBST hormone free.
Milk is **NOT required with Meals**

All menu days include the following food groups: Grain, Meat/Meat Alternative, Fruit, and Milk. Students must choose 3 of the 4 items offered; one food group must be a fruit.
This institution is an equal opportunity provider.

Daily Breakfast Options:
Assorted Muffins 
Bagels w/ Cream Cheese & Jelly 
Assorted Cereal w/ Yogurt 

Daily Breakfast Sides:
Fresh Fruit Bowl
Assorted Fruit Cups
Orange Juice

Please see the Site Supervisor to request a specific allergen free menu

October Bag Supper



Vegetarian
 Vegan

Whole Grain

2026

Monday					Tuesday					Wednesday					Thursday					Friday				
1					2					3					4					5				
6					7					8					9					10				
11					12					13					14					15				
16					17					18					19					20				
21					22					23					24					25				
26					27					28					29					30				
31					32					33					34					35				

W1

W2

W3

Assorted Condiments: (optional, vary daily) Mustard, Mayonnaise, Ketchup, Tapatio.
Milk: 1% Low-fat White Milk, and Non-fat Chocolate Milk.
All milk is locally sourced and rBST hormone free.
Milk is **NOT required with Meals**

All meals include the following components: Grain, Meat/Meat Alternative, Fruit, Vegetable, and Milk. Students must select 3 out of the 5 components offered, with one component being a fruit or vegetable.
*WG=whole grain (may consist of chips, crackers, a roll, or a pretzel)
This institution is an equal opportunity provider.

Sides offered daily:
M: Baby Carrots and Fruit Bowl
T: Broccoli w/ Ranch and Fruit Bowl
W: Celery Sticks and Fruit Bowl
Th: Seasoned Beans and Fruit Bowl
F: Baby Carrots and Fruit Bowl