

OCTOBER PRE SCHOOL MENU

2026

Monday	Tuesday	Wednesday	Thursday	Friday
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***Each meal includes a choice of:** Milk, Vegetables of the Day, Fresh or Chilled Fruit, Garden Salad with Farmer's Topping Bar

Milk Choices: Fat Free Chocolate, 1% Low Fat, Skim, Lactaid

**ALLERGY KEY: M=MILK W=WHEAT E=EGG S=SOY FOLLOW US! @SOMSDFOODSERVICE 			1 Bagel Bag Mini Bagel w/crm cheese Baby Carrots, Apple Slices Small Yogurt (WD)	2  Cheese Pizza (2 nd slice \$2.75) Garden Salad (MW)
5 Chicken Nuggets With Corn Dinner Roll (WS)	6 Mozzarella Sticks with Marinara for Dipping Sauteed Broccoli (MSW)	7 Breakfast for Lunch  w/g French Toast Chicken Sausage (WEMS)	8 Bagel Bag Mini Bagel w/crm cheese Baby Carrots, Apple Slices Small Yogurt (WD)	9  Cheese Pizza (2 nd slice \$2.75) Garden Salad (MW)
12 NO SCHOOL 	13 Turkey Taco Meat With Fiesta Rice & Tortilla Chips	14 Breakfast for Lunch  w/g Mini Waffles Chicken Sausage (WEMS)	15 Chicken Nuggets Mashed Potato Corn (WS)	16  Cheese Pizza (2 nd slice \$2.75) Garden Salad (MW)
19 Popcorn Chicken With Carrots Coins W/G Dinner Roll (WSM) 	20 Macaroni & Cheese With Rainbow Vegetables (WEM) 	21 Breakfast for Lunch  w/g Mini Pancakes Chicken Sausage (WEMS)	22 Mini Ravioli In a Creamy Tomato Sauce & Baby Peas (WEM)	23  Cheese Pizza (2 nd slice \$2.75) Garden Salad (MW)
26 Mini Turkey Sub Cheese Stick Cucumber Slices (WM)	27 Bagel Bag Mini Bagel w/crm cheese Baby Carrots, Apple Slices Small Yogurt (WD)	28 Breakfast for Lunch  w/g French Toast Chicken Sausage (WEMS)	29 Hamburger on a Soft Bun & Potato Patty (W)	30  Cheese Pizza (2 nd slice \$2.75) Garden Salad (MW)
Fresh Fruit/ Cupped Fruit	Fresh Fruit/ Cupped Fruit	Fresh Fruit/Apple Juice/Applesauce	Fresh Fruit/ Cupped Fruit	Fresh Fruit/ Orange Slices/Juice

*ELEMENTARY LUNCH \$3.35 FREE/REDUCED \$0.00

*MENU IS SUBJECT TO CHANGE WITHOUT

NOTICE Money can be added to a student's account by Check payable to SOMBOE or go Payschoolscentral.com