

Please see the Site Supervisor to request a specific allergen free menu

 Vegetarian

 Whole Grain

 Vegan

October Lunch

2026



Monday

Tuesday

Wednesday

Thursday

Friday

Decorative Halloween-themed border featuring pumpkins, ghosts, witches, and a vampire. Includes a red arrow pointing from Monday to Tuesday and a red arrow pointing from Thursday to Friday.

LTO

W1

W2

W3



Assorted Condiments: (optional, vary daily) Mustard, Mayonnaise, Ketchup, Tapatio.
Milk: 1% Low-fat White Milk, and Non-fat Chocolate Milk.
All milk is locally sourced and rBST hormone free.
Milk is **NOT required with Meals**

All meals include the following components: Grain, Meat/Meat Alternative, Fruit, Vegetable, and Milk. Students must select 3 out of the 5 components offered, with one component being a fruit or vegetable.
***WG=whole grain (may consist of chips, crackers, a roll, or a pretzel)**
This institution is an equal opportunity provider.

Daily Vegetables (does not include LTO):
M: Hummus & Baby Carrots
T: Spicy Lime Cucumbers & Side Salad
W: Celery Sticks & Baby Carrots
Th: Spicy Cucumbers & Cheesy Broccoli
F: Mexican Street Corn & Spicy Carrots

Daily Fruit:
Fresh Fruit Bowl & Assorted Fruit Cups