

Please see the Site Supervisor to
request a specific allergen free menu

 Vegetarian

 Whole Grain

 Vegan

October Bag Supper

2026



Monday

Tuesday

Wednesday

Thursday

Friday



FALL BREAK

1

2

5

6

7

8

9

Chicken Caesar Salad 

Un crustables 

Fruit Parfait w/ WG
Granola  

Chef Salad w/ WG
Option 

12

13

14

15

16

Turkey Sandwich 

Chicken Caesar Salad 

Un crustables 

Fruit Parfait w/ WG
Granola  

Chef Salad w/ WG
Option 

19

20

21

22

23

Turkey Sandwich 

Chicken Caesar Salad 

Un crustables 

Fruit Parfait w/ WG
Granola  

Chef Salad w/ WG
Option 

26

27

28

29

30

Turkey Sandwich 

Chicken Caesar Salad 

Un crustables 

Fruit Parfait w/ WG
Granola  

Chef Salad w/ WG
Option 

Assorted Condiments: (optional, vary daily) Mustard,
Mayonnaise, Ketchup, Tapatio.
Milk: 1% Low-fat White Milk, and Non-fat Chocolate Milk.
All milk is locally sourced and rBST hormone free.
Milk is **NOT required with Meals**

All meals include the following components: Grain, Meat/Meat
Alternative, Fruit, Vegetable, and Milk. Students must select 3 out of the
5 components offered, with one component being a fruit or vegetable.
*WG=whole grain (may consist of chips, crackers, a roll, or a pretzel)
This institution is an equal opportunity provider.

Sides offered daily:

M: Baby Carrots and Fruit Bowl
T: Broccoli w/ Ranch and Fruit Bowl
W: Celery Sticks and Fruit Bowl
Th: Seasoned Beans and Fruit Bowl
F: Baby Carrots and Fruit Bowl