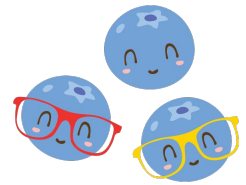


OCTOBER 2026



BETHLEHEM
AREA SCHOOL DISTRICT
DINING SERVICES



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

			Confetti Pancakes 1 with Syrup Oranges Assorted Cereal Assorted Pop Tarts 100% Fruit Punch Choice of Milk	Banana Bread 2 Apple Slices Assorted Cereal Assorted Pop Tarts 100% Apple Juice Choice of Milk
Blueberry Muffin 5 with Graham Crackers Pear Assorted Cereal Bars Assorted Pop Tarts 100% Apple Juice Choice of Milk	Pancake Sausage 6 on a Stick Apple Assorted Cereal Assorted Pop Tarts 100% Fruit Punch Choice of Milk	Vanilla Yogurt 7 with Goldfish Grahams Banana Assorted Cereal Bars Assorted Pop Tarts 100% Sunrise Blend Juice Choice of Milk	Mini Maple Pancakes 8 with Syrup Oranges Assorted Cereal Assorted Pop Tarts 100% Fruit Punch Choice of Milk	WG Bagel 9 with Cream Cheese Apple Slices Assorted Cereal Assorted Pop Tarts 100% Apple Juice Choice of Milk
Blueberry Muffin 12 with Graham Crackers Pear Assorted Cereal Bars Assorted Pop Tarts 100% Apple Juice Choice of Milk	Egg and Cheese 13 on a Bagel Apple Assorted Cereal Assorted Pop Tarts 100% Fruit Punch Choice of Milk	Vanilla Yogurt 14 with Goldfish Grahams Banana Assorted Cereal Bars Assorted Pop Tarts 100% Sunrise Blend Juice Choice of Milk	Confetti Pancakes 15 with Syrup Oranges Assorted Cereal Assorted Pop Tarts 100% Fruit Punch Choice of Milk	WG Bagel 16 with Cream Cheese Apple Slices Assorted Cereal Bars Assorted Pop Tarts 100% Apple Juice Choice of Milk
Banana Muffin 19 with Graham Crackers Pear Assorted Cereal Bars Assorted Pop Tarts 100% Apple Juice Choice of Milk	Pancake Sausage 20 on a Stick Apple Assorted Cereal Assorted Pop Tarts 100% Fruit Punch Choice of Milk	Strawberry Yogurt 21 with Goldfish Grahams Banana Assorted Cereal Bars Assorted Pop Tarts 100% Sunrise Blend Juice Choice of Milk	Mini Maple Pancakes 22 with Syrup Oranges Assorted Cereal Assorted Pop Tarts 100% Fruit Punch Choice of Milk	Blueberry Bread 23 Apple Slices Assorted Cereal Assorted Pop Tarts 100% Apple Juice Choice of Milk
Chocolate Chip Muffin 26 with Graham Crackers Pear Assorted Cereal Bars Assorted Pop Tarts 100% Apple Juice Choice of Milk	Egg and Cheese 27 on a Croissant Apple Assorted Cereal Assorted Pop Tarts 100% Fruit Punch Choice of Milk	Vanilla Yogurt 28 with Goldfish Grahams Banana Assorted Cereal Bars Assorted Pop Tarts 100% Sunrise Blend Juice Choice of Milk	Mini Eggo Waffles 29 with Syrup Oranges Assorted Cereal Assorted Pop Tarts 100% Fruit Punch Choice of Milk	WG Bagel 30 with Cream Cheese Apple Slices Assorted Cereal Assorted Pop Tarts 100% Apple Juice Choice of Milk

Your Dining Services Team

Rose Levan
General Manager
(610) 861.8135 ext.37714
rose.levan@metzcorp.com



Breakfast Prices

Student	Free
Adult	\$3.00

MAKE IT A MEAL!

Choose at least 3 of 4 meal components for the school breakfast price:
Whole Grain, Meat/M meal Alternative, Fruit/Vegetable, Milk

A minimum 1/2 cup serving of fruit or vegetable must accompany a breakfast.

Milk Selection

1% White Milk
Skim Milk
Fat Free Chocolate Milk

Available Daily

Fruit Selection

Seasonal Fresh Fruits:

Apples, Bananas, Pears, Oranges, Strawberries, Blueberries, Tangerines, Grapes, Melons

Canned Fruits in light Syrup:

Mixed Fruit, Peaches, Pears, Applesauce, Apple Slices, Pineapple, Mandarin Oranges

100% Juice: Apple, Grape, Orange, Fruit Punch

Now Hiring

Part-time dining service substitutes with potential for permanent positions.

For more information please contact Rose Levan at 610.861.8135 Ext. 37714

or

rlevan@basdschools.org



Metz
CULINARY MANAGEMENT
ENVIRONMENTAL SERVICES

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.