

HIGH SCHOOL LUNCH MENU

OCTOBER 2026



BETHLEHEM
AREA SCHOOL DISTRICT
DINING SERVICES



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Ravioli with Marinara
with Garlic knot
or
Hot Ham & Cheese
on a Pretzel
Feature Veggies
Potato Wedges
Cucumber Slices
Choice of Milk

Baked Mac & Cheese
with Dinner Roll
or
Chicken and Cheese
Quesadilla
Feature Veggies
Steamed Broccoli
Garden Chickpea Salad
Choice of Milk

Jalapeno Popper Dog
on WG Roll
or
Hot Honey Chicken
Slider on a biscuit
Feature Veggies
Mixed Vegetables
Celery Sticks
Choice of Milk

Birria Beef Nachos
with Tostito Rounds
or
Bosco Cheese Stick
with Marinara
Feature Veggies
Seasoned Black Beans
Apple Cider Slaw
Choice of Milk

Chicken with Waffle Sticks
or
Bacon Cheeseburger
with Clark Sauce
Feature Veggies
French Fries
Broccoli Salad with Ranch
Choice of Milk

Chicken Alfredo
with WG Garlic Bread
or
Patty Melt on Bread
Feature Veggies
Lemon and Parm Broccoli
Bruschetta
Choice of Milk

Dunker Chicken Drumstick
or
Cheeseburger Flatbread
Feature Veggies
Buttered Corn
Garden Salad
Choice of Milk

Toasted Cheese Sandwich
or
Chicken BLT Sandwich
Feature Veggies
Tomato Soup
Baby Carrots
Choice of Milk

Nachos Grande
with Tortilla Chips
or
Bacon Cheddar Pierogies
Feature Veggies
Fire Roasted Corn
Pico De Gallo
Choice of Milk

**HALF DAY
NO LUNCH**



General Tso's
with Vegetable Rice
or
Mozzarella Sticks
with Marinara
Feature Veggies
Steamed Broccoli
Asian Cucumber Salad
Choice of Milk

Juice Rush Cups with all lunches
Popcorn Mash Potato Bowl
or
Cheese Steak on WG Roll
Feature Veggies
Buttered Corn
Broccoli Salad
Choice of Milk

Italian Meatball and Cheese
on Toasted Baguette
or
Mini Corn Dogs
Feature Veggies
Mixed Vegetable
Tomato and Mozzarella Salad
Choice of Milk

Beef Walking Tacos
with Doritos
Feature Veggies
Buttered Corn
Black Bean and Corn Salsa
Choice of Milk

Dutch Waffles
with Sausage Links
or
Grilled Ham and Cheese
Feature Veggies
Tri Taters
Sliced Cucumbers
Choice of Milk

Chicken Parm over
Spaghetti w/ Garlic Bread
or
Cowboy Burger
Feature Veggies
French Fries
Baby Carrots
Choice of Milk

Cheeseburger Tot Bowl
or
Ranchero Jack Chicken
Toaster Sandwich
Feature Veggies
Buttered Corn
Strawberry Spinach Salad
Choice of Milk

Asian Sesame Chicken
with Fried Rice
or
Cheesy Pizza Crunchers
with Marinara
Feature Veggies
Steamed Broccoli
Apple Cider Slaw
Choice of Milk

Buffalo Chicken Dip
or
Chicken Nuggets
with Pretzel Stick
Feature Veggies
Glazed Carrots
Cucumber Slices
Choice of Milk

**HALF DAY
NO LUNCH**



Boneless Wing Bar
with Choice of Sauce
or
Pulled Pork Sandwich
Feature Veggies
Sidewinder Fries
Tomato Mozzarella Salad
Choice of Milk

Cookie served with lunch
Pepper Steak Bowl
over Noodles
or
Buffalo Chicken Cheesesteak
Feature Veggies
Steamed Broccoli
Baby Carrots
Choice of Milk

Your Dining Services Team

Rose Levan
General Manager
(610) 861.8135 ext.37714
rose.levan@metzcorp.com



Lunch Prices

Student \$2.85
Adult \$4.85

MAKE IT A MEAL!

Choose at least 3 of 5 meal components
for the school lunch price:
Meat/Meat Alternative, Whole Grain,
Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or
vegetable must accompany a lunch.

Available Daily

Pizza- Cheese and Pepperoni,
Specialty
Grill- Hamburger Cheeseburger,
Chicken Sandwich, Spicy Chicken
Sandwich
Chef Fresh - Assorted Homemade
Wraps, Sandwiches, Salads and
Craveables

Fruit & Veggie Selection

Choice of Vegetable
Hot Vegetable, Leafy Salad, Composed
Bean Salad, Seasonal Fresh Vegetables
Choice of Fruit
Seasonal Fresh Fruits, Canned Fruits in
Light Syrup

Students may choose two ½ cup
servings.

Milk Selection

1% White Milk
Skim Milk
Fat Free Chocolate Milk

Now Hiring

Part-time dining service
substitutes with potential for
permanent positions.

For more information please
contact Rose Levan at
610.861.8135 Ext. 37714
or

rlevan@basdschools.org



Metz
CULINARY MANAGEMENT
ENVIRONMENTAL SERVICES

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.