

MIDDLE SCHOOL LUNCH MENU

OCTOBER 2026



BETHLEHEM
AREA SCHOOL DISTRICT
DINING SERVICES



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Hot Honey Chicken
Slider on a biscuit
Feature Veggies
Mixed Vegetables
Celery Sticks
Choice of Milk

Birria Beef Nachos
with Tostito Rounds
Feature Veggies
Seasoned Black Beans
Apple Cider Slaw
Choice of Milk

Bacon Cheeseburger
with Clark Sauce
Feature Veggies
Baked Fries
Broccoli Salad with Ranch
Choice of Milk

Hot Ham & Cheese
on a Pretzel
Feature Veggies
Potato Wedges
Cucumber Slices
Choice of Milk

Baked Mac & Cheese
with Dinner Roll
Feature Veggies
Steamed Broccoli
Garden Chickpea Salad
Choice of Milk

Toasted Cheese and Tomato
Sandwich
Feature Veggies
Tomato Soup
Baby Carrots
Choice of Milk

Nachos Grande
with Tortilla Chips
Feature Veggies
Fire Roasted Corn
Pico De Gallo
Choice of Milk

**HALF DAY
NO LUNCH**



General Tso's
with Vegetable Rice
Feature Veggies
Steamed Broccoli
Asian Cucumber Salad
Choice of Milk

Juice Rush Cups with all lunches
Popcorn Mash Potato Bowl
Feature Veggies
Buttered Corn
Broccoli Salad
Choice of Milk

Italian Meatball and Cheese
on Toasted Baguette
Feature Veggies
Mixed Vegetable
Tomato and Mozzarella Salad
Choice of Milk

Beef Walking Tacos
with Doritos
Feature Veggies
Buttered Corn
Black Bean and Corn Salsa
Choice of Milk

Dutch Waffles
with Sausage Links
Feature Veggies
Tri Taters
Sliced Cucumbers
Choice of Milk

Cowboy Burger
on WG Bun
Feature Veggies
Baked Fries
Baby Carrots
Choice of Milk

Cheeseburger Tot Bowl
Feature Veggies
Steamed Broccoli
Strawberry Spinach Salad
Choice of Milk

Cheesy Pizza Crunchers
with Marinara
Feature Veggies
Glazed Carrots
Caesar Side Salad
Choice of Milk

Buffalo Chicken Dip
Feature Veggies
Lemon Parm Broccoli
Baby Carrots
Choice of Milk

**HALF DAY
NO LUNCH**



Boneless Wing Bar
Feature Veggies
Sidewinder Fries
Tomato Mozzarella Salad
Choice of Milk

Cookie served with lunch
Pepper Steak Bowl
over Noodles
Feature Veggies
Buttered Corn
Baby Carrots
Choice of Milk

Your Dining Services Team
Rose Levan
General Manager
(610) 861.8135 ext.37714
rose.levan@metzcorp.com



Lunch Prices

Student \$2.85
Adult \$4.85

MAKE IT A MEAL!

Choose at least 3 of 5 meal components
for the school lunch price:
Meat/Meat Alternative, Whole Grain,
Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or
vegetable must accompany a lunch.

Available Daily

Pizza- Cheese and Pepperoni,
Specialty
Grill- Hamburger Cheeseburger,
Chicken Sandwich, Spicy Chicken
Sandwich
Chef Fresh - Assorted Homemade
Wraps, Sandwiches, Salads and
Craveables

Fruit & Veggie Selection

Choice of Vegetable
Hot Vegetable, Leafy Salad, Composed
Bean Salad, Seasonal Fresh Vegetables
Choice of Fruit
Seasonal Fresh Fruits, Canned Fruits in
Light Syrup

Students may choose two ½ cup
servings.

Milk Selection

1% White Milk
Skim Milk
Fat Free Chocolate Milk

Now Hiring

Part-time dining service
substitutes with potential for
permanent positions.

For more information please
contact Rose Levan at
610.861.8135 Ext. 37714
or
rlevan@basdschools.org



Metz
CULINARY MANAGEMENT
ENVIRONMENTAL SERVICES

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.