

OCTOBER 2026



BETHLEHEM
AREA SCHOOL DISTRICT
DINING SERVICES

EAT SMART BE SMART



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

			1. Chicken Alfredo with Garlic Bread 2. Italian Craveable Feature Veggies Steamed Broccoli Garden Chickpea Salad Choice of Milk	1. French Bread Pizza 2. Chicken Nuggets with Dinner Roll Feature Veggies Buttered Corn Cucumber Slices Choice of Milk
1. General Tso's Chicken with Fried Rice 2. Cheeseburger Feature Veggies Steamed Broccoli Baby Carrots Choice of Milk	1. Chicken and Cheese Quesadilla 2. Bread Stick Craveable Feature Veggies Ranchero Carrots Red Pepper Strips Choice of Milk	1. French Toast Sticks with Turkey Sausage 2. Bread Stick Craveable Feature Veggies Tri Tater Cucumber Slices Choice of Milk	1. Cheese Ravioli with Marinara Sauce 2. Bread Stick Craveable Feature Veggies Mixed Vegetables Broccoli Salad Choice of Milk	1. Big Daddy's Cheese Pizza 2. Corn Dog Feature Veggies Buttered Corn Celery Sticks Choice of Milk
1. Chicken Nuggets with Goldfish 2. Hamburger on WG Bun Feature Veggies Buttered Corn Garden Salad Choice of Milk	1. Beef Nachos 2. Italian Craveable Feature Veggies Steamed Broccoli Baby Carrots Choice of Milk	HALF DAY NO LUNCH 	1. Dutch Waffles with Turkey Sausage 2. Italian Craveable Feature Veggies Glazed Carrots Broccoli Salad Choice of Milk	<i>Juice Rush Cups with all lunches</i> 1. Big Daddy's Cheese Pizza 2. Corn Dog Feature Veggies Mixed Vegetables Cole Slaw Choice of Milk
1. Hot Dog on WG Roll 2. Pizza Crunchers with Marinara Sauce Feature Veggies BBQ Baked Beans Red Peppers strips Choice of Milk	1. Chicken Walking Tacos 2. Turkey and Cheese Craveable Feature Veggies Buttered Carrots Celery Sticks Choice of Milk	1. French Toast Sticks with Turkey Sausage 2. Turkey and Cheese Craveable Feature Veggies Tri Tater Cucumber Salad Choice of Milk	1. Macaroni and Cheese with Dinner Roll 2. Turkey and Cheese Craveable Feature Veggies Steamed Broccoli Caesar Salad Choice of Milk	1. Galaxy Cheese Pizza 2. Buffalo Chicken Dip Feature Veggies Buttered Corn Baby Carrots Choice of Milk
1. Chicken Tenders with Goldfish Crackers 2. Cheesesteak on a Roll Feature Veggies Smiley Fries Baby Carrots Choice of Milk	1. Beef Walking Tacos 2. Garden Salad Entree Feature Veggies Seasoned Black Beans Grape Tomatoes Choice of Milk	1. Mini Waffles with Turkey Sausage 2. Garden Salad Entree Feature Veggies Tri Tater Broccoli Salad Choice of Milk	1. Baked Ziti with Garlic Bread 2. Garden Salad Entree Feature Veggies Buttered Carrots Caesar Salad Choice of Milk	<i>Cookie served with lunch</i> 1. Big Daddy's Cheese Pizza 2. Cheeseburger on WG Bun Feature Veggies Buttered Corn Cole Slaw Choice of Milk

Your Dining Services Team

Rose Levan
General Manager
(610) 861.8135 ext.37714
rose.levan@metzcorp.com



Lunch Prices

Student \$2.65
Adult \$4.85

MAKE IT A MEAL!

Choose at least 3 of 5 meal components for the school lunch price:
Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a lunch.

Daily Alternates

3. PB&J Craveable
4. Soft Pretzel Craveable

Fruit & Veggie Selection

Choice of Vegetable

Hot Vegetable, Leafy Salad, Composed Bean Salad, Seasonal Fresh Vegetables

Choice of Fruit

Seasonal Fresh Fruits, Canned Fruits in Light Syrup

Students may choose two ½ cup servings.

Milk Selection

1% White Milk
Skim Milk
Fat Free Chocolate Milk

Now Hiring

Part-time dining service substitutes with potential for permanent positions.

For more information please contact Rose Levan at 610.861.8135 Ext. 37714 or

rlevan@basdschools.org



Metz
CULINARY MANAGEMENT
ENVIRONMENTAL SERVICES