

October

Logos School

FOOD IN FOCUS



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Did you know?

The largest pumpkin ever grown weighed 1,140 pounds!

Baked Pork Steak
Smothered Potatoes
Veggies

1

NO
SCHOOL

2

NO
SCHOOL

5

Chicken or Steak
Fajita
White Rice
Veggies

6

Meatballs
Macaroni & Cheese
Veggies

7

Spaghetti Pasta
Garlic Bread
Veggies

8

NO
SCHOOL

9

Meatball or Turkey
Melt
Soup
Veggies

12

Beef Brisket
Mashed Potatoes
Veggies

13

Chicken Wrap
Potato Chips
Veggies
Cookies

14

Baked Chicken
Pot Pie
Biscuit

15

Fish
French Fries
Hush Puppies
Dinner Roll

16

Baked Chicken Leg
Golden French Fries
Fresh Veggies with Dip
Mandarin Oranges

19

Taco Tuesday
Rice
Veggies

20

Chicken Parmesan
Plain Noodles
Veggies

21

Fish Sandwich
Rosemary Potatoes
Veggies

22

2 Toasted Raviolis
2 Mini Tacos
2 Chicken Strips
2 Onion Rings

23

Salisbury Steaks
Rice
Veggies
Cornbread

26

Chicken Nuggets
Mashed Potatoes
Veggies

27

Hot Dog on a Bun
Potato Chips
Potato Salad
Brownie

28

Macho Nachos
Rice
Veggies

29

PAPA JOHNS PIZZA
Boneless Wings

30

SECOND ENTRÉE OPTION:

MON: GRILLED CHEESE SAND.

TUE: CHEESE BOSCO STICK

WED: PRETZEL

THU: HAMBURGER

FRI: TURKEY SANDWICH

Gluten-Free, Vegetarian and Vegan
Options are Available

Peanut Butter/Jelly, and/or Deli
Sandwiches are Available

Soup and/or Salad, and Fountain
Drink Comes with Lunch

MENU IS SUBJECT TO CHANGE

Contacts

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Dietary/allergy questions lisa@foodserv.org

For more information about FSC or
employment opportunities, please go to
www.foodserviceconsultants.org