

October 2026

Niagara Falls City School District Elementary Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Hot Dog Monday		Pasta Wednesday	Pizza Thursday	Veg of the Month
			1	Cabbage 2
			Pepperoni Pizza	Cheeseburger
			Lettuce & Tom Salad	Oven Crisp Fries
			Bagged Carrots	Cabbage
			Fresh Fruit	Fresh Fruit -Apple
			NYS Milk Choice	NYS Milk Choice
5	6	Dinner Roll 7	8	9
Corn Dog	Nacho Grande	Pasta	Pepperoni Pizza	Chicken Nuggets
Oven Crisp Fries	Beef - (paper boats)	W/Meat Sauce	Lettuce & Tom Salad	Potato Wedges
Mixed Veg Blend	Corn & Black Beans	Green Beans	Bagged Carrots	Cabbage
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
NYS Milk Choice	NYS Milk Choice	NYS Milk Choice	NYS Milk Choice	NYS Milk Choice
w/g roll 12	13	Dinner Roll 14	15	16
Hot Dog W/G Bun	Chicken Patty	Pasta Alfredo	Pepperoni Pizza	Pizza Crunchers
Tator Tots	Brown Rice	w/ Diced Chicken	Lettuce & Tom Salad	Oven Crisp Fries
Green Beans	Buttered Carrots	Mixed Vegetable	Bagged Carrots	Cabbage
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
NYS Milk Choice	NYS Milk Choice	NYS Milk Choice	NYS Milk Choice	NYS Milk Choice
19	20	Dinner Roll 21	22	w/g roll 23
Corn Dog	Taco Bowl	Pasta	Pepperoni Pizza	Hamburger w/g Bun
Oven Crisp Fries	Corn & Black Beans	W/Meat Sauce	Lettuce & Tom Salad	Tator Tots
Mixed Veg Blend	Lettuce & Tomato	Green Beans	Bagged Carrots	Cabbage
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
NYS Milk Choice	NYS Milk Choice	NYS Milk Choice	NYS Milk Choice	NYS Milk Choice
w/g roll 26	27	Dinner Roll 28	29	30
Hot Dog W/G Bun	Sweet & Sour Chicken	Spaghetti	Chicken Nuggets	Pizza Crunchers
Tator Tots	w/mixed veg over Rice	w/ Bolognese Sauce	Potato Wedges	Oven Crisp Fries
Green Beans	Buttered Corn	Buttered Carrots	Mixed Veg Blend	Cabbage
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Chilled Fruit
NYS Milk Choice	NYS Milk Choice	NYS Milk Choice	NYS Milk Choice	NYS Milk Choice

October Vegetable of the Month - Cabbage - served every Friday

Menu subject to change

* Milk includes 1%, fat free & flavored fat free

* All bread items are whole wheat or whole grain

* Under the Community Eligibility Provision of the USDA, All NFCSD Students receive a meal at no charge for both Breakfast and Lunch

October 2026 Halal Menu

Niagara Falls City School District Elementary Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Hot Dog Monday		Pasta Wednesday	Pizza Thursday	Veg of the Month
			1	Cabbage 2
			Pepperoni Pizza	Cheeseburger
			Lettuce & Tom Salad	Oven Crisp Fries
			Bagged Carrots	Cabbage
			Fresh Fruit	Fresh Fruit -Apple
			NYS Milk Choice	NYS Milk Choice
5	6	Dinner Roll 7	8	9
Corn Dog	Nacho / Veggie	Baked Pasta	Cheese Pizza	Chicken Nuggets
Oven Crisp Fries	(paper boats)	w/Mozz Cheese	Lettuce & Tom Salad	Potato Wedges
Mixed Veg Blend	Corn & Black Beans	Green Beans	Bagged Carrots	Cabbage
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
NYS Milk Choice	NYS Milk Choice	NYS Milk Choice	NYS Milk Choice	NYS Milk Choice
w/g roll 12	13	Dinner Roll 14	15	16
Hot Dog W/G Bun	Chicken Patty	Pasta Alfredo	Cheese Pizza	Pizza Crunchers
Tator Tots	Brown Rice	w/ Diced Chicken	Lettuce & Tom Salad	Oven Crisp Fries
Green Beans	Buttered Carrots	Mixed Vegetable	Bagged Carrots	Cabbage
Fresh Fruit	Chilled Fruit	Fresh Fruit	Chilled Fruit	Chilled Fruit
NYS Milk Choice	NYS Milk Choice	NYS Milk Choice	NYS Milk Choice	NYS Milk Choice
19	20	Dinner Roll 21	22	w/g roll 23
Corn Dog	Veggie Taco Bowl	Pasta	Cheese Pizza	Gardenburger W/G Bun
Oven Crisp Fries	Corn & Black Beans	w/ Marinara Sauce	Lettuce & Tom Salad	Tator Tots
Mixed Veg Blend	Lettuce & Tomato	Green Beans	Bagged Carrots	Cabbage
Fresh Fruit	Fresh Fruit	Chilled Fruit	Chilled Fruit	Chilled Fruit
NYS Milk Choice	NYS Milk Choice	NYS Milk Choice	NYS Milk Choice	NYS Milk Choice
w/g roll 26	27	Dinner Roll 28	29	30
Hot Dog W/G Bun	Sweet & Sour Chicken	Spaghetti	Chicken Nuggets	Pizza Crunchers
Tator Tots	w/mixed veg over Rice	w/ Marinara Sauce	Potato Wedges	Oven Crisp Fries
Green Beans	Buttered Corn	Buttered Carrots	Mixed Veg Blend	Cabbage
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Chilled Fruit
NYS Milk Choice	NYS Milk Choice	NYS Milk Choice	NYS Milk Choice	NYS Milk Choice

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