



Rockwall

INDEPENDENT SCHOOL DISTRICT

ROCKWALL INDEPENDENT SCHOOL DISTRICT SCHOOL HEALTH ADVISORY COUNCIL (SHAC)

Date: September 30, 2026 Time: 5:00 PM
Rockwall ISD Administration Office
1050 Williams Street, Rockwall, TX 75087

AGENDA

1. Call to Order Nichól Smithers called the meeting to order at 5:05pm and began recording.
2. Public Comments - none
3. Welcome Thirteen SHAC members were present: Debra Axum, Farah Brabson, Daysha Crain, Sarah Francisco, Mindy Lee, Karen Lindsay, Leslie Riggs, Rebecca Stuart, Gwendolyn Williams, Besty Wooldridge, Nichól Smithers, Dr. Kelvin Stroy, Kevin Samples, Janice Longino
4. Overview of SHAC Duties Nichól Smithers presented an overview of SHAC duties and requirements. Members were provided copies of Board policies: BDF(LEGAL/LOCAL) which specify requirements for SHAC meetings, composition and annual report to the Board of Trustees; EHAA(LEGAL/LOCAL) which specify SHAC's role in providing local community values to the district's health education instruction; and
5. Parent Co-Chair Selection -Requirement for parent co-chair was discussed. A motion was made by Sarah Francisco for Leslie Riggs to serve as the parent co-chair, second by Kevin Samples. The motion passed unanimously.
6. Triennial Assessment of the Local Wellness Plan -Members were provided a copy of FFA(LOCAL) which specifies the district's local wellness goals, requirements for a local wellness plan, and federal requirements for the triennial assessment of the wellness goals and plan. Betsy Wooldridge discussed the importance of the district's wellness goals and plan for the 5-year administrative assessment conducted by the state.
7. Questions from the Council, Future Topics or Discussions Questions were asked about current district programs that relate to the SHAC. Janice Longino shared physical education programs related to wellness, including Kids Teaching Kids, 21-day Snacking Challenge, and 21-day Snacking Challenge at Work for employees. Nichól Smithers reviewed the accomplishments for the 2025-26 SHAC report to the Board, including that the Boys and Girls Club Esteem curriculum was approved by the Board of Trustees. Kevin Samples answered questions about Esteem implementation. Nichól Smithers reviewed past SHAC contributions regarding Health Services programs, Children's Health School-Based Telehealth program and unassigned medication for respiratory distress.
8. Adjourn The meeting adjourned at 5:34pm.

Administration / Education Center

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