# October Lunch Menu 2026

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| | | | 1<br>Yogurt and Granola Bento Box<br>Breaded Steak Nuggets<br>Dinner Roll<br>Garlic Broccoli<br>Smashed Potaotes<br>Fruit | 2<br>Chef Salad Bento Box<br>Pizza Dippers<br>Marinara Sauce<br>Side Salad<br>Fruit |
| 5 | 6 | 7 | 8 | 9 |
| 12<br>Nacho Bento Box<br>Cheeseburger<br>Emoji Fries<br>Lettuce, Tomato and Pickle<br>Fruit | 13<br>Lunchable Bento Box<br>Grilled Cheese<br>Seasoned Pinto Beans<br>Tomato Soup<br>Fruit | 14<br>Soybutter Bento Box<br>Spaghetti with Meat Sauce<br>Garlic Knot<br>Italian Carrots<br>Side Salad<br>Fruit | 15<br>Yogurt and Granola Bento Box<br>Chicken Tenders<br>Waffle Sticks<br>Roasted Zucchini<br>Smashed Potatoes<br>Fruit | 16<br>Chef Salad Bento Box<br>Cheesy Garlic French Bread<br>Side Salad<br>Veggie Cup<br>Fruit |
| 19<br>Nacho Bento Box<br>Chicken Sandwich<br>Seasoned Black Eyed Peas<br>Sweet Potato Fries<br>Fruit | 20<br>Lunchable Bento Box<br>Beef Soft Taco<br>Refried Beans<br>Street Corn<br>Fruit | 21<br>Soybutter Bento Box<br>Cheese Stuffed Shells<br>Garlic Knot<br>Italian Carrots<br>Roasted Cauliflower<br>Fruit | 22<br>Yogurt and Granola Bento Box<br>Oven Fried Drumstick<br>Wheat Dinner Roll<br>Seasoned Greens Beans<br>Cheesy Garlic Mashed Potatoes<br>Fruit | 23<br>Chef Salad Bento Box<br>Loaded Baked Potato<br>Dinner Roll<br>Broccoli and Cheese<br>Fruit |
| 26<br>Nacho Bento Box<br>Steak Fritter Sliders<br>Roasted Brussel Sprouts<br>Seasoned White Beans<br>Fruit | 27<br>Lunchable Bento Box<br>Corn dog<br>Baked Beans<br>Broccoli and Cheese<br>Fruit | 28<br>Student Choice Day | 29<br>Yogurt and Granola Bento Box<br>Chicken Nuggets<br>Wheat Dinner Roll<br>Seasoned Greens Beans<br>Sweet Potatoes<br>Fruit | 30<br>Chef Salad Bento Box<br>Turkey Sausage<br>French Toast<br>Hasbrown Rounds<br>Wango Mango Veggie Juice<br>Fruit |

# October Breakfast Menu 2026

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| | | | 1<br>French Toast Sticks<br>Greek Yogurt<br>Orange Juice<br>Red Grape & Cantaloupe<br>Milk | 2<br>Strawberry Pancake Puffs<br>Greek Yogurt<br>Strawberry Kiwi Juice<br>Grape Giggles<br>Milk |
| 5 | 6 | 7 | 8 | 9 |
| 12<br>Cinnamon Crumb Loaf<br>Greek Yogurt<br>Grape Juice<br>Applesauce<br>Milk | 13<br>Blueberry Waffle<br>Greek Yogurt<br>Apple Juice<br>Peach Cup<br>Milk | 14<br>Yogurt and Granola<br>Greek Yogurt<br>Fruit Punch Juice<br>Strawberry Craisins<br>Milk | 15<br>Biscuit and Jelly<br>Greek Yogurt<br>Orange Juice<br>Red Grape & Cantaloupe<br>Milk | 16<br>Trix Bowl<br>Greek Yogurt<br>Strawberry Kiwi Juice<br>Grape Giggles<br>Milk |
| 19<br>Cocoa Bread<br>Greek Yogurt<br>Grape Juice<br>Applesauce<br>Milk | 20<br>Sweet Potato Swirl<br>Greek Yogurt<br>Apple Juice<br>Peach Cup<br>Milk | 21<br>Confetti Pancakes<br>Greek Yogurt<br>Fruit Punch Juice<br>Apple Grins<br>Milk | 22<br>Chicken Biscuit<br>Greek Yogurt<br>Orange Juice<br>Red Grape & Cantaloupe<br>Milk | 23<br>Pancake Sandwich<br>Greek Yogurt<br>Strawberry Kiwi Juice<br>Grape Giggles<br>Milk |
| 26<br>Banana Bread<br>Greek Yogurt<br>Grape Juice<br>Applesauce<br>Milk | 27<br>Blueberry Muffin<br>Greek Yogurt<br>Apple Juice<br>Peach Cup<br>Milk | 28<br>Maple Waffle<br>Greek Yogurt<br>Fruit Punch Juice<br>Apple Grins<br>Milk | 29<br>Raspberry Swirl<br>Greek Yogurt<br>Orange Juice<br>Red Grape & Cantaloupe<br>Milk | 30<br>Cinnamon Toast Crunch<br>Greek Yogurt<br>Strawberry Kiwi Juice<br>Grape Giggles<br>Milk |