

Craft your ideal eye care experience

Discover what your vision plan covers and how to get the best value for your needs

United Healthcare

See what's covered

Eye exam

Your plan includes a fully covered exam, subject to a copayment.

Your plan uses the UnitedHealthcare Vision Network. You'll get the most value from your coverage when you see any provider in this large, national network of optometrists and ophthalmologists, including both local doctors and well-known retail providers. Find a provider at **myuhcvision.com.**

Frame allowance*

When you use a network provider, you can spend a frame allowance to help buy any frame your eye doctor offers. You get a discount on any cost over the allowance amount.

Contact lens benefit*

You may have coverage for a fitting and follow-up visits depending on your plan design and lens choice. Sign in to **myuhcvision.com** to learn more about your specific benefit.

Lens options*

Popular lens options like UV protection or anti-reflective coating are available to you at price-protected amounts. Plus, standard scratch coating and polycarbonate lenses for dependent children are available at no cost.

Additional pairs of glasses*

Receive a 20% discount on additional pairs of eyeglasses, including prescription sunglasses.

*Plans may vary. Check your coverage at **myuhcvision.com** to verify benefits. Non-covered services and discounts may not be available from all providers. Please confirm cost and coverage with your provider before making your purchase.

Learn more

Sign in to myuhcvision.com

Get 24/7 access to details about your vision plan—including savings and discounts—and monthly vision health and wellness content.

Sign in to myuhc.com®

If you have a UnitedHealthcare health plan, you can access your vision and health plan benefits here by following these steps:

- Sign in to **myuhc.com**
- Go to **Coverage & Benefits**
- Scroll down to **Vision**
- Select **View vision plan**

Call toll-free
1-800-638-3120, TTY **711**

If you don't have computer access or need language assistance or other help, call us Monday through Friday, 7 a.m. to 10 p.m. CT, or Saturday, 8 a.m. to 5:30 p.m. CT.



Take steps to protect your eyes — and your overall health

1 Find an eye doctor in the network

When it comes to shopping for eye care, you've got plenty of choices. The UnitedHealthcare Vision Network has over 165,000 access points for care nationally, from local doctors around the corner to well-known retail chains or specialty online retailers.*

Visit www.uhc.com/find-a-doctor to look up a network vision provider

2 Schedule your eye exam

Regular visits to an eye doctor can help keep your eyes healthy and improve your overall health.

Get a complete eye exam

A dilated exam lets your doctor look inside your eye and check your eye health. The exam can also show early signs of conditions like diabetes or high blood pressure, even before other parts of your body are affected. At your appointment, be sure to:

- Tell your doctor you have a UnitedHealthcare Vision plan
- Give your name and date of birth

You don't need your ID card to use your benefits. If you want an ID card, you can print it from your computer or save it to your mobile device at **myuhcvision.com.**

3 Discover more ways to save

Laser vision correction

Save up to 35% off the national average price of laser vision correction at more than 800 QualSight® LASIK locations nationwide.** Learn more at **myuhcvision.com.**

Contact lenses

Order contacts from major brands online to get 10% off your order and free shipping on orders $99 or more. Visit **uhccontacts.com** to get started.

Eyeglasses and sunglasses

Shop a wide variety of frames, lenses and coatings—some available at no additional cost. Try on new styles using the virtual mirror and access 24/7 customer support. Visit **uhcglasses.com.**

Hearing aids

Get preferred pricing on custom-programmed hearing aids, starting at $699 each, through UnitedHealthcare Hearing. Learn more at **myuhcvision.com.**

Blue-light-blocking filters

Save up to 20% off blue-light-blocking screen filters for select smartphones, tablets and laptops from Eyesafe. Learn more at **myuhcvision.com.**

Network retail locations include:

1800 contacts EXPRESS*** exam

America's Best Contacts & Eyeglasses

Costco Optical

Eyeglass World

For Eyes by GrandVision

GlassesUSA.com

LensCrafters

myeyedr.

Target Optical

sam's club

Visionworks

United Healthcare uhcglasses.com uhccontacts.com

Walmart

Warby Parker

*Not all providers participate in all plans. Check with your provider before using your benefits. Network snapshot report (internal report), 2023.

**Network location count as of October 2023.

***For virtual prescription renewal only. ExpressExam may not be available for all vision plans and is not in all states.

We do not treat members differently because of sex, age, race, color, disability or national origin. If you think you were treated unfairly because of your sex, age, race, color, disability or national origin, you can send a complaint to the Civil Rights Coordinator.

Online: UHC_Civil_Rights@uhc.com

Mail: Civil Rights Coordinator, UnitedHealthcare Civil Rights Grievance, P.O. Box 30608, Salt Lake City, UT 84130

You must send the complaint within 60 days of when you found out about it. A decision will be sent to you within 30 days. If you disagree with the decision, you have 15 days to ask us to look at it again.

If you need help with your complaint, please call the toll-free phone number listed on your ID card, TTY 711, Monday through Friday, 8 a.m. to 8 p.m.

You can also file a complaint with the U.S. Dept. of Health and Human Services.

Online: https://ocrportal.hhs.gov/ocr/portal/lobby.jsf

Complaint forms are available at **https://www.hhs.gov/sites/default/files/ocr-cr-complaint-form-package.pdf.**

Phone: Toll-free **1-800-368-1019, 1- 800-537-7697** (TDD)

Mail: U.S. Dept. of Health and Human Services, 200 Independence Avenue, SW Room 509F, HHH Building, Washington, DC 20201

We provide free services to help you communicate with us, such as letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call the toll-free phone number listed on your ID card, TTY 711, Monday through Friday, 8 a.m. to 8 p.m.

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Please call the toll-free phone number listed on your identification card.

ATENCIÓN: Si habla español (Spanish), hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al número de teléfono gratuito que aparece en su tarjeta de identificación.

請注意：如果您說中文 (Chinese)，我們免費為您提供語言協助服務。請撥打會員卡所列的免付費會員電話號碼。

XIN LƯU Ý: Nếu quý vị nói tiếng Việt (Vietnamese), quý vị sẽ được cung cấp dịch vụ trợ giúp về ngôn ngữ miễn phí. Vui lòng gọi số điện thoại miễn phí ở mặt sau thẻ hội viên của quý vị.

알림: 한국어(Korean)를 사용하시는 경우 언어 지원 서비스를 무료로 이용하실 수 있습니다. 귀하의 신분증 카드에 기재된 무료 회원 전화번호로 문의하십시오.

PAALALA: Kung nagsasalita ka ng Tagalog (Tagalog), may makukuha kang mga libreng serbisyo ng tulong sa wika. Pakitawagan ang toll-free na numero ng telepono na nasa iyong identification card.

ВНИМАНИЕ: бесплатные услуги перевода доступны для людей, чей родной язык является русском (Russian). Позвоните по бесплатному номеру телефона, указанному на вашей идентификационной карте.

تنبيه: إذا كنت تتحدث اللغة العربية (Arabic)، فإن خدمات المساعدة اللغوية المجانية متاحة لك. يُرجى الاتصال برقم الهاتف المجاني المدرج على بطاقة التعريف الخاصة بك.

ATANSYON: Si w pale Kreyòl ayisyen (Haitian Creole), ou kapab benefisye sèvis ki gratis pou ede w nan lang pa w. Tanpri rele nimewo gratis ki sou kat idantifikasyon w.

ATTENTION : Si vous parlez français (French), des services d'aide linguistique vous sont proposés gratuitement. Veuillez appeler le numéro de téléphone gratuit figurant sur votre carte d'identification.

UWAGA: Jeżeli mówisz po polsku (Polish), udostępniliśmy darmowe usługi tłumacza. Prosimy zadzwonić pod bezpłatny numer telefonu podany na karcie identyfikacyjnej.

ATENÇÃO: Se você fala português (Portuguese), contate o serviço de assistência de idiomas gratuito. Ligue gratuitamente para o número encontrado no seu cartão de identificação.

ATTENZIONE: in caso la lingua parlata sia l'italiano (Italian), sono disponibili servizi di assistenza linguistica gratuiti. Per favore chiamate il numero di telefono verde indicato sulla vostra tessera identificativa.

ACHTUNG: Falls Sie Deutsch (German) sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Bitte rufen Sie die gebührenfreie Rufnummer auf der Rückseite Ihres Mitgliedsausweises an.

注意事項：日本語 (Japanese) を話される場合、無料の言語支援サービスをご利用いただけます。健康保険証に記載されているフリーダイヤルにお電話ください。

توجه: اگر شما به زبان فارسی (Farsi) صحبت می کنید، خدمات ترجمه رایگان برای شما فراهم است. با شماره تلفن درج شده در پشت کارت شناسایی خود تماس بگیرید.

ध्यान दें: यदि आप हिंदी (Hindi) बोलते है, आपको भाषा सहायता सेवाएं, निःशुल्क उपलब्ध हैं। कृपया अपने पहचान पत्र पर सूचीबद्ध टोल-फ्री फोन नंबर पर कॉल करें।

CEEB TOOM: Yog koj hais Lus Hmoob (Hmong), muaj kev pab txhais lus pub dawb rau koj. Thov hu rau tus xov tooj hu deb dawb uas teev muaj nyob rau ntawm koj daim yuaj cim qhia tus kheej.

ចំណាប់អារម្មណ៍: បើសិនអ្នកនិយាយភាសាខ្មែរ (Khmer) សេវាជំនួយ ភាសាដោយឥតគិតថ្លៃ គឺមានសំរាប់អ្នក។ សូមទូរស័ព្ទទៅលេខឥតគិតថ្លៃ ដែលមាននៅលើអត្តសញ្ញាណប័ណ្ណរបស់អ្នក។

PAKDAAR: Nu saritaem ti Ilocano (Ilocano), ti serbisyo para ti baddang ti lengguahe nga awanan bayadna, ket sidadaan para kenyam. Maidawat nga awagan iti toll-free a numero ti telepono nga nakalista ayan iti identification card mo.

DÍÍ BAA'ÁKONÍNÍZIN: Diné (Navajo) bizaad bee yáníłti'go, saad bee áka'anída'awo'ígíí, t'áá jíík'eh, bee ná'ahóót'i'. T'áá shǫǫdí ninaaltsoos nitł'izí bee nééhozinígíí bine'dęę' t'áá jíík'ehgo béésh bee hane'í biká'ígíí bee hodíilnih.

OGOW: Haddii aad ku hadasho Soomaali (Somali), adeegyada taageerada luqadda, oo bilaash ah, ayaad heli kartaa. Fadlan wac lambarka telefonka khadka bilaashka ee ku yaalla kaarkaaga aqoonsiga.

Learn more

Call **1-800-638-3120,** TTY **711.** ¿Habla español? Podemos ayudar.
Visit **myuhcvision.com.**

United Healthcare

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The examples provided are for general knowledge purposes only and should not be interpreted as a preference or recommendation of any particular provider, brand or company. We encourage members to choose providers based on their individual needs and preferences.

UnitedHealthcare vision coverage provided by or through UnitedHealthcare Insurance Company, located in Hartford, Connecticut, UnitedHealthcare Insurance Company of New York, located in Islandia, New York, or their affiliates. Administrative services provided by Spectera, Inc., United HealthCare Services, Inc. or their affiliates. Plans sold in Texas use policy form number VPOL.06.TX , VPOL.13.TX or VPOL.18.TX and associated COC form number VCOC.INT.06.TX, VCOC.CER.13.TX or VCOC.18.TX . Plans sold in Virginia use policy form number VPOL.06.VA, VPOL.13.VA or VPOL.18.VA and associated COC form number VCOC.INT.06.VA, VCOC.CER.13.VA or VCOC.18.VA. This policy has exclusions, limitations and terms under which the policy may be continued in force or discontinued. For costs and complete details of the coverage, contact either your broker or the company.

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