

October 2026

**EAT SMART
BE SMART**



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Chicken & Mashed
Potato Bowl with Roll

Mashed Potatoes
Baby Carrots

Cheese Pizza

Veggie Salad

Daily Offerings: Chicken Nuggets w/ Goldfish | Taco Salad with Dinner Roll

Cheeseburger

Oven Fries
Baby Carrots

Chicken Nachos

Green Beans
Caesar Salad

Mozzarella Sticks w/ Marinara

Baked Beans
Green Pepper Strips

Toasted Cheese
Sandwich (V)

Tomato Soup
Corn Salad

Cheese Pizza

Veggie Salad

Daily Offerings: Chicken Nuggets w/ Goldfish | Taco Salad with Dinner Roll

SCHOOL CLOSED

Chicken & Cheese Quesadilla

Steamed Corn
Salsa

French Toast Sticks w/ Sausage

Steamed Broccoli
Carrot Sticks

Mini Corn Dogs

Fries
Salad

Cheese Pizza

Veggie Salad

Daily Offerings: Chicken Nuggets w/ Goldfish | Ham & Cheese Hoagie

Meat sauce over Penne with Breadstick

Tater Tots
Cucumber Slices

Beef Soft Tacos

Refried Beans
Lettuce & Tomato

Birthday Cake Mini Pancakes w/ Bacon

Glazed Carrots
Broccoli Salad

Max Pizza Dippers

Curly Fries
Slaw

Cheese Pizza

Veggie Salad

Daily Offerings: Chicken Nuggets w/ Goldfish | Cereal & Yogurt Meal

Indian Butter Chicken
over Brown Rice

Green Beans
Chickpea Salad

Walking Taco
with Pretzel Stick

Seasoned Black Beans
Garden Side Salad

Waffles w/ Cheese Omelet

Steamed Broccoli
Celery Sticks with Ranch

Toasted Turkey & Cheese
Sandwich

Sweet Peas

NO LUNCH SERVED

Daily Offerings: Chicken Nuggets w/ Goldfish | Bagel & Yogurt Meal

MAKE IT A MEAL!

Choose at least **3** of **5** meal components for the school lunch price:
Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a lunch.

Lunch Prices

Student \$3.30-3.85
Adult \$5.25

Available Daily

Uncrustable
Cereal & Yogurt Meal
Bagel & Yogurt Meal
Salad

Fruit & Veggie Selection

Students may choose two ½ cup servings.

Milk Selection

Your Dining Services Team

Neisey Vincent
Food Service Director
(609) 758-6800 ext. 1215
PLU@nsfm.com



(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free | (H) Halal

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

NUTRI-SERVE
FOOD MANAGEMENT, INC. by Metz