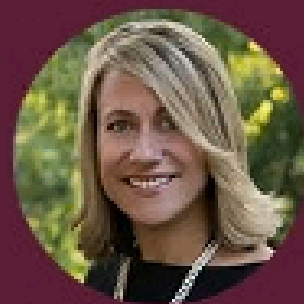
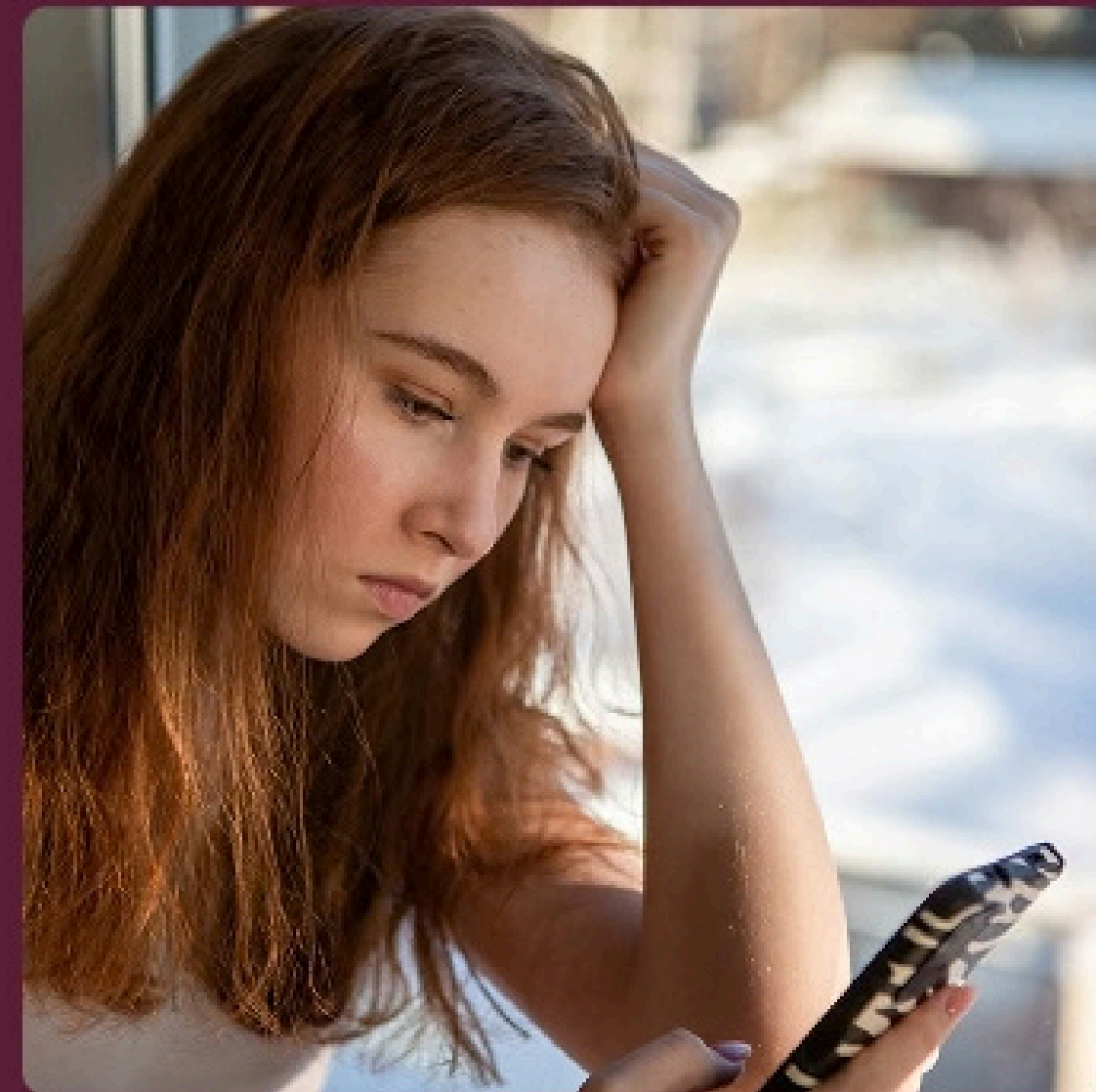


📅 Upcoming Webinar

Friend Drama, Group Chats, and Social Exclusion: What Parents Need to Know

| October 15, 2026 | 7pm ET

From friend drama and social exclusion to the pressures of group chats, today's social world can feel complicated for kids and exhausting for parents. In this webinar, we'll explore what children and teens need from the adults in their lives to navigate friendship challenges, build resilience, and maintain healthy relationships.



Phyllis Fagell, LCPC, is a licensed clinical professional counselor, school counselor, author, and nationally recognized expert on child and adolescent development. She is the author of *Middle School Matters* and a frequent contributor to *The Washington Post*. Phyllis helps parents and educators support children's social, emotional, and academic wellbeing.

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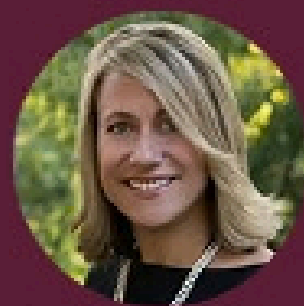
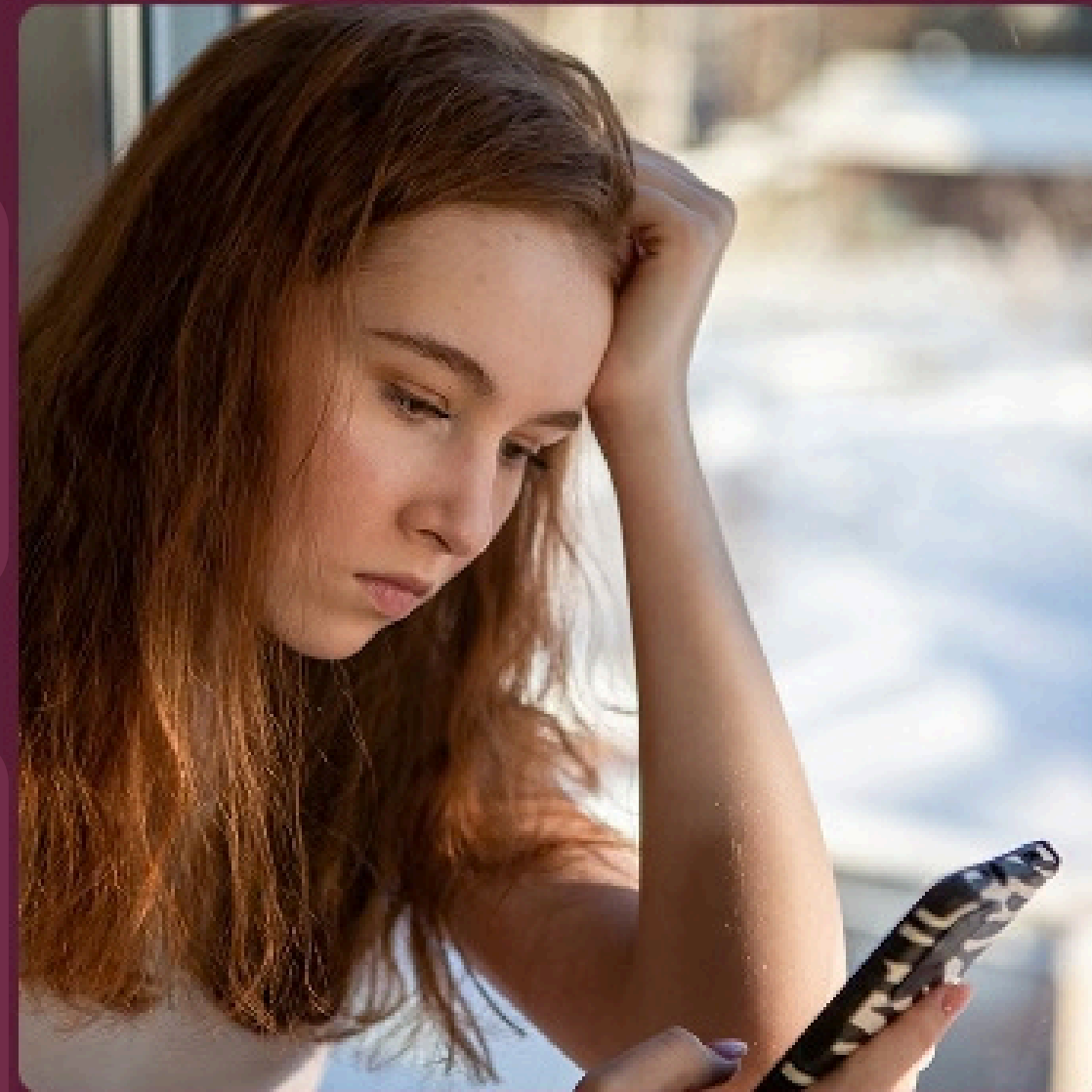
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 Upcoming Webinar

Dramas entre amigos. Chats grupales. Exclusión social. El mundo social que los niños navegan hoy es complicado — y agotador para los padres y madres también.

| October 15, 2026 | 7pm ET

Únase a Cartwheel, nuestro socio de salud mental virtual, y a la autora Phyllis Fagell, LCPC, en un seminario web gratuito sobre lo que los niños necesitan de los adultos en su vida para desarrollar resiliencia y relaciones saludables.



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