

ESCNJ-BBLC
Breakfast-K-8

October 1 - October 31



What's Cooking Today?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Fresh Pear-1 W/G Apple Jacks Cereal-1oz W/G Chocolate Loaf - 2oz. Milk-8 oz.	2 Diced Pear Cup - 1/2c. 100% Apple Juice - 4oz. W/G Superdonut - 1 Milk-8 oz.
5 Pineapple Cup - 1/2c 100% Apple Juice- 4oz.. W/G Special K Cereal-1oz. W/G Graham Crackers -3pk Milk-8 oz.	6 Peach Applesauce Cup-1/2 c. 100% Fruit Punch-4 oz. W/G Corn Flakes Cereal - 1oz. W/G Vanilla Bear Grahams-2pk Milk-8 oz.	7 Cherry Craisins -1/2c 100% Orange Tangerine Juice-4oz. W/G Cocoa Bread Slice -1 Milk-8 oz.	8 Fresh Orange - 1 W/G Honey Scooters Cereal -1oz. W/G Chocolate Loaf - 2oz. Milk-8 oz.	9 Mixed Fruit Cup -1/2c 100% Grape Juice - 4oz. W/G Cinnamon Poptarts -2pk Milk-8 oz.
12 Fresh Apple-1 W/G Fruit Loops Cereal-1 oz. W/G Blueberry Muffin-2oz. Milk-8 oz.	13 Fresh Pear - 1 W/G Toasted Oats Cereal -1oz. W/G Strawberry Breakfast Bar -1 Milk-8 oz.	14 Fresh Orange-1 W/G Cinnamon Raisin Bagel w/ Cream Cheese - 1 Milk-8 oz.	15 Watermelon Craisins -1/2c 100% Strawberry Kiwi Juice-4oz. W/G Raisin Bran Cereal-1oz W/G Corn Muffin- 2oz. Milk-8 oz.	16 Mixed Fruit Cup -1/2c 100% Apple Juice - 4oz. W/G Corn Chex Cereal -1oz. W/G Banana Muffin -2oz. Milk-8 oz.
19 Peach Applesauce Cup - 1/2c 100% Grape Juice - 4oz. W/G Corn Flakes Cereal -1oz. W/G Scooby Snacks-1 Milk-8 oz.	20 Fresh Orange-1 W/G Superdonut - 1 Milk-8 oz.	21 Applesauce Cup - 1/2c. 100% Apple Juice -4oz. W/G Multigrain Cheerios-1oz W/G Corn Muffin -2oz. Milk-8 oz.	22 Diced Peach Cup - 1/2c 100% Fruit Punch -4oz. W/G Raisin Bran Cereal-1oz W/G Chocolate Loaf - 2oz. Milk-8 oz.	23 Raspberry Lemonade Craisins-1/2c 100% Strawberry Kiwi Juice -4oz. W/G Croissant with Margarine-1 Milk-8 oz.
26 Fresh Apple-1 W/G Honey Scooters Cereal -1oz W/G Apple Breakfast Bar-1 Milk-8 oz.	27 Fresh Orange-1 W/G Cocoa Roos Cereal -1oz W/G Graham Crackers -3pk Milk-8 oz.	28 Cherry Craisins -1/2c 100% Fruit Punch -4oz W/G White Bagel w/ Cream Cheese - 1 Milk-8 oz.	29 Fresh Pear-1 W/G Honey Graham Toasters-1oz W/G Corn Muffin- 2oz. Milk-8oz	30 Diced Pear Cup - 1/2c. 100% Apple Juice - 4oz. W/G Poffitz Pancakes-1 Milk -8oz

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