

**2026 – OCTOBER BREAKFAST CART MENU
MIDDLE & HIGH SCHOOLS**

**IRVING INDEPENDENT SCHOOL DISTRICT
Food and Nutrition Services**

Visit <http://www.irvingisd.net/foodservices/> for more information.
This Institution is an Equal Opportunity Provider
**Menus are subject to change*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Middle Schools & High Schools Breakfast Cart Menu <u>Food containing pork/pork derivatives:</u> Breakfast Kolache* Breakfast Pizza Bagel *Pepperoni Pizza * Fruited Gelatin * Blushing Applesauce * Pulled Pork *			1 Breakfast Burrito, Sausage/Sausage Cheese/ Egg Cheese Biscuit, Sunbutter & Jelly Sandwich, Fresh Fruit, Fruit Juice, Milk	2 Sausage/ Sausage & Cheese/Egg & Cheese Croissant, Benefit Bar, Breakfast Fruit & Yogurt Parfait, Fresh Fruit, Fruit Juice, Milk
5 Fiesta Cheese & Egg Croissant, Breakfast Fruit & Yogurt Parfait, Benefit Bar, Fresh Fruit, Fruit Juice, Milk	6 Confetti Waffle, Breakfast Pizza Bagel, Assorted Cereal Bowl, Fresh Fruit, Fruit Juice, Milk	7 Cinnamon Toast Soft Filled Bar, Benefit Bar, Breakfast Smoothie w/Honey Graham Crackers, Fresh Fruit, Fruit Juice, Milk	8 Assorted Muffins, Pumpkin/Banana/Zucchini Bread, Bean Tamale, Fresh Fruit, Fruit Juice, Milk	9  No-School Fall Break
12  No-School Fall Break	13  Teacher Work Day No School for Students	14 Benefit Bar, Breakfast Pizza, Breakfast Smoothie w/Honey Graham Crackers, Fresh Fruit, Fruit Juice, Milk	15 Stuffed Waffle w/Chicken Sausage, Assorted Cereal Bars, Assorted Cereal Bowl, Fresh Fruit, Fruit Juice, Milk	16 Benefit Bar, Maple Waffle Sausage Cheese Sandwich, Breakfast Fruit & Yogurt Parfait, Fresh Fruit, Fruit Juice, Milk
19 Benefit Bar, Pop Tarts, Breakfast Fruit & Yogurt Parfait, Fresh Fruit, Fruit Juice, Milk	20 Confetti Waffle, Green Chili Breakfast Burrito, Assorted Cereal Bowl, Fresh Fruit, Fruit Juice, Milk	21 Assorted Donut Holes, Benefit Bar, Breakfast Smoothie w/Honey Graham Crackers, Fresh Fruit, Fruit Juice, Milk	22 Breakfast Pizza Bagel, Pumpkin/Zucchini/Banana Bread, Bean Tamale, Fresh Fruit, Fruit Juice, Milk	23 Cinnamon Crumble, Benefit Bar, Breakfast Fruit & Yogurt Parfait, Fresh Fruit, Fruit Juice, Milk
26 Assorted Cereal Bars, Benefit Bars, Breakfast Fruit & Yogurt Parfait, Fresh Fruit, Fruit Juice, Milk	27 Breakfast Scrambler, Breakfast Pizza, Maple Waffle, Fresh Fruit, Fruit Juice, Milk	28 Stuffed Waffle w/Chicken Sausage, Breakfast Smoothie w/Honey Graham Crackers, Benefit Bar, Fresh Fruit, Fruit Juice, Milk	29 Breakfast Burrito, Sausage/Sausage Cheese/ Egg Cheese Biscuit, Sunbutter & Jelly Sandwich, Fresh Fruit, Fruit Juice, Milk	30 Sausage/ Sausage & Cheese/Egg & Cheese Croissant, Benefit Bar, Breakfast Fruit & Yogurt Parfait, Fresh Fruit, Fruit Juice, Milk