

October 2026

Marion Unit #2 K-12 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Pancakes w/Maple Syrup & Sausage Links	2 Sausage & Cheese Biscuit
5 Yogurt Parfait w/Granola & Fruit	6 Cheddar Scrambled Eggs & Sausage Patty	7 Homemade Biscuits & Sausage Gravy	8 Homemade Muffins	9 Sausage & Cheese Biscuit
12 	13	14	15	16 
FALL BREAK				
19 Oatmeal OR Yogurt	20 Breakfast Burrito	21 Homemade Biscuits & Sausage Gravy	22 Pancake Wrapped Sausage Link w/ Maple Syrup	23 Sausage & Cheese Biscuit
26 Yogurt Parfait w/Granola & Fruit	27 Cheddar Cheese Omelet & Sausage Patty	28 Homemade Biscuits & Sausage Gravy	29 Donuts	30 No School 

	Breakfast	Lunch
Student	\$2.50	\$3.75
Reduced	\$0.30	\$0.40
Adult	\$3.50	\$4.75

**Cereal, Toast & Jelly
Offered Daily as Alternative
All Meals Served with Fruit
or Juice & Milk**

Offer VS. Serve

Students do not have to take all food items, but at breakfast they must take 3 items **including the juice or fruit**. At lunch they must take 3 items from the 5 food groups offered (Grain, Fruit, Vegetable, Meat/Meat Alternate, Milk) and **one item must be a fruit or vegetable**.

**MENU SUBJECT TO CHANGE
WITHOUT NOTICE DUE TO
AVAILABILITY OF FOOD**

**Rhonda Woods, Food
Service Director
618-993-2321
rwoods@marionunit2.org**

**Marion Unit #2 is an equal
opportunity provider and
employer.**

October 2025

Marion Unit #2 K-12 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Beef Taco OR Chicken Taco Mexican Rice, Refried Beans, Fruit Juice	2 Pizza OR Deli Sandwich Corn, Carrots w/Ranch, Fruit
5 Cheeseburger OR Sloppy Joe French Fries, Baked Beans, Fruit	6 Chicken Noodle Soup OR Vegetable Beef Soup Toasted Cheese Sandwich, Carrots w/Ranch, Fruit, Fruit Juice	7 Chicken Nuggets OR Fish Sticks Mashed Potatoes, Green Beans, Fruit Cake	8 Nachos OR Corn Dog Mexican Rice, Refried Beans, Fruit, Fruit Juice	9 Pizza OR Deli Sandwich Corn, Lettuce Salad, Fruit
12 	13	14	15	16 
19 Hamburger OR BBQ Rib Sandwich French Fries, Baked Beans, Fruit	20 Spaghetti OR Meatball Sub Garlic Bread, Lettuce Salad, Fruit, Fruit Juice	21 Chicken Sandwich OR Spicy Chicken Sandwich Waffle Fries, Peas, Fruit, Cookie	22 Chicken w/Queso OR Chicken & Cheese Quesadilla Mexican Rice, Spiced Black Beans, Fruit, Churro, Fruit Juice	23 Pizza OR Deli Sandwich Corn, Carrots w/Ranch, Fruit
26 Cheeseburger OR Sloppy Joe French Fries, Baked Beans, Fruit	27 Chili OR Cheesy Potato Soup Hot Dog, Carrots w/Ranch, Fruit, Fruit Juice	28 Chicken Nuggets OR Fish Sticks Mashed Potatoes, Green Beans, Fruit Cake	29 Pizza OR Deli Sandwich Corn, Lettuce Salad, Fruit, Fruit Juice	30 No School 

FALL BREAK

	Breakfast	Lunch
Student	\$2.50	\$3.75
Reduced	\$0.30	\$0.40
Adult	\$3.50	\$4.75

Offer VS. Serve

Students do not have to take all food items, but at breakfast they must take 3 items **including the juice or fruit**. At lunch they must take 3 items from the 5 food groups offered (Grain, Fruit, Vegetable, Meat/Meat Alternate, Milk) and **one item must be a fruit or vegetable**.

AfterCats Snacks

Monday – Chips
Tuesday – Yogurt
Wednesday – Cereal
Thursday – Fruit Cup
Friday – Cookie

**MENU SUBJECT TO CHANGE
WITHOUT NOTICE DUE TO
AVAILABILITY OF FOOD**

Rhonda Woods, Food Service
Director
618-993-2321
rwoods@marionunit2.org

**Marion Unit #2 is an equal
opportunity provider and
employer.**