

HIGH SCHOOL BREAKFAST

OCTOBER

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage or Egg Breakfast Sandwich	French Toast w/ Sausage	Breakfast Burrito w/ Hashbrown	Whole Wheat Waffle w/ Sausage	Sausage or Egg Breakfast Sandwich

Selection of whole grain cereal, fruit and yogurt smoothies, yogurt parfaits, fresh fruit, and milk offered daily

School meals are free for all students!

Second Breakfast \$3.50

Second Entree \$2.00

Milk \$0.50



**You can now view
online menus with
ingredients and nutrition
information here!**



Our menu is subject to change. Please keep this in mind when reviewing our printed and online menus.
This institution is an equal opportunity provider.



HIGH SCHOOL LUNCH

OCTOBER

Monday	Tuesday	Wednesday	Thursday	Friday
Hamburger Cheeseburger Chicken Strips	Hamburger Cheeseburger Spicy Chicken Sandwich	Hamburger Cheeseburger Chicken Strips	Hamburger Cheeseburger Spicy Chicken Sandwich	Hamburger Cheeseburger Chicken Strips
Teriyaki Chicken w/ Yakisoba Noodles & Steamed Veggies	Mandarin Orange Chicken w/ Brown Rice	Teriyaki Chicken w/ Yakisoba Noodles & Steamed Veggies	Mandarin Orange Chicken w/ Brown Rice	Teriyaki Chicken w/ Yakisoba Noodles & Steamed Veggies
Chicken or Cheese Quesadilla Chicken Enchilada Bean & Cheese Burrito Nachos	Carnitas-style Pork Tacos Chicken Enchilada Bean & Cheese Burrito Nachos	Chicken Enchilada Bean & Cheese Burrito Nachos	Torta Milanese <i>Chicken Torta Sandwich</i> Chicken Enchilada Bean & Cheese Burrito Nachos	Chicken or Cheese Tamale Chicken Enchilada Bean & Cheese Burrito Nachos

Daily offerings: Grab & Go Sandwiches and Salads | Pizza | Fresh Fruit | Salad Bar | Milk

School meals are free for all students!

Second Lunch \$5.00 Second Entree \$3.50 Milk \$0.50



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