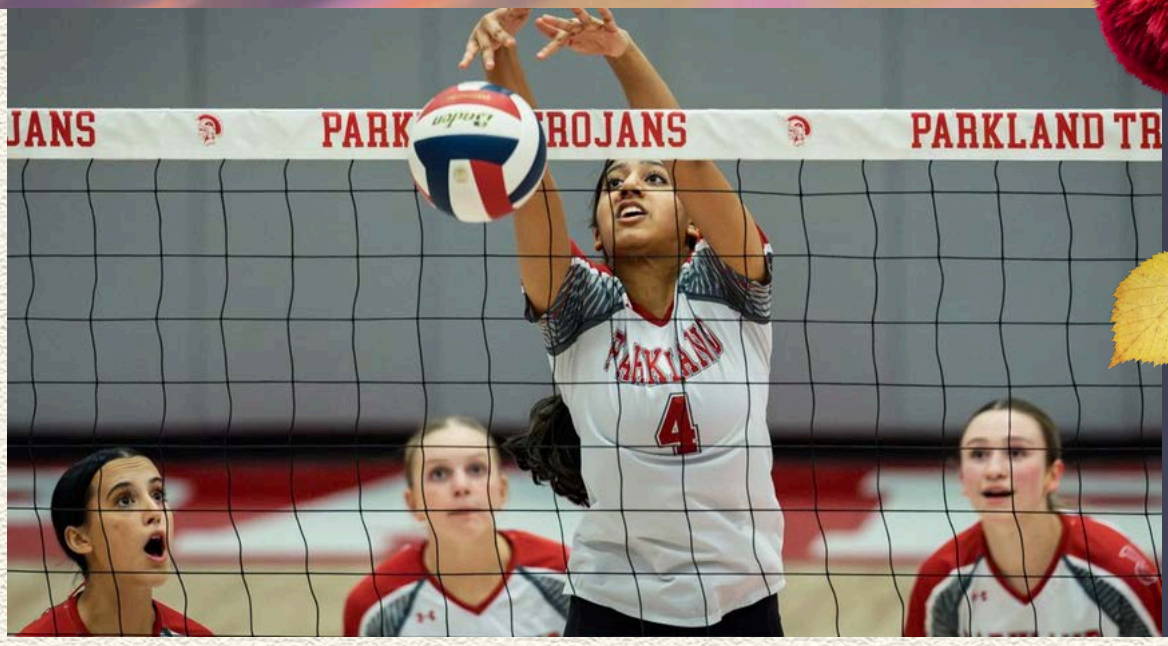
OCTOBER 2026

PARKLAND HIGH SCHOOL





FROM THE PRINCIPAL'S DESK



Dear Parents and Guardians:

Thank you to our students, teachers, and families for a fantastic start to the 2026-2027 school year. October brings an exciting rhythm to our building as everyone settles into their routines and learning momentum builds. This month offers wonderful opportunities for academic growth and school community engagement. As the days shorten, maintaining a healthy balance between schoolwork, extracurricular activities, and rest is essential. We encourage families to help establish routines that promote both well-being and academic success. Please remind your students to keep up with their studies and build solid learning habits.

Progress can easily be monitored through the new Parkland app (Apptegy). Under your child's school, you will find links to Home Access Center (HAC) for grades, Schoology for course materials, and Apptegy messages.

Click here for more information about Apptegy.

Click here for more information about Schoology.

Continued on page 2

FROM THE PRINCIPAL'S DESK

Continuing on the academic front, congratulations go out to the following thirty students for being selected as 2027 National Merit Scholarship Commended Students:

Congratulations

COMMENDED STUDENTS IN THE NATIONAL MERIT SCHOLARSHIP PROGRAM

Vikram Alturu
Jose Alvarado
Sarah Avila
Liam Champagnie-Ellington
Rahini Chauhan
Summer Chen
Charles Crerand
Soumyadeep Das
Shri Desai
Shagun Dholakia
Noah Elijovich
Mehek Garg
Arib Islam
Maheen Jan
Om Javia
Mythri Kottala
Karthika Kuppala
Oliver Lai
Gabrielle Laskosky
Adrian Lee
Aditi Mallik
Daksh Pal
Nila Raja
Kaavya Rao
Safiya Saif
Guhan Sureshkumar
Elena Vargas
Anthony Wang
Ken Zeng
Alexander Zhang



Congratulations also go out to seven PHS students for being selected as 2027 National Merit Semifinalists:

Congratulations

NATIONAL MERIT SCHOLARSHIP SEMIFINALISTS

Vanshika Garikapati
Muhammadali Hussain
Harshita Keerthi
Aditya Nagar
Jonathan Win
Daniel Xu
Jayden Yao

Being recognized by the National Merit Scholarship Program is an honor and we are very proud of these students.

Congratulations also go out to the parents and families of our commended students and our semifinalists.

Continued on page 3

FROM THE PRINCIPAL'S DESK

Continued from page 2

Winter Keystone Exams will occur in January. For any student preparing to retake a Keystone Exam this year, PHS will be holding Keystone "Boot Camps" to review important test content in Algebra. These camps will begin at various times starting the second week of November and information can be viewed here. Additional information can be found on page 9 of this Parent Newsletter.

Everyone at the High School is excited for Homecoming this year. Homecoming week will take place October 5 - October 10, 2026. Whether it is our School Spirit Week, The Gridiron Bowl, the football game on Friday Night, or our Homecoming Dance on Saturday, there is something for everyone. A special thank you goes out to all of the students, parent volunteers, and staff that assist in making this week so special. Without their help, we would not be able to provide all of these fantastic events.

We are also very excited to see our students once again return to the stage this fall. Our Parkland Theater is proud to present our Fall Play, *Shakespeare in Love*. The show will run on October 16 and 17 at 7 PM and October 18 at 3 PM. Use this link for more information or to purchase tickets. More information can be found on page 18 of this Parent Newsletter.

For any parent looking to learn more about the college admissions process, we will be hosting a virtual Financial Aid Night, on October 14, at 7 PM, featuring Mr. Greg Mitton, Director of Financial Aid of Muhlenberg College. Mr. Mitton will discuss the entire financial aid process, including how to fill out the Free Application for Federal Student Aid (FAFSA ®) form.

As always, I would like to thank you for your continued cooperation and support.
Sincerely,

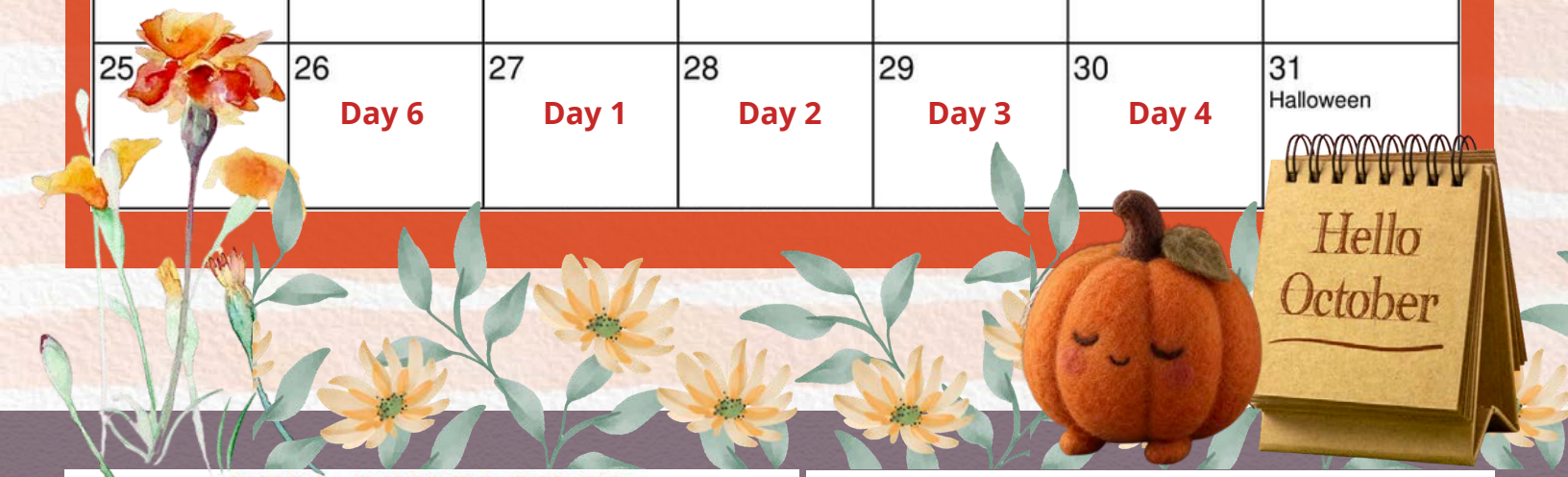
Nathan T. Davidson

Nathan T. Davidson
Principal - Parkland High School
davidsonn@parklandsd.net



October

SUN	MON	TUE	WED	THU	FRI	SAT
				1 Day 2	2 Day 3	3
4	5 Day 4	6 Day 5 "B" Schedule	7 Day 6	8 Day 1	9 Day 2	10
11	12 Columbus Day SCHOOL CLOSED *Holiday*	13 Day 3	14 Day 4 Modified Schedule	15 Day 5	16 Day 6	17
18	19 Day 1	20 Day 2	21 Day 3	22 Day 4 "B" Schedule	23 Day 5	24
25	26 Day 6	27 Day 1	28 Day 2	29 Day 3	30 Day 4	31 Halloween



BELL SCHEDULES

PERIOD	A SCHEDULE (Regular Day)	B SCHEDULE (Homeroom)	C SCHEDULE (Early Dismissal)	D SCHEDULE (2-Hour Delay)
	7:35 Warning Bell	7:40-7:50	7:35 Warning Bell	9:35 Warning Bell
1	**7:40-8:29**	7:54-8:37	7:40–8:20	9:40-10:09
2	**8:33-9:17**	8:41-9:24	8:24–9:00	10:13-10:39
3	**9:21-10:05**	9:28-10:11	9:04–9:40	10:43-11:09
4	**10:09-10:53**	10:15-10:58	---	11:13-11:43
5	**10:57-11:41**	11:02-11:45	---	11:47-12:17
6	**11:45-12:29**	11:49-12:32	---	12:21-12:51
7	**12:33-1:17**	12:36-1:19	---	12:55-1:25
8	**1:21-2:05**	1:23-2:06	9:44-10:20	1:29-2:09
9	**2:09-2:53**	2:10-2:53	10:24-11:00	2:13-2:53

- Lunch periods are assigned periods 4, 5, 6, or 7.
- PM LCTI students eat lunch period 4 or 5 and are dismissed at 11:25 AM
- AM LCTI students eat lunch at LCTI and return for period 6.
- Students approved for "early leave" must leave PHS property immediately upon dismissal.
- Students approved for "late start" may not enter the school until 10 minutes before their first class.
- All students must leave school property immediately upon dismissal unless they are involved in a PHS-sponsored and supervised after-school activity.
- On "C" Schedule days - AM LCTI students attend LCTI and return to PHS for 9:44 AM class.
- On "C" Schedule days - PM LCTI students attned PHS classes and dismiss at 9:40 AM or wait at school for regular dismissal.

COUNSELING CORNER





FINANCIAL AID NIGHT

The Parkland High School Counseling Office invites you to attend “An Introduction to Financial Aid, Understanding the Basics,” to be held virtually on Thursday October 14 at 7 PM.

Greg Mitton, the Director of Financial Aid and Associate Dean of Admission at Muhlenberg College, will be breaking down the entire Financial Aid process.

A link to the meeting will be sent out a few days prior to the event.

Thursday, October 14

7 PM

Virtual

PARENTS OF COLLEGE-BOUND SENIORS



THE 2027-2028 FAFSA FORM IS NOW AVAILABLE

Get Money to Help Pay for School

Colleges and career schools use the FAFSA *(Free Application for Federal Student Aid)* form to determine how much financial aid you're eligible to receive, which could include grants, scholarships, work-study funds, and loans. You must apply for aid every year.

Use the Free Application for Federal Student Aid (FAFSA®) form to apply for financial aid for college, career school, or graduate school.

Who should apply? Any student, regardless of income, who wants to be considered for federal, state, and school financial aid programs. This includes grants, scholarships, work-study funds, and loans.

RESOURCES

How to Create a StudentAid.gov Account

This step-by-step guide is easy to print and share.

CLICK HERE

2027-2028 FAFSA Preview Presentation

This PowerPoint and PDF include 2027-2028 FAFSA screens and instructions for common user scenarios.

CLICK HERE

2027-2028 FAFSA Prototype

This interactive tool lets you explore common student, parent, and spouse user flows. Refer to the companion Tip Sheet for help finding specific scenarios.

CLICK HERE





Advanced Placement Exams

Sign-ups will take place through early November. You must sign up during this period to avoid late fees. Sign up information will be given in September by the AP teachers.



Registration Procedures for 2026-2027 SAT Reasoning Test

Registration procedures for the 2026-2027 SAT Reasoning Test are posted online at the College Board website, www.sat.org/register. The College Board requires a student photo as part of the registration process and late registration options have changed. The above changes are all part of enhanced security regulations put in place by the College Board.



Senior Athletes

Senior athletes who have not completed the NCAA Initial –Eligibility Clearinghouse form should do so as soon as possible if they are interested in participating in collegiate sports at the Division I or II levels. NCAA procedures for the college bound student athlete are available online at www.eligibilitycenter.org. Transcript requests should be made through the Parchment system.



SENIORS: COLLEGE APPLICATION DEADLINES

Seniors need to remember that ten school days are required to process college applications. Please pay close attention to application deadline dates. Submit your materials as early as possible to the Counseling Office. Seniors need to inform their counselor if they are processing an application online. Applications processed through online delivery systems (Common App or Coalition App) require official transcripts and secondary school information.
In order to ensure timely processing of your online applications, communication with your counselor is vitally important.

SENIORS: COMPLETE RECOMMENDATION PROFILE

If a college is requesting a counselor recommendation, the student must complete a recommendation profile form highlighting individual achievements during the past four years. Seniors need to remember to contact teachers early in the school year if they wish to request a teacher recommendation. A copy of the recommendation profile can be helpful to teachers when preparing student recommendations. Recommendation profile forms are available in the Counseling Office.



Seniors



For your graduation supplies, including cap/gown and custom class ring ordering, information from Jostens will be going out to students and parents shortly.

Jostens will have live ZOOM sessions with students during English classes:

Tuesday, October 6 (seniors)
Wednesday, October 14 (juniors)

On the following dates, during all lunches, Jostens' representatives will be available to take your orders:

Wednesday, October 21
Thursday, October 22

CLICK HERE TO ORDER ONLINE



COLLEGE OPPORTUNITIES THROUGH LCCC

Parkland High School students have multiple ways to get a head start on college through our partnership with Lehigh Carbon Community College (LCCC):

- In-House Dual Credit: Earn college credits while taking select Parkland courses taught at PHS.
- Part-Time College: Take LCCC courses while continuing your Parkland coursework.
- Early College: Eligible juniors and seniors can attend LCCC full-time to earn college credits and potentially complete an associate degree.

Visit the Dual Credit & Early College section of the Parkland High School website to learn more about opportunities, eligibility, and enrollment details.



LEARN MORE



click here!

KEYSTONE TEST DATES

LITERATURE	JANUARY 5 + 6
ALGEBRA	JANUARY 7 + 8
BIOLOGY	JANUARY 11 + 12

AFTER-SCHOOL BOOT CAMPS FOR WINTER ALGEBRA KEYSTONES START THIS MONTH

Parkland High School students eligible to participate:

- Students in grades 9 - 11 who have already taken the Keystone Exam and have not yet achieved proficiency.
- Students who are new to Parkland and have no record of taking the Keystone Exam or similar state test.

MORE INFO

REGISTER NOW

COLLEGE VISITS AT PARKLAND

PLAN FOR THE FUTURE

One of the best ways for students to explore their options and stand out to colleges is to meet with their representatives – and they are coming right here to Parkland!

WHAT ARE COLLEGE VISITS?

These casual, informative sessions with admissions counselors are a chance for students to:

- Ask questions about specific majors, campus life, and the application process.
- Get a sense of the school's culture without leaving campus.
- Show demonstrated interest, which many colleges track!

HOW YOUR STUDENT CAN ATTEND

1. Check the College Representative Visits document below for the schedule.
2. Follow the sign-up procedure outlined by the Counseling Office.
3. Get the pass/permission form signed by your teacher to be excused from class.

PRO TIP

Students should come prepared with a few questions! This is an easy and effective step in your student's college journey!

Stop by the Counseling Office if you have questions.

COLLEGE REPRESENTATIVE VISIT SCHEDULE

2026 CAREER SPEAKER SERIES

9TH + 10TH GRADE STUDENTS WILL HAVE THE OPPORTUNITY TO DISCOVER A VARIETY OF CAREER PATHS AND GAIN VALUABLE INSIGHTS FROM LOCAL PROFESSIONALS!

- Monday, November 23 - periods 1, 2, 3
- Tuesday, November 24 - periods 4, 5, 6
- Wednesday, November 25 - periods 7, 8 and 9

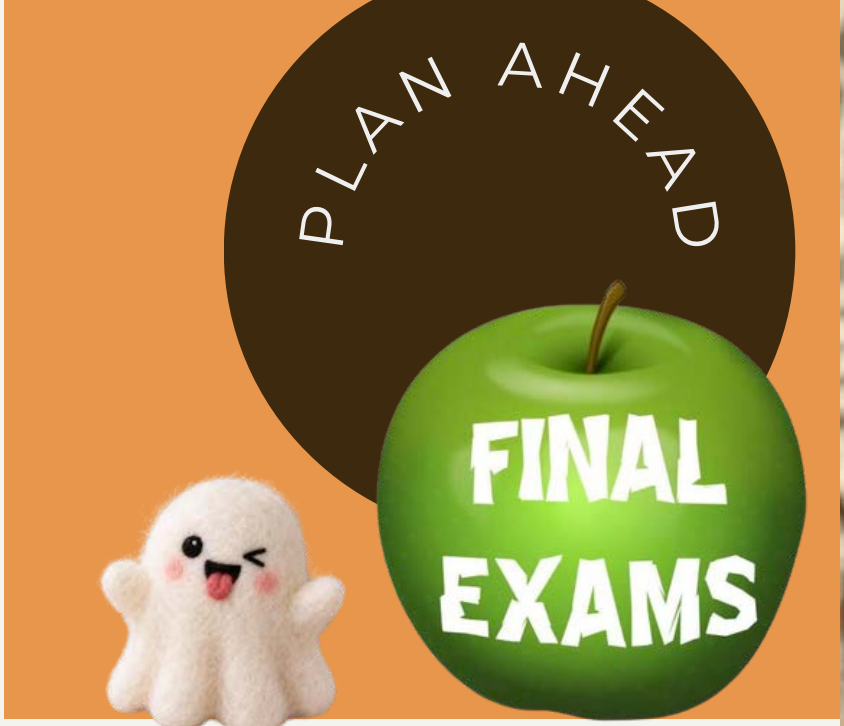
- 9th + 10th grade English teachers and their students will be asked to report directly to one of three different locations for a Career Speaker Presentation during their designated class period time.

- The presentation will include a panel of 3-4 local professionals from different career pathways such as:
  - Business/Communication Technology
  - Engineering/Industrial Technology
  - Arts/Humanities
  - Health/Human Services
  - Education

- The presentation will end with a Q+A session.



- **Interested in being a panelist? Please email Mrs. McPeek at mcpeeka@parklandsd.net.**





SENIORS

Thursday, May 20
Full day of school
Science Final Exam in Science Class

Friday, May 21
Last full day of school for seniors
Science Final Exam in Science Class

Monday, May 24
English Final Exam - Periods 1 + 2
Social Studies Final Exam - Periods 3 + 4

Tuesday, May 25
Math Final Exam - Periods 1 + 2
World Language Final Exam - Periods 3 + 4

Wednesday, May 26
Makeup Final Exams - Periods 1 - 3
Room C200

Thursday, May 27
Makeup Final Exams - Periods 1 - 3
Room C200

Friday, May 28
Makeup Final Exams - Period 1 -3
Room C200

Tuesday, June 1
Makeup Final Exams - Periods 1-3
Room C200

For More Information
Click Here

UNDERCLASSMEN

Tuesday, June 1 - Science (in class)

Wednesday, June 2 - Science (in class)

Thursday, June 3 - Periods 1, 2, 3

Friday, June 4 - Periods 4, 5, 6

Monday June 7 - Periods 7, 8, 9

Tuesday, June 8 - Makeup Final Exams

For More Information
Click Here



KNOW WHEN FINAL EXAMS TAKE PLACE.

National Honor Society Eligibility and Application Information

The National Honor Society (NHS) is a service club whose members demonstrate scholarship, leadership, character, and service in both school and community.

Once accepted, members work together to help tutor fellow students, participate in various charitable fundraisers, assist with several elementary school endeavors and maintain their own outstanding scholarships.

Qualified applicants include members of the junior or senior class with a minimum GPA of 3.5.

Qualified students should receive an invitation to apply for membership the first week of October. Applications are emailed directly to the student using their parklandsd.net accounts and are reviewed by Parkland's NHS faculty council. Successful candidates will be inducted on December 7.

LEARN MORE

Questions?
Contact NHS advisor, Mrs. Greth at gretha@parklandsd.net.



Reminder for Parents and Visitors to PHS

Sign-In Protocol

Everyone visiting the building during school hours must have a driver's license. You will be expected to scan your license as part of the sign-in process.

Thank you for your cooperation in keeping our school safe.

OCTOBER

1
Thursday
Football vs. Allen - Shirt Off Your Back Night 7 PM
(Orefield Stadium)

5
Monday
Homecoming Spirit Week begins

Fall SAT Prep Classes
3 - 5 PM (PHS) and
6:30 - 8:30 PM (Virtual)

6
Tuesday
"B" Schedule
ID Card Distribution

Jostens ZOOM Information Sessions for seniors during English classes

---

7
Wednesday
Gridiron Bowl 6 PM (Orefield Stadium)

8
Thursday
Gridiron Bowl Rain Date 6 PM (Orefield Stadium)

9
Friday
Homecoming Float Building All Day (Orefield Bus Garage)

Football vs. Dieruff - Homecoming+ Float Parade at Half Time 7 PM
(Orefield Stadium)






Upcoming Events



10
Saturday
Homecoming Dance
7 - 10 PM (Cafeteria)



12
Monday
SCHOOL CLOSED
Professional Development



13
Tuesday
Post Prom Committee Meeting 7 PM
(Library Classroom)



14
Wednesday
Modified Schedule
Debate League Competition

Fall SAT Prep Classes
3 - 5 PM (PHS) and
6:30 - 8:30 PM (Virtual)

Financial Aid Night 7 PM
(Virtual)



15
Thursday
Jostens ZOOM Information Sessions for juniors during English classes

October Upcoming Events Continued...



16
Friday

Fall Play: *Shakespeare in Love*
7 PM (Auditorium)

17
Saturday

PSAT Administered 7:45 AM

Fall Play: *Shakespeare in Love*
7 PM (Auditorium)

18
Sunday

Fall Play: Shakespeare in Love
3 PM (Auditorium)

19
Monday

Fall SAT Prep Classes
3 - 5 PM (PHS) and
6:30 - 8:30 PM (Virtual)



21
Wednesday

Jostens taking Cap/Gown/Ring Orders at Lunches (Cafeteria)

School Picture Retakes
2 - 4:20 PM (Auditorium Lobby)

Fall SAT Prep Classes
3 - 5 PM (PHS) and
6:30 - 8:30 PM (Virtual)

22
Thursdsay

"B" Schedule
Hearing Screenings

Jostens taking Cap/Gown/Ring Orders at Lunches (Cafeteria)

23
Friday

Football vs. Whitehall - Senior Night 7 PM (Orefield Stadium)

26
Monday

Fall SAT Prep Classes
3 - 5 PM (PHS) and
6:30 - 8:30 PM (Virtual)

28
Wednesday

Fall SAT Prep Classes
3 - 5 PM (PHS) and
6:30 - 8:30 PM (Virtual)

Orchestra Fall Concert 7 PM (Auditorium)

29
Thursday

First Marking Period Ends



HOMECOMING 2026

Homecoming Spirit Week 2026 will take place the week of October 5 - 9.
See the next page for details.

Gridiron Bowl

The Gridiron Bowl will take place on Wednesday, October 7 at 6 PM at Orefield Stadium (Rain date October 8).

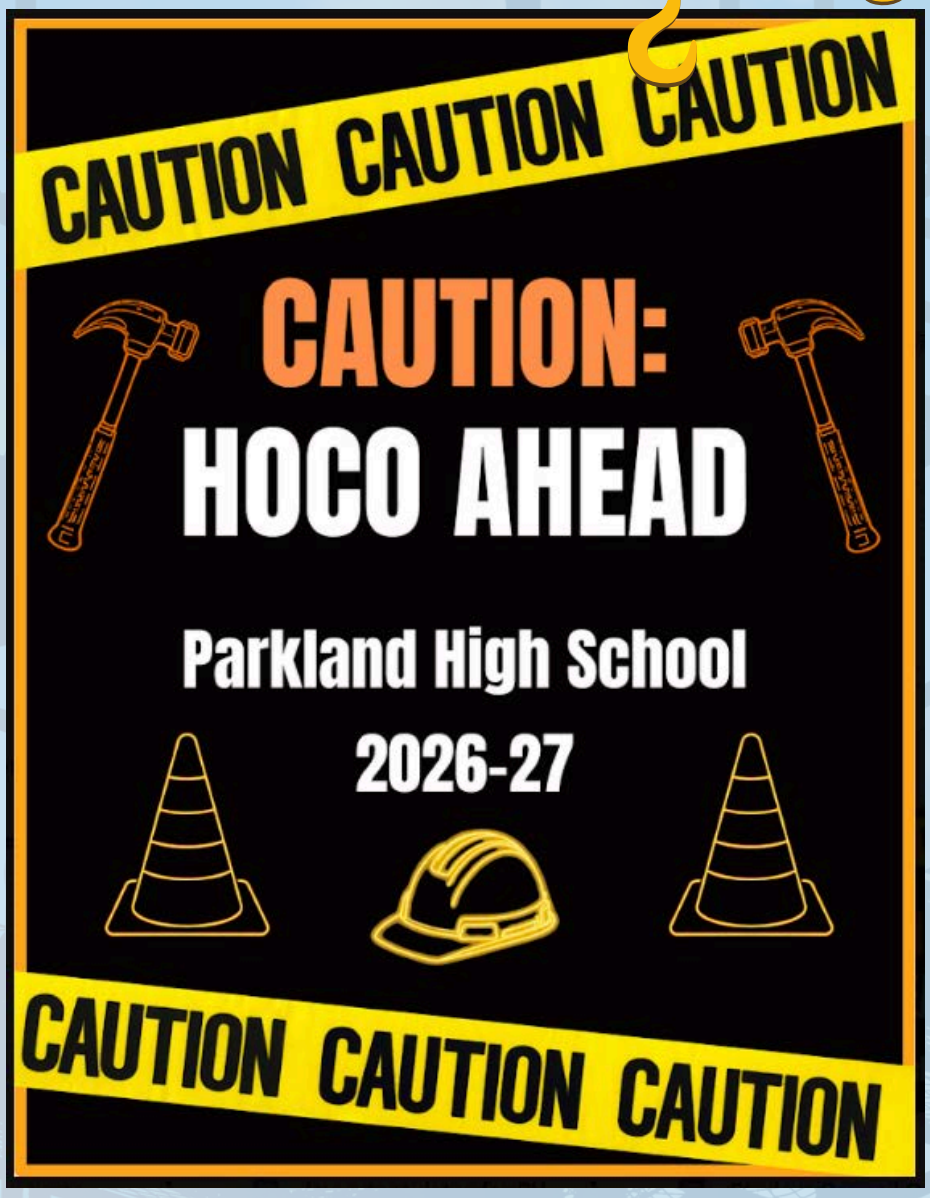
Football Game & Float Parade

Float building will take place all day Friday, October 9 during the school day. The Homecoming Football Game vs. Dieruff High School (including the Float Parade at halftime) is set for **Friday, October 9 at 7 PM**.

Homecoming Dance

The Homecoming Dance will take place on **Saturday, October 10 from 7 - 10 PM** in the Cafeteria. All students must enter the dance **by 8 PM** and they may not return if they leave.

Tickets will be sold before school, after school, and during lunches now through **Thursday, October 8**. Tickets purchased in advance cost $10. Tickets purchased at the door cost $15. Only Cash or checks made out to Parkland School District with "Homecoming 2026" in the memo line accepted.



Only students who attend Parkland High School may purchase tickets and go to the dance.

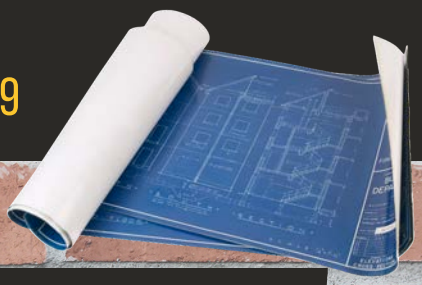
Semi-formal attire is recommended for this event. The school dress code will be enforced, and administration has the right to search bags.

HOMECOMING 2026

SPIRIT WEEK

MONDAY, OCTOBER 5 - FRIDAY, OCTOBER 9





MONDAY

CAUTION FOR CONSTRUCTION:

WEAR CONSTRUCTION CLOTHING OR ORANGE, BLACK AND YELLOW

Tuesday

BLUEPRINT DAY:

WEAR BLUE FROM HEAD TO TOE



WEDNESDAY

COLOR CREW DAY:

WEAR RED FOR SENIORS

WEAR GRAY FOR JUNIORS

WEAR BLACK FOR SOPHOMORES

WEAR WHITE FOR FRESHMEN



THURSDAY

GLOWZONE DAY:

WEAR NEON COLORS

Friday

BUILD THE SPIRIT DAY:

WEAR YOUR PARKLAND GEAR





GET ON THE BUS!

STOP HUNGER AT HOME

STUFF THE BUS FOOD DRIVE

Parkland High School and Middle Schools will STUFF A BUS at the Homecoming game on 10/09/26. Come watch us in the float parade! This activity stocks the shelves for the PSD REACH program including our Snack Packs, SMS, OMS, and PHS pantries, and District based initiatives.



- ✓ Macaroni and Cheese boxes and cups, RAMEN!, Cup O'Noodles
- ✓ Boxed cereal bars, breakfast cookies, granola bars
- ✓ Boxed fruidt snacks, GoGo Squeeze, cereal cups , fruit leather
- ✓ Snack bags! Pretzels, chips, popcorn, microwave popcorm, nuts, trail mix



Your donated food supports Parkland families in need of a little extra at home. THANK YOU!!

Who? CLUBS! CLASSES! GROUPS!
What? Items for REACH pantries in PSD
When? September 25through October 8



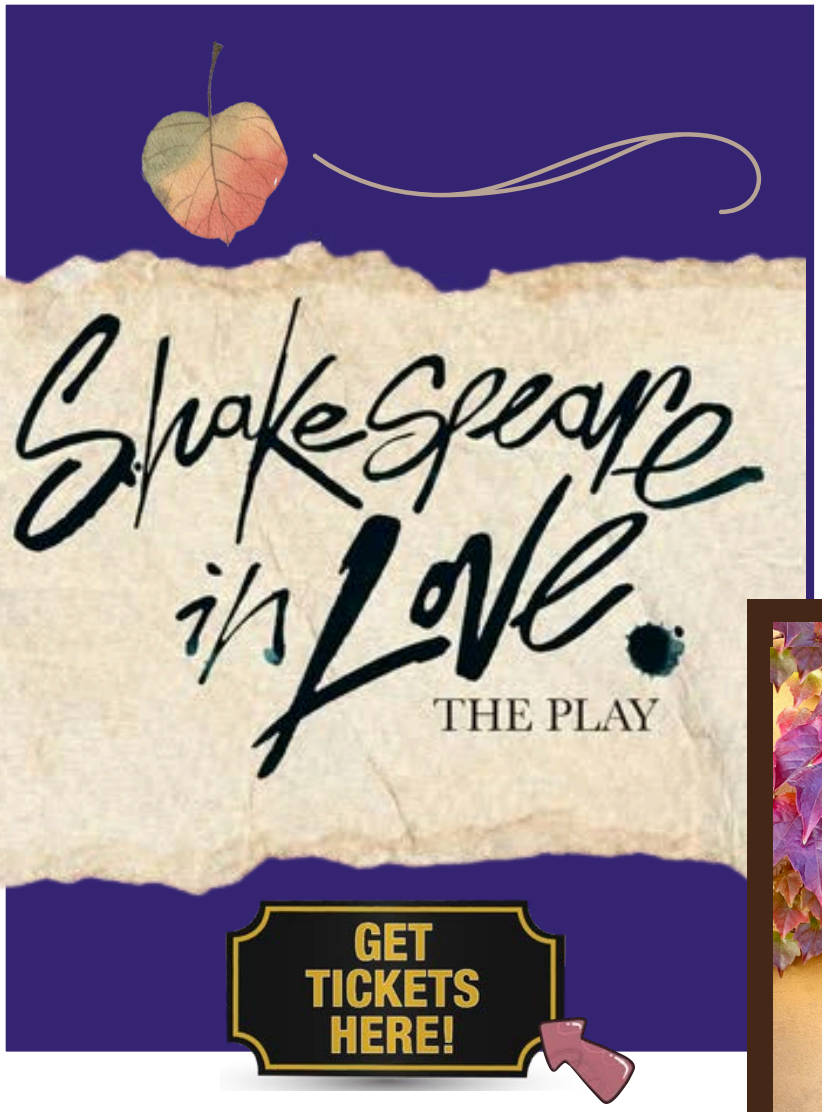
INTERACT CLUB WILL COLLECT THE DONATIONS ON **OCTOBER 8**.

PLEASE HELP US BEAT LAST YEAR'S RECORD! THANK YOU!



PARKLAND ARTS
visual & performing arts

FALL PLAY



Friday, October 16 at 7 PM
Saturday, October 17 at 7 PM
Sunday, October 18 at 3 PM

Get Your Tickets Now!
Students, Children + Seniors (65+) $10
Adults $12

Young Will Shakespeare has writer's block. The deadline for his new play is fast approaching, but he's in desperate need of inspiration. That is, until he finds his muse... the feisty, brilliant and beautiful Viola. This crafty young woman is Will's greatest admirer and will stop at nothing (including breaking the law) to appear in his next play. Against a bustling background of mistaken identity, ruthless scheming and backstage theatrics, Will's love for Viola quickly blossoms, inspiring him to write his greatest romantic masterpiece.



PARKLAND ART
visual & performing arts

FAMILY SHOW

Roald Dahl's *Willy Wonka JR.* follows enigmatic candy manufacturer Willy Wonka as he stages a contest by hiding golden tickets in five of his scrumptious candy bars. Whomever comes up with these tickets will win a free tour of the Wonka factory, as well as a lifetime supply of candy.

Four of the five winning children are insufferable brats, but the fifth is a likeable young lad named Charlie Bucket, who takes the tour in the company of his equally amiable grandfather. The children must learn to follow Mr. Wonka's rules in the factory — or suffer the consequences.



Show Dates: November 20 - 22

Get Your Tickets Now!

Students, Children + Seniors (65+) $10
Adults $12

BUY YOUR TICKETS HERE

SPRING MUSICAL

AUDITIONS FOR THE SPRING MUSICAL WILL BE HELD ON SATURDAY, DECEMBER 12. CALLBACKS WILL BE HELD IN THE EVENING ON MONDAY, DECEMBER 14 AND TUESDAY, DECEMBER 15.





TROJAN ART GALLERY



PARKLAND ART
visual & performing arts
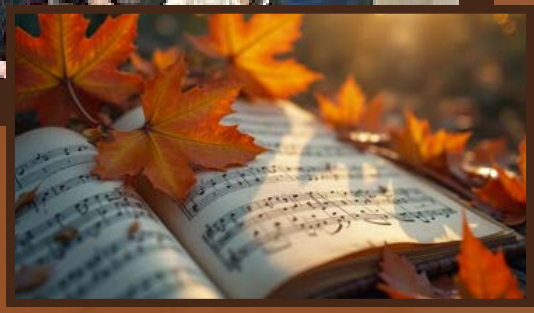




Amy Burke *is a Pennsylvania-based artist working in analog photography. Her work is influenced by memory, storytelling, and play. Amy earned her BA in Photography from the Pennsylvania State University, and an MFA in Costume Design from the California Institute of the Arts. Her award winning pieces have been exhibited in museums and galleries both nationally and internationally. Amy has channeled her love of history into working with antique photographic equipment and processes, and feels great pride in the fact that her children understand the differences between film, dry plate, and wet plate collodion. Most of her ideas are planned, photographed, and printed within the boundaries of her home.*

> *The magic of photography, for me, is partly in the unknown. I work through an idea, and depending on the chemistry, film selection, lens, or camera choice, that moment is reinterpreted - much as our memories go through alterations over time.*







STROLLING STRINGS

The Parkland Strolling Strings began the fall season with performances in August and September, including the PA Principals Summit at PHS.

The Fall Orchestra concert will take place Wednesday, October 28 at 7 PM in the auditorium. Come enjoy some wonderful selections from Beethoven to John Williams!



CHORALE

PARKLAND ARTS visual & performing arts

AMERICANS WE TRIBUTE TO VETERANS HOLIDAY CONCERT
SUNDAY, NOVEMBER 15 AT 3 PM

The Parkland Chorale will be performing as the featured choir on the Allentown Band's "Americans We Tribute to Veterans Holiday Concert" on Sunday, November 15 at 3 PM at Miller Symphony Hall in Allentown. Come out to hear both patriotic selections and holiday favorites!

This event is free and open to the public, but tickets are required.



Request your free tickets HERE

BAND

PARKLAND ART visual & performing arts



Members of the Parkland Band enjoyed performing at the Ribbon Cutting Ceremony of the Upper Macungie Township Lifestyle Center on Tuesday, September 22.



UPPER MACUNGIE TOWNSHIP COMMUNITY LIFESTYLE CENTER OPENING





2026 GRAND MARSHAL

Saturday, October 2nd

Lehigh Valley BUDDYWALK®

national down syndrome society

EDUCATE | ADVOCATE | CELEBRATE

Cedar Crest College



*Parkland junior, **Stuart Petko**, will be the Grand Marshal for the 27th Annual Lehigh Valley Buddy Walk on October 2 at Cedar Crest College in Allentown. Stuart is a wonderful example of the joy, determination, and community spirit that make the National Down Syndrome Society's Buddy Walk special. Through music, sports, and community involvement, he shows the impact of being connected, included, and celebrated. Stuart enjoys playing the drums in the Trojan Marching Band. He also participates in Miracle League baseball, Christian Club, PALS, and Cooking Club at Parkland High School.*



PARKLAND ART
visual & performing arts



DANCE

On Sept. 19, the Parkland High School Dance Team teamed up with guest choreographer Stephanie McDermott to learn an exciting new jazz routine. We can't wait for you to see them take the court this basketball season!

As a professional dancer, instructor, choreographer and judge, Stephanie has toured and traveled all over the world. Her dancing and choreography have won numerous honors and awards. She is passionate about the importance of physical fitness, nutrition and injury prevention for dancers and has developed her own classes with health and well-being in mind.



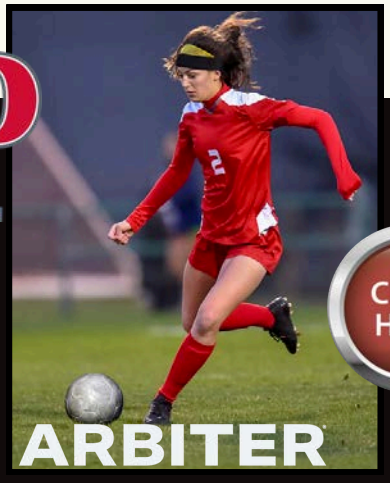
ATHLETIC NEWS

PARKLAND

APPTEGY IS REQUIRED FOR ALL PARENT, STUDENT, AND SPORTS COMMUNICATIONS



Please remember that Apptegy is the required platform for all parent, student, and sports-related communications. This ensures consistent, secure, and effective communication with students and families. All team announcements, updates, schedules, reminders, and other athletic communications should be shared through Apptegy.



PARKLAND HAS MOVED TO ARBITER REGISTRATION FOR ALL ATHLETIC PROGRAMS.

All student-athletes and families must:

- Create a family account.
- Complete the student-athlete registration on the new Arbiter portal.

IMPORTANT PHYSICAL PAPERWORK:

- Student-athletes must bring a completed PIAA CIPPE Form – Section 5 to their physical appointment.
- PIAA CIPPE Section 6 will be completed by the physician at the appointment.

CONGRATULATIONS TO COACH MANG ON 100 WINS

Congratulations to Coach Scott Mang (and Assistant Coach Mike Sprunk) on earning their 100th win with Parkland Boys Soccer on Friday, September 25 with a victory over Nazareth.

This is a incredible milestone and a testament to their leadership, dedication, and commitment to the program and our players.



THE FIRST DAY OF WINTER SPORTS IS FRIDAY, NOVEMBER 20.

ATHLETIC NEWS

PARKLAND
FOOTBALL



Reminder:
Clear bag/small bag requirements for the Football Stadium . . .

LEARN MORE

Home Football Game Themes:

OCTOBER 1
SHIRT OFF YOUR BACK
USA THEME

OCTOBER 9
HOMECOMING - PINK OUT

OCTOBER 23
SENIOR NIGHT - RED OUT

HOMETOWN TICKETS

You can purchase your football tickets through Hometown Tickets to make entering the game quicker and more convenient. Skip the lines and have your ticket ready when you arrive!

ORDER HERE





PARKLAND FOOTBALL

ATHLETIC NEWS

CONGRATULATIONS COACH MONCMAN

Parkland varsity football's win over Stroudsburg on September 17 marked Coach Moncman's 100th win at Parkland and his 200th overall. His career has included a 12-9 record at Southern Lehigh, and an 88-36 record at Liberty which included a 2008 State Championship.

Coach Moncman arrived at Parkland in 2012 serving as Defensive Coordinator for Coach Morgans and was hired to the Head Coach role in March 2016.

His Parkland tenure includes four District XI championships and four East Penn Conference championships.



Information from the Health Room



Cold and Allergy

Please be advised that the Health Room does not have cold or allergy medications.

If your student has cold symptoms or allergies, please medicate as needed before or after school.



Flu Season

The Flu Season occurs from October through April. Check with your doctor about getting the flu vaccine for your student.

To help stay healthy and decrease the spread of illness in the school, we are encouraging all families to adhere to the following guidelines for sending your child to school.

If your student is experiencing any of the following symptoms, please keep them home from school:

- Fever of 100 degrees or more
- Vomiting
- Diarrhea
- Severe head cold, persistent cough or severe sore throat

It is advised that a student should be fever free for twenty-four hours without the use of fever reducing medications before returning to school.



11th Grade Physicals + Immunization Requirement

All eleventh-grade students should return their physicals to the Health Room as soon as possible.

The Meningitis ACWY Vaccine is required on or after your student's 16th Birthday. Students in grade 11 will be Required to have this immunization on the first day of their senior year of school. The 11th grade physical is a good time to be sure this immunization is completed.

Forms are available on the PHS website: CLICK HERE



Medication

Emergency medications (epinephrine auto injectors and asthma inhalers) may be carried by the student during the school day if the Physician indicates this on the Medication form (this form needs to be returned to the Health Room). Carrying emergency medications at the High School level is encouraged because of the many activities the students are involved in.

Students who need medication during the school day will need to submit a parent authorization + a physician's order for prescription or over the counter medications. All medication, prescription and nonprescription, must be brought to the school by a parent and/or guardian.

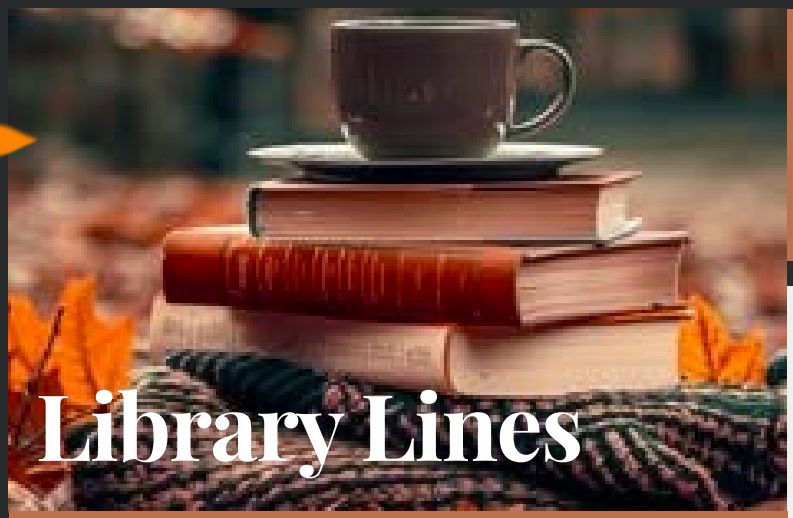


Contact the Health Room

if your child has any health condition updates, please contact the Health Room to keep the Health Room staff informed.

If you have any questions for the Health Room staff do not hesitate to call.

610-351-5600, ext. 75400



Library Lines

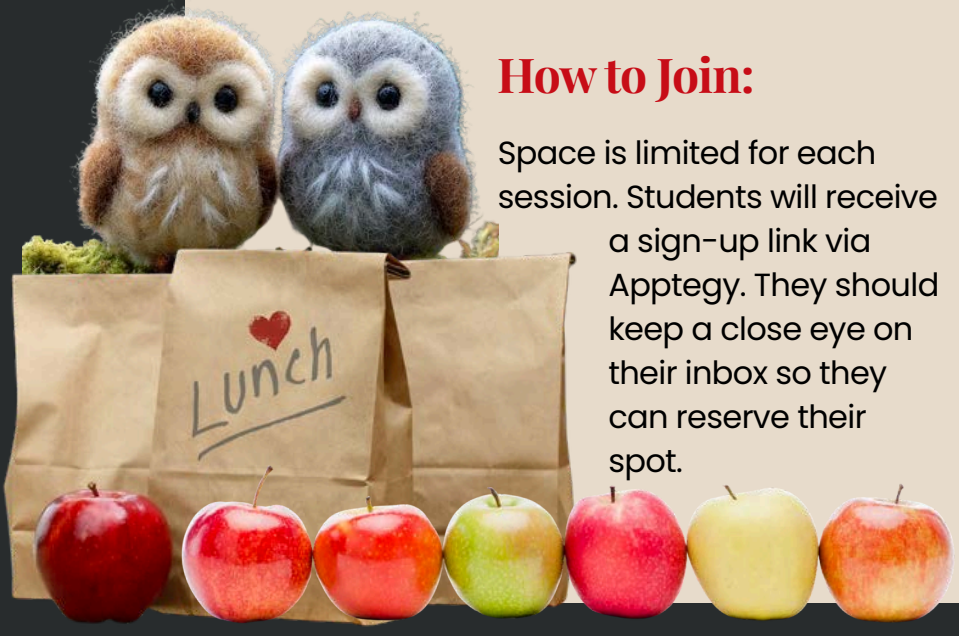
WE ARE HERE TO HELP YOUR STUDENTS LEARN, GROW, AND THRIVE!

Welcome back to another exciting month at the Parkland High School Library Media Center. As we settle into the new school year, your Library team is thrilled to share some fantastic updates, upcoming programs, and digital resources designed to support your students' academic and personal reading goals.

Upcoming Events: Lunch + Learn Series

Students can get ready to fuel their brains during lunch. Starting this month, the Library will host our popular Lunch + Learn sessions, generously sponsored by the Parkland Education Foundation.

These informal, interactive workshops cover a variety of engaging topics, from research hacks to creative tech skills.



How to Join:

Space is limited for each session. Students will receive a sign-up link via Apptegy. They should keep a close eye on their inbox so they can reserve their spot.

Digital Resource Spotlight: ProQuest e-Library

Did you know PHS students have 24/7 access to premium research databases and thousands of digital books? This month, we are profiling one of our most powerful online tools.

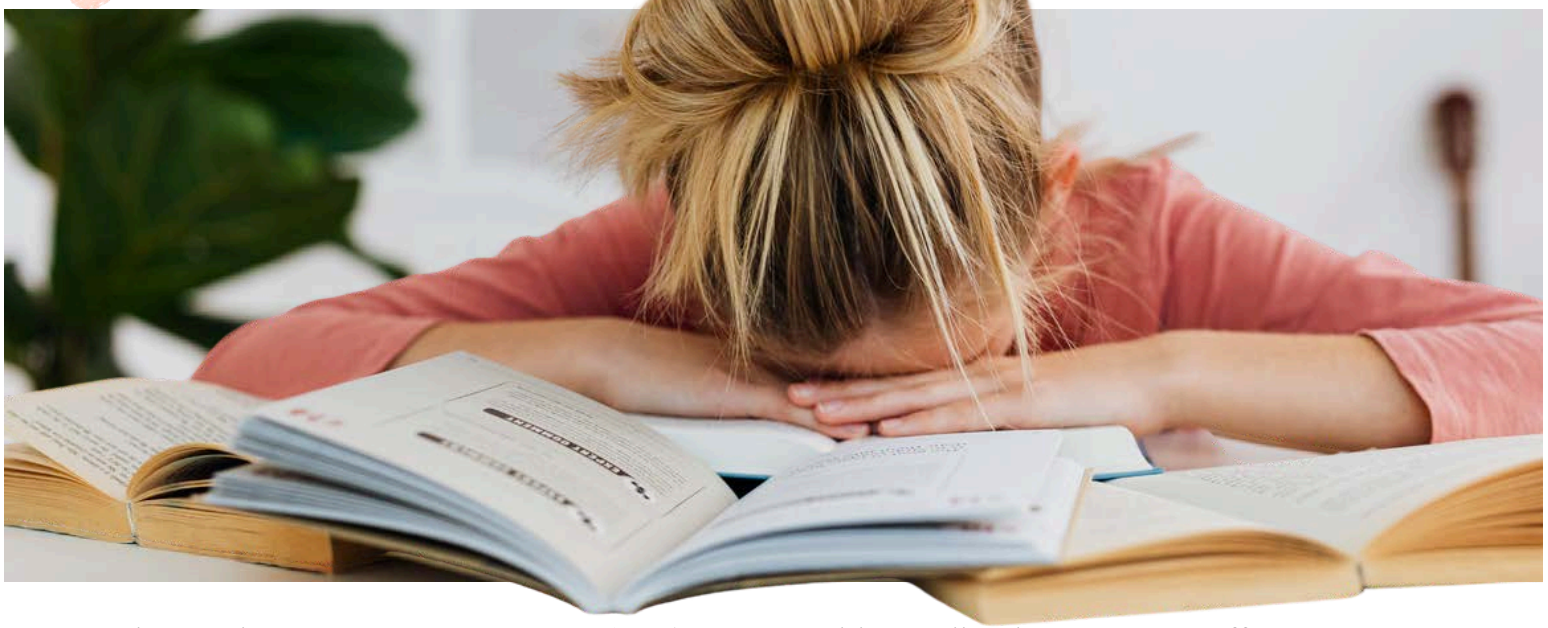
Perfect for research papers, history projects, and science assignments, ProQuest e-Library is the ultimate research companion.

Students will find full-text articles from magazines, newspapers, books, and scholarly journals, plus thousands of maps, images, and streaming videos.

It includes a "Research Topics" feature that helps students explore background information, key facts, timelines, related images, and more – all in one place!

ProQuest®

STUDENT ASSISTANCE PROGRAM



The Student Assistance Program (SAP) would like to welcome you and your child back for the 2026-2027 school year.

We are excited to continue to serve our high school students.

The SAP team will be offering the following in-school programs for the 2026-2027 school year:

MENTOR PROGRAM

ACADEMIC COACHING

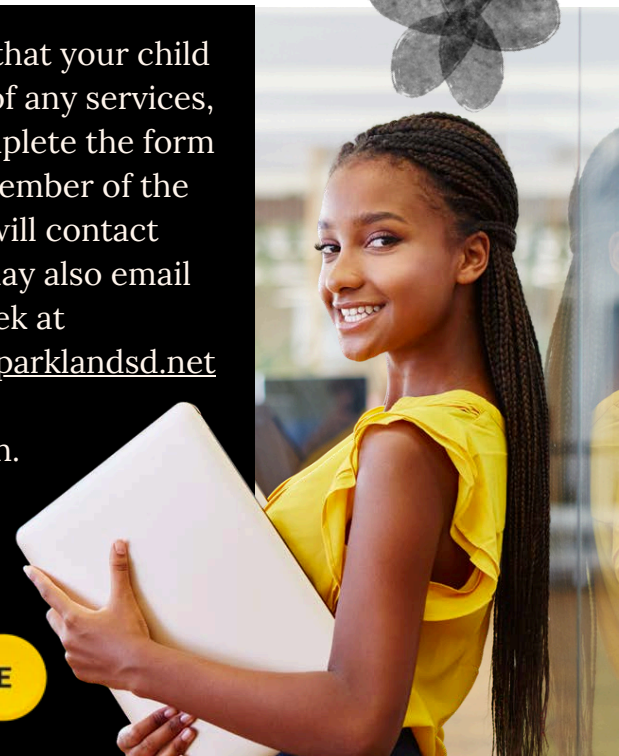
EDUCATIONAL PEER SUPPORT GROUPS

WE ARE LOOKING FORWARD TO A GREAT YEAR!

Additionally, the SAP team offers a mental health and/or drug and alcohol assessment through the MidAtlantic Rehabilitation Services. An assessor sees your child during the school day in a private area to complete the evaluation. Recommendations are provided. This service eliminates the need for you to hunt for a therapist for your child that takes your insurance.

If you feel that your child is in need of any services, please complete the form below. A member of the SAP team will contact you. You may also email Mrs. McPeek at mcpeeka@parklandsd.net for further information.

CLICK HERE





DRIVER EDUCATION

Pennsylvania's School Bus Stopping Law

- When you meet or overtake a stopped school bus with red signal lights flashing and stop arm activated, you MUST STOP.
- When approaching a school bus with flashing amber lights, SLOW DOWN and be PREPARED TO STOP.
- When you approach an intersection where a school bus is stopped with red signal lights flashing and stop arm activated, you MUST STOP.
- You MUST STOP at least 10 feet away from the school bus.
- You MUST WAIT until the red lights have stopped flashing and the stop arm has been withdrawn before moving.
- DO NOT MOVE until all the children have reached a place of safety.

Know Your Responsibilities

- 1.5 million children are transported on Pennsylvania roads each day. These children are transported approximately 400 million miles to school each year.
- To further promote safety, school vehicles may be equipped with yellow flashing or revolving lights.
- Every year, children are needlessly injured or killed by drivers passing stopped school buses.



Penalties

The **criminal penalties** listed below apply for citations issued by law enforcement for passing a school bus with red lights flashing and stop arm activated.

- 60-Day driver's license suspension, 5 points on your driving record, and a $250 fine.

The **civil penalties** listed below apply when a driver is issued a violation for passing a school bus equipped with an automated side stop signal arm enforcement system.

- $300 fine, no effect to driving record (no suspension or points).

Parkland
Community Advisory Council Meeting
October 15 at 7 PM

The Parkland Community Advisory Council will hold its October meeting Thursday, October 15, 2026, at 7 PM at the Administration Center, located at 1210 Springhouse Road in Allentown.

These monthly meetings are open to the public.
The topic of this meeting is *Positive Behavior Intervention and Supports (PBIS): A Framework for School Culture and Climate* led by Dr. Jamie Giaquinto, Dr. Jude Sandt, Dr. Monica Ouly-Uhl and Mr. Nathan Davidson.

MORE INFO

DINE OUT TO DONATE

POST PROM

THURSDAY, OCTOBER 15

Plan a night out at
P.J. Whelihan's at the Walbert
1658 Hausman Road in Allentown
to donate to Post Prom!

Just mention that you are there to support PHS Post Prom and part of the proceeds will go directly to our Parkland Post Prom Party!



NATIONAL HONOR SOCIETY



HELP IS HERE

If your student is feeling lost in class or would just like some extra help, the PHS National Honor Society offers peer tutoring.

Sign up for a peer tutor:

CLICK HERE TO SIGN UP!

CLASS DUES

Class dues are a one-time-only payment of $20 during your student's high school career. Cash or checks are acceptable forms of payment. Checks should be made payable to Parkland School District and should reference your student's graduating class and student ID# in the memo line.

Class dues should be delivered to the attention of your student's class advisor. Please contact the class advisor with any questions.



Senior Class Advisors
Mrs. Lauren Irizarry
Ms. Kylee Lobb
irizarryl@parklandsd.net
lobbk@parklandsd.net

Junior Class Advisor
Mrs. Andrea Greth
gretha@parklandsd.net

Sophomore Class Advisor
Ms. Kim McHenry
mchenryk@parklandsd.net

Freshmen Class Advisor
Mrs. Sarah Yenser
yensers@parklandsd.net



Is Your Student missing something?

Students may visit the Athletic Office next to the Cafeteria or the reception desk at the Main Office to look for their lost items.

ORDER YOUR PAR KEY YEARBOOK

Senior Baby Photos

Due November 1. Student should drop off $5 cash to Mrs. Beck in D131.

Submit photo below:



Senior Yearbook Portrait Sessions

In-school sessions will be held in the A-wing lobby on **November 23, 24 + 25** from **9 - 11 AM**. No pre-registration is required.

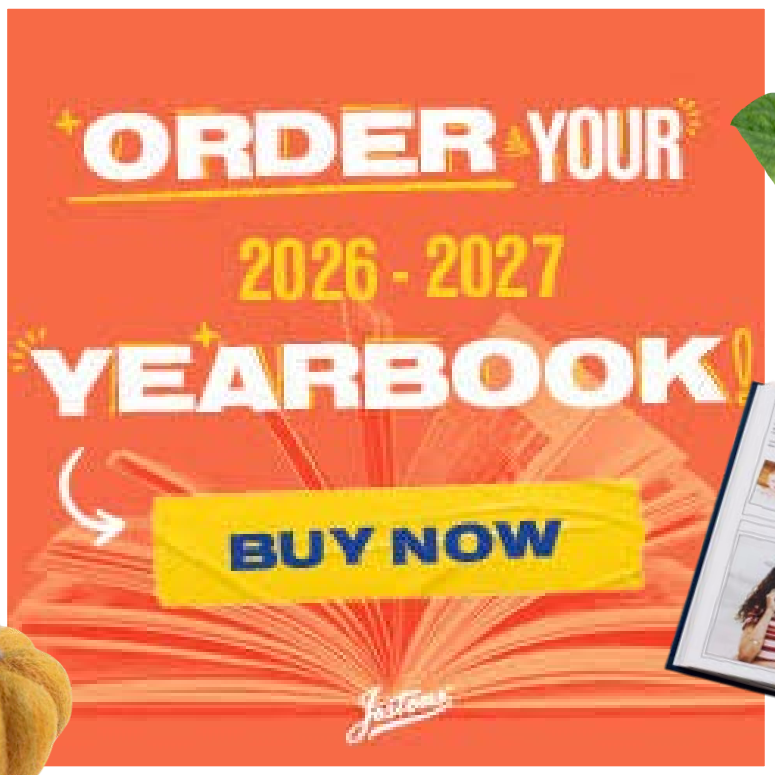


Senior Dedications

Due **December 1**.

Order below:







BECOME A YEARBOOK OR NEWSPAPER SPONSOR

PAR•KEY Yearbook
PARKLAND HIGH SCHOOL

ADVERTISE WITH US!
PROMOTE YOUR BUSINESS TO A WIDE AUDIENCE FOR ONLY $150

The *Par Key* staf is selling ad logo space in the 2027 yearbook. Ad logos are in full color and will support our history-preserving program.

Your Ad In the Yearbook Has These Benefits:

- Your logo displayed in the yearbook's ad section.
- Social media shoutouts posted on our platforms.
- Your logo featured on our Homecoming float.
- Business name on our club t-shirt.
- Optional YBK+ feature: a personal message to the senior class and/or unlimited images/coupons that readers can access via the QR code on the page.



Deadline to place an ad in the Yearbook is December 1, 2026.

QUESTIONS?
CONTACT DESTINY BECK
610-351-5600, X 74131
BECKD@PARKLANDSD.NET



The Trumpet
CELEBRATING 95 YEARS
The Student Newspaper of Parkland High School

SPONSOR STUDENT JOURNALISM + PROMOTE YOUR BUSINESS ACROSS THE VALLEY

The Trumpet offers print, web and 'new' podcast options. Your ads will reach thousands of students, staff, and community members.

We distribute 1,000 newspapers in the high school and across Lehigh Valley businesses five times each yar. Our website, updated bi-weekly, receives 1,000+ monthly views, and our podcast has a growing listener base with new episodes published each month.



Amp Up THE Blood Supply

PARKLAND HIGH SCHOOL BLOOD DRIVE

WEDNESDAY, OCTOBER 28
8 AM - 1 PM
AUXILIARY GYM

Appointment Required

Students can make an appointment by visiting the Key Club table in front of the cafeteria during all lunches from October 12 - 23.

IMPORTANT REMINDERS

- Students must be at least 17 years old and must turn in their permission slip.
- Students must bring a photo ID with them.
- Students should not donate on an empty stomach. They should eat within 2-3 hours of donation.
- Students should get a good night's sleep.
- Students should drink plenty of fluids.

Your Blood. Their Hope.
MILLER-KEYSTONE BLOOD CENTER

800.B.A.DONOR GIVEAPINT.ORG

YouTube

The TRUMPET 95 YEARS
The Student Newspaper of Parkland High School

FOLLOW THE TRUMPET NEWSPAPER ONLINE

Follow The Trumpet newspaper online at www.phstrumpet.org.

The first print edition of the year will be distributed October 1.

the BLARE

FOLLOW THE NEWSPAPER'S PODCAST

There is a new episode each month beginning in October.

https://theblare.simplecast.com/



The high school years fly like the autumn leaves—vibrant, fast, and gone in a blink. Enjoy the season!

GIVE THANKS BY GIVING BACK.

