



AUBURN SCHOOL DISTRICT

HIGH SCHOOL BREAKFAST OCT. 2026

MENU SELECTIONS MAY CHANGE BASED ON PRODUCT AVAILABILITY

AVAILABLE DAILY Fresh Fruit Bar Assorted Muffins Cereal Bars Cold Cereal Oatmeal Bagel with Cream Cheese Scrambled Eggs with Potatoes and Toast Pop Tarts PB&J Sandwich All Grain items (Breads, Cereals, Tortillas, etc) are made from at least 50% Whole Grains)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				OCTOBER 1 SMOOTHIE WITH CRACKERS	OCTOBER 2 EGG & CHEESE BREAKFAST SANDWICH
	OCTOBER 5 OMELET AND WAFFLES	OCTOBER 6 BREAKFAST BURRITO MADE WITH TURKEY SAUSAGE, EGGS, AND CHEESE	OCTOBER 7 WHOLE GRAIN CINNAMON ROLL	OCTOBER 8 SMOOTHIE WITH CRACKERS	OCTOBER 9 EGG & CHEESE BREAKFAST SANDWICH
	OCTOBER 12 OMELET AND WAFFLES	OCTOBER 13 BREAKFAST BURRITO MADE WITH TURKEY SAUSAGE, EGGS, AND CHEESE	OCTOBER 14 WHOLE GRAIN CINNAMON ROLL	OCTOBER 15 SMOOTHIE WITH CRACKERS	OCTOBER 16 EGG & CHEESE BREAKFAST SANDWICH
	OCTOBER 19 OMELET AND WAFFLES	OCTOBER 20 BREAKFAST BURRITO MADE WITH TURKEY SAUSAGE, EGGS, AND CHEESE	OCTOBER 21 WHOLE GRAIN CINNAMON ROLL	OCTOBER 22 SMOOTHIE WITH CRACKERS	OCTOBER 23 EGG & CHEESE BREAKFAST SANDWICH
	OCTOBER 26 OMELET AND WAFFLES	OCTOBER 27 BREAKFAST BURRITO MADE WITH TURKEY SAUSAGE, EGGS, AND CHEESE	OCTOBER 28 WHOLE GRAIN CINNAMON ROLL	OCTOBER 29 SMOOTHIE WITH CRACKERS	OCTOBER 30 EGG & CHEESE BREAKFAST SANDWICH

FRUIT BAR INCLUDES A ROTATING SELECTION OF: APPLES, ORANGES, KIWI, PINEAPPLE, MELON, AND OTHER SEASONAL ITEMS

STAY UP TO DATE AT: www.auburn.wednet.edu/childnutrition

THE USDA & THIS INSTITUTION ARE EQUAL OPPORTUNITY PROVIDERS & EMPLOYERS



AUBURN SCHOOL DISTRICT

HIGH SCHOOL LUNCH OCT. 2026

MENU SELECTIONS OCTOBER CHANGE BASED ON PRODUCT AVAILABILITY

AVAILABLE DAILY Fresh Fruit & Vegetable Bar & Low-Fat Milk included with all lunches. PIZZA CHICKEN BURGER CHICKEN TENDERS BURRITO DELI SANDWICHES WRAPS ENTRÉE SALADS YOGURT & GRANOLA	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Food is prepared through a collaboration between Child Nutrition Services & the Career & Technical Education departments			OCTOBER 1 POPCORN CHICKEN BOWL	OCTOBER 2 BEAN AND CHEESE ENCHILADA
	OCTOBER 5 CHEESE CALZONES	OCTOBER 6 TERIYAKI CHICKEN WITH BROWN RICE	OCTOBER 7 TACO BAR (TASTE WASHINGTON DAY)	OCTOBER 8 FISH STICKS WITH CORN BREAD	OCTOBER 9 CUBAN QUESADILLA
	OCTOBER 12 SPAGHETTI WITH MEATBALLS	OCTOBER 13 SPICY KOREAN CHICKEN WITH BROWN RICE	OCTOBER 14 HOT CAPRESE SANDWICH	OCTOBER 15 FALAFEL WRAP	OCTOBER 16 BEAN OR BISON NACHOS
	OCTOBER 19 MACARONI AND CHEESE WITH GARLIC BREAD	OCTOBER 20 ORANGE CHICKEN WITH BROWN RICE	OCTOBER 21 BAHN MI SANDWICH	OCTOBER 22 CHICKEN WINGS AND CORN BREAD	OCTOBER 23 CHEESE TAMALE
	OCTOBER 26 CHICKEN PESTO PENNE PASTA	OCTOBER 27 NW SALMON AND ROASTED POTATOES (NATIONAL POTATO DAY)	OCTOBER 28 MEATBALL SUB SANDWICH	OCTOBER 29 CHINESE BEEF AND BROCCOLI WITH BROWN RICE	OCTOBER 30 CHILE COLORADO BEEF BURRITO

FRUIT AND VEGETABLE BAR INCLUDES A ROTATING SELECTION OF: SALADS, BROCCOLI, RED BELL PEPPERS, TOMATOES, CARROTS, CORN, GREEN PEAS, CUCUMBERS, CAULIFLOWER, CELERY, COLESLAW, APPLES, ORANGES, KIWI, PINEAPPLE, MELON, AND OTHER SEASONAL ITEMS

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