



AUBURN SCHOOL DISTRICT

Elementary School BREAKFAST - OCTOBER 2026

MENU SELECTIONS MAY CHANGE BASED ON PRODUCT AVAILABILITY

AVAILABLE DAILY Choice of Cold Cereals Yogurt & Graham Crackers or Granola Whole Grain Muffin All Breakfast Meals include Fresh Fruit Bar & Choice of Milk. Choose 3 items for a complete meal.	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				OCTOBER 1 Whole Grain Cinnamon Roll	OCTOBER 2 Pancake on a Stick
	OCTOBER 5 Egg and Cheese on Whole Grain English Muffin	OCTOBER 6 Whole Grain Waffle	OCTOBER 7 Breakfast Burrito with Turkey Sausage, Eggs, and Cheese	OCTOBER 8 Whole Grain Cinnamon Roll	OCTOBER 9 Pancake on a Stick
	OCTOBER 12 Egg and Cheese on Whole Grain English Muffin	OCTOBER 13 Whole Grain Waffle	OCTOBER 14 Breakfast Burrito with Turkey Sausage, Eggs, and Cheese	OCTOBER 15 Whole Grain Cinnamon Roll	OCTOBER 16 Pancake on a Stick
	OCTOBER 19 Egg and Cheese on Whole Grain English Muffin	OCTOBER 20 Whole Grain Waffle	OCTOBER 21 Breakfast Burrito with Turkey Sausage, Eggs, and Cheese	OCTOBER 22 Whole Grain Cinnamon Roll	OCTOBER 23 Pancake on a Stick
	OCTOBER 26 Egg and Cheese on Whole Grain English Muffin	OCTOBER 27 Whole Grain Waffle	OCTOBER 28 Breakfast Burrito with Turkey Sausage, Eggs, and Cheese	OCTOBER 29 Whole Grain Cinnamon Roll	OCTOBER 30 Pancake on a Stick

FRUIT BAR INCLUDES A ROTATING SELECTION OF: APPLES, ORANGES, BERRIES, KIWI, PINEAPPLE, HONEYDEW MELON, CANTELOUPE MELON, AND OTHER SEASONAL ITEMS

STAY UP TO DATE AT: WWW.AUBURN.WEDNET.EDU/CHILDNUTRITION

THE USDA & THIS INSTITUTION ARE EQUAL OPPORTUNITY PROVIDERS & EMPLOYERS



AUBURN SCHOOL DISTRICT

Elementary School LUNCH – OCTOBER 2026

MENU SELECTIONS MAY CHANGE BASED ON PRODUCT AVAILABILITY

AVAILABLE DAILY Variety of Sandwiches Yogurt & Granola All Lunch Meals include Fruit and Vegetable Bar and your Choice of Milk. Choose 3 components (food groups) for a complete meal.	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				OCTOBER 1 Rotini Pasta with Garlic Bread	OCTOBER 2 Taco Bar
	OCTOBER 5 Cheese or Turkey Pepperoni Pizza	OCTOBER 6 Teriyaki Chicken with Brown Rice	OCTOBER 7 Corn Dog and Locally Grown Roasted Carrots (Taste Washington Day)	OCTOBER 8 Chicken Drumstick and a Whole Grain Waffle	OCTOBER 9 Bean or Beef Nachos
	OCTOBER 12 Cheese Calzones	OCTOBER 13 Orange Chicken with Brown Rice	OCTOBER 14 Regular or Spicy Chicken Burger on Whole Grain Bun	OCTOBER 15 Macaroni and Cheese with a side of Roasted Squash	OCTOBER 16 Cheese Tamale
	OCTOBER 19 Cheese or Turkey Pepperoni Pizza	OCTOBER 20 Indian Butter Chicken with Brown Rice	OCTOBER 21 Sloppy Joe Burger	OCTOBER 22 Chicken Nuggets and a Bread Stick	OCTOBER 23 Quesadilla with Esquites
	OCTOBER 26 French Bread Cheese Pizza	OCTOBER 27 Breakfast for Lunch: Scrambled Eggs, Tater Tots, and a Muffin (National Potato Day)	OCTOBER 28 Cheeseburger on Whole Grain Bun	OCTOBER 29 Fish Sticks with Cornbread	OCTOBER 30 Bean or Beef Nachos

FRUIT AND VEGETABLE BAR INCLUDES A ROTATING SELECTION OF: SALAD (ROMAINE, SPINACH, AND CAESAR), BROCCOLI, CARROTS, RED BELL PEPPERS, TOMATOES, CORN, GREEN PEAS, CUCUMBERS, CAULIFLOWER, CELERY, COLESLAW, APPLES, ORANGES, KIWI, PINEAPPLE, HONEYDEW MELON, CANTELOUPE MELON, AND OTHER SEASONAL ITEMS

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