

Telfair Middle/High

Menus for October 2026

This institution is an equal opportunity provider. Menus are subject to change.

Available Daily

Salad Bar
Fresh Fruit
Fruit Cup
Choice of Milk

OCTOBER IS
Breast Cancer
AWARENESS MONTH

Featured Specials of the Day

Thursday, October 1

Chicken Taco or Beef Taco
Taco Beans
Salad Bar
Pico de Gallo

Friday, October 2

Pepperoni Pizza or Hot Wings
French Fries
Corn

Monday, October 5

Tater Tot Casserole or Chef Salad with Tuna/Saltines
Salad Bar
Green Beans
Garlic Bread

Tuesday, October 6

Chicken Fajita Bowl or Ham and Cheese Sandwich
Black Beans and Corn
Salad Bar

Wednesday, October 7

Walking Taco or Chef Salad with Diced Ham
Refried Beans
Salad Bar
Salsa Cup

Thursday, October 8- Early Release

Pizza Breadsticks or Corndog
Slaw
Sweet Potato Fries

Friday, October 9



Home SWEET Homecoming!

Monday OCTOBER 5

Tuesday OCTOBER 6

Wednesday OCTOBER 7

Thursday OCTOBER 8

NOW FASH
FASHIONS FROM YOUR FAVORITE DECADE

SMARTIES or
SO SMART YOU NEED A POCKET PROTECTOR OR
TOO "DUM" TO EVEN MATCH YOUR CLOTHES

CANDY CRUSH
CANDY LAND OR WILLY WONKA CHARACTERS
CANDY & SWEET TREAT INSPIRED OUTFITS

HOME TEAM
TROJAN BLUE, BLACK, & WHITE
SHOW HOW SWEET IT IS CHEERING
FOR THE HOME TEAM

Featured Specials of the Day

Monday, October 12

Columbus Day *No School Today*

Tuesday, October 13

Cheeseburger or Ham and Cheese on Croissant
French Fries
Baked Beans
Salad Bar

Wednesday, October 14

Chicken Alfredo Or Chef Salad with Boiled Eggs
Peas and Carrots
Garlic Knot

Thursday, October 15

General Tso's Chicken or Steak Fingers
Rice
Roasted Carrots
Spring Rolls
Fortune Cookie

Friday, October 16

Breadsticks with Marinara Sauce or Hot Wings
Slaw
French Fries

★ OUR NATION'S HISTORY ★



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he United States National Park Service was created 110 years ago in 1916. One year later, Yellowstone National Park became the first park managed by this new service. The poster to the right is an ad from the 1920's for railroad trips to Yellowstone to see the new park's amazing geysers and plentiful wildlife. In 2025, recreation visits to all 400+ Park Service sites topped 320 million!



★ WITH LIBERTY & JUSTICE FOR ALL ★

Featured Specials of the Day

Monday, October 19

BBQ Sandwich or Ham and Cheese on Croissant
Baked Beans
Salad Bar

Tuesday, October 20

Chicken Fajita Bowl or Beef Fajita Bowl
Black Beans and Corn
Salad Bar
Salsa Cup/Pico de Gallo

Wednesday, October 21

Chicken Tenders or Steak Fingers
Waffles
Potato Wedges

Thursday, October 22

Spaghetti with Texas Toast or Chef Salad with Tuna/Saltines
Broccoli
Salad Bar

Friday, October 23

Chicken Nuggets with Roll or Hotdog
French Fries
Corn

Featured Specials of the Day

Proud
to Be

GEORGIA
grown



DON'T LET THIS
HAPPEN TO YOU!

ON MOST DAYS, MICHAEL ATE LUNCH AT SCHOOL AND FELT JUST FINE IN THE AFTERNOON. BUT WHEN HE SKIPPED LUNCH, HE TRANSFORMED INTO A HORRIBLE KIND OF ZOMBIE BY ONE O'CLOCK!

Featured Specials of the Day

Monday, October 26

Cheeseburger or Chef Salad with Diced Ham
Baked Beans
Sun Chips
Salad Bar

Tuesday, October 27

Beef Tacos or Chicken Tacos
Taco Beans
Salad Bar
Salsa Cup/Pico de Gallo

Wednesday, October 28

Hamburger Steak or Ham and Cheese on Croissant
Rice with Gravy
Turnips
Cornbread
Salad Bar

Thursday, October 29

Chicken Alfredo Or Chef Salad with Boiled Eggs
Peas and Carrots
Garlic Knots

Friday, October 30

Breadsticks with Marinara Sauce or Corndog
Sweet Potato Fries
Corn

Featured Specials of the Day



Happy



Halloween


