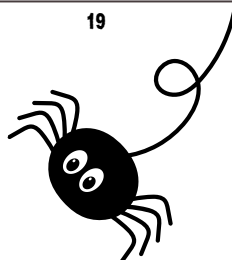


October

BREAKFAST & LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 FREE BREAKFAST & LUNCH FOR ALL STUDENTS	WHAT MAKES A LUNCH? Select 3-5 components DAIRY GRAINS VEGETABLES FRUIT PROTEIN one must be a FRUIT or VEGGIE WHAT MAKES A BREAKFAST? Select three items in total MILK GRAINS FRUIT JUICE one must be a FRUIT or JUICE		1 CHICKEN SAUSAGE & CHEESE SNACK N WAFFLE PHILLY CHEESE STEAK SANDWICH SHREDDED LETTUCE SLICED ONION JALAPENOS MIXED FRUIT	2 PAN DULCE PEPP LONGBOARD PIZZA 3 WAY SALAD GRAPE TOMATOES MALIBU RANCH COOL BLUE RASPBERRY SLUSH
	5 DOUBLE CHOCOLATE MUFFIN GARLIC CHEESY TOAST MARINARA SAUCE ROASTED ITALIAN EGGPLANT MIXED FRUIT	6 BREAKFAST PIZZA BAGEL CHICKEN NUGGETS CORNBREAD PEPPERED CORN SAVORY GREEN BEANS ORANGE	7 WILD BLUEBERRY SNACK N WAFFLE CHICKEN EGG ROLL FRIED RICE SWEET & SOUR SAUCE ORIENTAL VEGETABLE MIX CELERY STICKS PLUM	 8 CRISPY CHICKEN BISCUIT HOT DOG SWEET BBQ BEANS CRINKLE CUT FRIES HONEY DEW
OCTOBER BREAK 12TH-19TH				
19 	20 BLUEBERRY MUFFIN TOP CHICKEN TENDERS TEXAS TOAST SAVORY GREEN BEANS PEPPERED CORN BERRIES CUP	21 FRENCH TOAST STICKS CARNE ASADA NACHOS PINTO BEANS JALAPENOS/ CILANTRO DICED ONION/ RADISH SOUR CREAM APPLE PEAR	22 PANCAKE ON A STICK CORN DOG BABY CARROTS CELERY STICKS RAISIN WATERMELON SOUR POUCH	23 MINI BREAKFAST BITES TRKY PEPP STUFFED SANDWICH BABY CARROTS BROCCOLI BUDS KIWI STRAWBERRY SIDEKICK
26 CHOCOLATE CHIP MUFFIN BRC BURRITO MEXICORN SALSA SOUR CREAM ORANGE	27 BREAKFAST SAUSAGE PIZZA BAT NUGGETS HALLOWEEN GRAHAMS SEET BBQ BEANS SAVORY GREEN BEANS DICED PEACHES	28  CINN GLAZED PANCAKES FAMOUS CHICKEN BOWL PEPPERED CORN BREADSTICK PEAR	 29 HAM & CHEESE BAGEL CHEESEBURGER SLIDERS BABY CARROTS BROCCOLI BUDS WIGGLES STRAWBERRY FRUIT GEL	30 OATMEAL CHOCOLATE CHIP BAR PIZZA NADA BABY CARROTS CELERY STICKS BAT ROSATI

KEY
BREAKFAST
LUNCH
SEMI- SCRATCH
MADE FRESH @ CENTRAL KITCHEN

OFFERED DAILY
BREAKFAST • WG CEREAL • FRUIT • 100% FRUIT JUICE
LUNCH • YOGURT ENTREE
CHOICE OF MILK 1% WHITE/ NF CHOCOLATE

