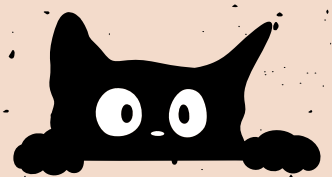
OCTOBER

BREAKFAST & LUNCH

	OCT 5-9	OCT 12-16	OCT 19-23	OCT 26-30
MONDAY	B: NATURE VALLEY OATMEAL ROUND L: CHINESE CHICKEN WITH WG VEGETABLE FRIED RICE STEAMED BROCCOLI	NO SCHOOL COLUMBUS DAY	B: ASSORTED DONUT HOLES L: MACARONI & CHEESE WITH A WG DINNER ROLL STEAMED BROCCOLI	B: PANCAKES WITH STRAWBERRIES L: CHINESE CHICKEN WITH VEGETABLE FRIED RICE STEAMED BROCCOLI VEGETABLE EGG ROLLS
TUESDAY	B: ASSORTED SNACK'N WAFFLES L: NYS BEEF WALKING TACO STEAMED CORN CAHOON FARMS APPLESAUCE CUPS	B: BANANA BREAD L: BUFFALO CHICKEN WING DIP WITH TOSTITOS ASSORTED FRESH VEGETABLES WITH NYS RANCH DRESSING	B: MAPLE TURKEY SAUSAGE PANCAKE WRAP L: TONY'S FIESTADA STEAMED CORN CAHOON FARMS APPLESAUCE CUPS	B: SAUSAGE CROISSSANTWICH L: NYS BEEF WALKING TACOS PINTO BEANS CAHOON FARMS APPLESAUCE CUPS
WEDNESDAY	B: MINI DONUTS L: BOSCO CHEESE FILLED BREADSTICKS WITH MARINARA SAUCE STEAMED GREEN BEANS	B: DEWAFFELBAKKER MINI PANCAKES L: BAKED ZITI WITH NYS MEAT SAUCE GARLIC KNOT TOSSED SALAD	B: BAGEL WITH CREAM CHEESE L: HAMBURGER OR CHEESEBURGER ON A BUN FRENCH FRIES	B: ASSORTED FRUIT FILLED FRUDELS L: BOSCO CHEESE FILLED BREADSTICKS WITH MARINARA SAUCE STEAMED GREEN BEANS
THURSDAY	B: EGG & CHEESE WG MUFFIN SANDWICH L: CRISPY POPCORN CHICKEN BOWL STEAMED CORN MASHED POTATOES & GRAVY CAHOON FARMS JUICE	B: ASSORTED DONUT HOLES L: CRISPY ORIGINAL OR SPICY CHICKEN PATTY WAFFLE FRIES BAKED BEANS CAHOON FARMS JUICE	B: JUMBO ASSORTED MUFFINS L: CHICKEN & WAFFLES BAKED BEANS CAHOON FARMS JUICE	B: CHEDDAR CHEESE FILLED OMELETS L: CRISPY POPCORN CHICKEN BOWL MASHED POTATOES WITH GRAVY STEAMED CORN CAHOON FARMS JUICE
FRIDAY	NO SCHOOL STAFF PROFESSIONAL DEVELOPMENT DAY	B: BLUEBERRY BANANA SMOOTHIES L: CHEESE OR PEPPERONI PIZZA ASSORTED FRESH VEGETABLES WITH NYS RANCH	B: APPLE BANANA PEANUT BUTTER SMOOTHIE L: CHEESE OR BUFFALO CHICKEN PIZZA CARROT & CELERY STICKS WITH NYS RANCH	B: STRAWBERRY GOES BANANA SMOOTHIE L: CHEESE OR PEPPERONI PIZZA ASSORTED FRESH VEGETABLES WITH NYS RANCH



BREAKFAST OPTIONS

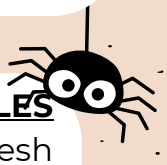
A variety of 2 oz. whole grain cereal cups are available daily in addition to our featured breakfast of the day listed on the menu.
*Build your own yogurt bar offered on Tuesday, Wednesday & Thursday

COMMUNITY ELIGIBILITY PROVISION & PURCHASES

Each student can receive one breakfast and one lunch per day at no cost under the Community Eligibility Provision. Additional meals and a'la carte snacks and beverages are available for purchase.

DAILY LUNCH ENTREE OPTIONS

Peanut Butter & Jelly Pack
Fruit & Yogurt Parfait
Assorted Deli Wraps & Salads
** each of these are served with assorted fresh fruits and vegetables as well as the main hot daily special



FRESH FRUITS & VEGETABLES

Breakfast & lunch include fresh assorted fruits & vegetables daily for students to select to complete their meal.

PAYMENT METHODS

There are three ways to pay for cafeteria purchases:

- Send in a check (preferred) or cash with your child to pay in advance. Please label all envelopes, and if paying by check, make checks payable to NRW Food Service Dept. Please put your child's name on the check.
- Cash is always accepted daily at the register.
- Pay online at MySchoolBucks.com. (MySchoolBucks charges a 4% fee per deposit transaction.)

MILK OPTIONS

We offer both low fat milk & fat free chocolate milk during breakfast and lunch service.

CONTACT US

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