

October 5 -  
October 9

October 12 -  
October 16  
NATIONAL SCHOOL  
LUNCH WEEK:  
“CAFETERIA CIRCUS”

|                                                                                                                                                                                                         |                                                                                                                                                                                                              |                                                                                                                                                                                                |                                                                                                                                                                                          |                                                                                                                                                                                                                                |
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| Monday 10/5<br><br>Cheeseburger on Bun<br>or<br>Big Chatham Salad with<br>Chicken with Goldfish & Crackers,<br><br>Tater Tots, Parsley Carrots,<br>Fresh Plums, Pineapple                               | Tuesday 10/6<br><br>Oven Fried Chicken<br>with Dirty Rice & Roll<br>or<br>Hot Dog on Bun,<br><br>Baked Beans, Summer Squash,<br>Diced Pears, Flavored Raisins                                                | Wednesday 10/7<br><br>Big Daddy Pizza Slice,<br>or<br>BBQ Pork on Bun,<br><b>Choclote Chip Cookie,</b><br>Italian Herb Broccoli, Baby Carrots<br>Fresh Oranges,<br>Mixed Berry Applesauce Cups | Thursday 10/8<br><br>STAFF PLANNING DAY.<br><br>NO SERVICE.                                                                                                                              | Friday 10/9<br><br>FALL HOLIDAY BREAK.<br><br>NO SERVICE.                                                                                                                                                                      |
| Monday 10/12<br><br>FALL HOLIDAY BREAK.<br><br>NO SERVICE.                                                                                                                                              | Tuesday 10/13<br><br><b>Ringmaster’s Walking Taco with Beef</b><br>or<br>Ranch Chicken Salad with<br>Goldfish & Crackers,<br>Whole Kernel Corn, Black Beans,<br>Fresh Oranges, Strawberry Applesauce<br>Cups | Wednesday 10/14<br><br><b>Pizza Circus Slice,</b><br>or<br>Turkey, Bacon(pork)<br>& Cheese Croissant,<br>Braised Cabbage,<br>Cucumber & Tomato Salad,<br>Fresh Apples, Fruit Cocktail          | Thursday 10/15<br><br><b>Big Top Chicken &amp; Waffles</b><br>or<br>Hot Ham & Cheese Sub,<br><br>Collards Greens, Sweet Potato Patties,<br>Diced Peaches, Flavored Raisins               | Friday 10/16<br><br><b>Carnival Corn Dog</b><br>or<br>Cheeseburger on Bun,<br><br><b>Fudge Brownie,</b><br>Potato Sidewinders, Baby Carrots,<br>Fresh Bananas, Pineapple                                                       |
| Monday 10/19<br>Breaded Mozzarella Sticks<br>with Marinara<br>or<br>Southwest Salad<br>with Chicken & Tortilla Chips,<br>Potato Smiles, Roasted Peppers,<br>Fresh Nectarines,<br>Dragon Fruit & Peaches | Tuesday 10/20<br><br>Chicken Tenders with Biscuit<br>or<br>Yogurt, Cheese & Fruit Plate,<br><br>Okra & Tomatoes, Black Eyed Peas,<br>Fresh Apples, Fruit Cocktail                                            | Wednesday 10/21<br><br>Big Daddy Pizza Slice,<br>or<br>Grilled Chicken Melt on Bun,<br>Roasted Squash, Cucumber Slices,<br>Fresh Plums, Diced Pears                                            | Thursday 10/22<br><br>Chicken Scampi Pasta with Breadstick<br>or<br>Fish Sticks and Grits,<br><br>Garlic Green Beans, Celery Sticks<br>Cool Tropics Fruit Slush, Pineapple               | Friday 10/23<br><br>Oven Fried Chicken with Yellow Rice<br>or<br>Island BBQ Meatballs with Yellow Rice,<br><b>Triple Chocolate Chip Cookie,</b><br>Collard Greens, Baby Carrots,<br>Fresh Watermelon, Applesauce Cups          |
| Monday 10/26<br><br>Beef Tacos with Flour Tortillas<br>or<br>Corn Dog,<br><br>Whole Kernel Corn, Pinto Beans,<br>Fresh Apples, Fruit Cocktail                                                           | Tuesday 10/27<br><br>Chicken Tikka Masala<br>with Brown Rice & Breadstick<br>or<br>Sloppy Joe on Bun,<br><br>Tater Tots, Cucumber Slices,<br>Flavored Raisins, Fresh Oranges                                 | Wednesday 10/28<br><br>Big Daddy Pizza Slice<br>or<br>Buffalo Chicken Pocket,<br><br>Green Peas, Baked Sweet Potato<br>Fresh Nectarines, Diced Peaches                                         | Thursday 10/29<br><br>Chicken Teriyaki with Fried Rice<br>or<br>Chicken Egg Rolls,<br>Honey Roasted Broccoli,<br>Soy Glazed Carrots,<br>Mandarin Oranges,<br>Mixed Berry Applesauce Cups | Friday 10/30<br>Loaded Beef Philly Baked Potato<br>& Roll<br>or<br>Spicy Breaded Chicken Filet on Bun,<br><b>Chocolate Chip Cookie,</b><br>Kale & Apple Salad,<br>Butternut Squash<br>Fresh Grapes, <b>HALLOWEEN FRUIT ICE</b> |
| OCTOBER HARVEST OF<br>THE MONTH:<br>SQUASH<br>                                                                       | OCTOBER IS NATIONAL<br>FARM TO SCHOOL MONTH.<br>                                                                        |                                                                                                           |                                                                                                     |                                                                                                                                           |

