



OCTOBER 2026

Lunch Menu

Prairie-Hills School District #144



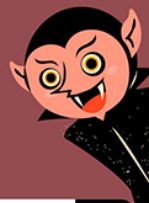
Monday

Tuesday

Wednesday

Thursday

Friday



5
BBQ Chicken
Red Beans / Rice
Cornbread Muffin
Fruit
Milk Choice

6
Chili w/ meat
Kidney Beans
Garden Salad
Crackers
Fruit / Milk Choice

7
Mac & Cheese
Turkey /Ham Slice
Corn on Cob
Fruit
Milk Choice

1
Penne Pasta Noodles
w/beef Meat sauce
Green Peas / Dinner Roll
Fresh Fruit
Milk Choice

2
Cheese Pizza
Tater Tots
Cream Corn
Fruit
Milk Choice

8
Chicken Fajita
Soft Tortilla Shells
Mexican Rice
Red/Green Peppers Strips
Fresh Fruit
Milk Choice

9
Corn Dog
Baked Beans
Toss Salad
Fruit
Milk Choice

12
No School

13
Hot Dog / Bun
Oven Wedge Fries
Dill Pickle Slice
Fruit
Milk Choice

14
Grilled Cheese Sandwich
Tomato Soup
Mixed Veggie
Fruit
Milk Choice

15
Spaghetti w / Meatball sauce
Peas & Carrots
Garlic Bread
Fresh Fruit
Milk Choice

16
Pan Pizza
Oven Curly Fries
Toss Salad
Fruit
Milk Choice

19
Chicken Quesadilla
Brown Rice / Dinner Roll
Peas & Carrots
Fruit
Milk Choice

20
Sloppy Joe / Bun
Oven Fries
Corn on Cob
Fruit
Milk Choice

21
Chicken Legs
Pasta / Gravy
Green Beans
Fruit / Milk Choice

22
Chicken Egg Roll
Asia Rice
Stir Fry Vegetable
Fresh Fruit / Fortune Cookie
Milk Choice

23
No Lunch Meal

26
Beef Burrito w/ chili
Mexican Corn
Sour Cream
Fruit
Milk Choice

27
Cheeseburger / Bun
Season Fries
Toss salad
Fruit
Milk Choice

28
Nacho Chips w/meat
Bag of Chips
Cucumber Slices
Fruit
Milk Choice

29
Dice Chicken
Pasta / Alfredo sauce
Green Beans
Dinner Roll
Fruit / Milk Choice

30
Happy Halloween
Pizza Slice
Tater Tots
Carrots Sticks w/ranch
Orange Jello / Fruit
Milk Choice

Milk Choices are Whole White Milk, 1% low-fat White and 1% low-fat Chocolate
Menu items are subject to change due to the availability of food items from vendors.