

OCTOBER 2026

Prairie-Hills School District #144

Enjoy a "Hot" Breakfast



BREAKFAST

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast Pizza
Sausage Links
Cupped Fruit
Milk Choice

Cheese Egg Omelet
WW Toast w/jelly
Cupped Fruit
Milk Choice

Egg Patty
Croissant / Sausage Patty
Cupped Fruit
Milk Choice

Hot Buttered Grits
Sausage Links / WW Toast
Cupped Fruit
Milk Choice

Pancakes w/syrup
Sausage Patty
Cupped Fruit
Milk Choice

Indigenous Peoples Day
No School

Breakfast Turkey Wrap
Egg Patty
Cupped Fruit
Milk Choice

Cinnamon Roll
Turkey Bacon
Cupped Fruit
Milk Choice

Hot Buttered Grits
Sausage Links / WW Toast
Cupped Fruit
Milk Choice

Waffles w/syrup
Sausage Patty
Cupped Fruit
Milk Choice

Breakfast Pizza
Sausage Links
Cupped Fruit
Milk Choice

Breakfast Bagel
Turkey Sausage Patty
Cupped Fruit
Milk Choice

Egg Patty
Croissant / Sausage Patty
Cupped Fruit
Milk Choice

Oatmeal w/raisins
Sausage Links
Cupped Fruit
Milk Choice

Pancakes w/syrup
Sausage Patty
Cupped Fruit
Milk Choice

Breakfast Burrito
Sausage Link
Cupped Fruit
Milk Choice

Cheese Egg Omelet
WW Toast w/jelly
Cupped Fruit
Milk Choice

Cinnamon Roll
Turkey Bacon
Cupped Fruit
Milk Choice

Hot Buttered Grits
Sausage Links / WW Toast
Cupped Fruit
Milk Choice

French Toast w/syrup
Sausage Patty
Cupped Fruit
Milk Choice

Milk Choices are Whole White, 1% low-fat White and 1% low-fat Chocolate
Menu items are subject to change due to the availability of food items from vendors.

Mr. Thomas Collins / Food Service Manager (708) 877-3009

Ms. Carmen Smith-Cusic / District Chef (708) 877-3019