



October 2026

Saint Joseph High School - Metuchen Lunch Entrees

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 BBQ Meatloaf Seasoned Roasted Green Beans Garlic Mashed Potatoes	2  Pizza Day Joey D's Pizza Small Caesar Salad
5 BBQ Grilled Chicken Breast Corn On The Cob Red Skin Potato Salad	6  WALKING TACO DAY! Walking Taco Day Choice of Doritos or Tortilla Chips Fiesta Chicken or Taco Beef Mexican Street Corn Seasoned Rice Salsa & Sour Cream Cheddar Cheese	7  Mac & Cheese DAY! Build Your Own Mac & Cheese Bar	8 Sunrise Burger All Beef Patty Cheddar Cheese Fried Egg Bacon Garlic Herb Aioli Kiaser Roll	9  Pizza Day Joey D's Pizza Small Caesar Salad
12 • Korean Style Bibimbap Teriyaki Beef Crumble Steamed White Rice Stir Fried Vegetables Fried Egg Gochujang Sauce	13  Burrito Bar Burrito Day Chicken or Steak Seasoned Rice Black Beans Cheddar Cheese Salsa & Sour Cream	14 Chicken Alfredo Pasta Roasted Broccoli Garlic Knot	15  BBQ DAY Hamburgers Cheeseburgers Hot Dogs BBQ Grilled Chicken Breast	16  Pizza Day Joey D's Pizza Small Caesar Salad
19  No School	20 Paella Valenciana Seasoned rice Diced White Meat Chicken Spicy Chorizo	21 Nonna's 3 Cheese Lasagna Fresh Garlic Bread	22  Philly Cheesesteak Bar Shaved Seasoned Beef Cheese Sauce Peppers & Onions Sauteed Mushrooms Crispy Battered Onion Rings	23 Joey D's Pizza Small Caesar Salad.  Pizza Day
26 Indian Butter Chicken Jasmine Rice Garlic Naan	27  Scoop Bowl Burrito Bowl • Baked Tostito's Scoops Fajita Chicken Shredded Cheese Black Beans Fajita Veggies Shredded Lettuce, Diced Tomato Salsa & Sour Cream	28 Penne Ala Vodka Nonna's Meatballs Fresh Garlic Knot	29 Beef & Broccoli Vegetable Fried Rice • Vegetable Eggroll	30  Pizza Day Joey D's Pizza Small Caesar Salad

*Menu is Subject to Change



QUESTIONS OR COMMENTS?
Please call us at (973) 598-0005 to speak to one of Maschio's Registered Dietitian Nutritionists.

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healthy kids!